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### SPECIAL POLICIES

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**BRAIN DEVELOPMENT AND ADDICTION** with Gabor Maté  *Canadian*
Gabor Maté, M.D. provides a clear explanation of addiction and its crucial relationship to brain development in early childhood and associated environmental conditions. Dr. Maté describes why we seek such destructive ways to comfort ourselves and why it is so difficult to stop.

**ADDICTION: Biopsychosocial Model by Terence T. Gorski**
These programs present the most recent research on addiction as a brain disease that causes personality problems and social dysfunction. **MIND-ALTERING SUBSTANCES** takes a hard look at alcohol and other drugs - what they are, how they work and why they can be dangerous. **ADDITIVE RISK FACTORS** explains the physical, psychological, and social risk factors that set people up for abuse and addiction. **SUBSTANCE ABUSE AND ADDICTION** describes the symptoms of substance abuse and addiction.

**ADDICTION: The HBO Series**  *Detailed descriptions of each program are available*
Featuring valuable case studies and expert commentary, this all encompassing series offers a wide-ranging look at the science and the human face of addiction. Personal stories from drug users and their family members are combined with in-depth perspectives from leading psychologists, drug counselors, and other experts on substance abuse. Educators will find the series format - beginning with a comprehensive overview (86 minutes) followed by 13 short documentaries - helpful for both group discussions and lectures.

**ADDICTION: A Comprehensive View** (86 minutes)
**WHAT IS ADDICTION?** (20 minutes)
**UNDERSTANDING RELAPSE** (22 minutes)
**THE SEARCH FOR DRUG TREATMENT: A Challenging Journey** (21 minutes)
**THE ADOLESCENT ADDICT** (26 minutes)
**AN INTERVIEW WITH NORA D. VOLKOW, M.D.** (25 minutes)
**AN INTERVIEW WITH MARK L. WILLENBRING, M.D.** (22 minutes)
**AN INTERVIEW WITH MICHAEL L. DENNIS, Ph.D.** (22 minutes)
**AN INTERVIEW WITH KATHLEEN T. BRADY, M.D., Ph.D.** (19 minutes)
**GETTING AN ADDICT INTO TREATMENT: The CRAFT Approach** (18 minutes)
**TREATING STIMULANT ADDICTION: The CBT Approach** (23 minutes)
**OPHATE ADDICTION: Understanding Replacement Therapy** (19 minutes)
**SOUTH BOSTON DRUG COURT** (20 minutes)
**A MOTHER'S DESPERATION: Resorting to the Law** (24 minutes)

**ADDICTIONS: Chemical and Behavioral**
Addiction. The word has taken on a fairly generic meaning in everyday usage but actually has a pretty specific scientific and professional meaning. What is this pattern of behavior that can be applied to alcohol and other drugs, as well as problems like gambling and eating disorders? #9803/1420 21 minutes 2004 $139.95 *SA

**THE ADDICTIVE PERSONALITY**
Does addiction have a genetic factor? Can any type of addiction be treated medically? What steps can family members take to help a loved one struggling with addiction? This program provides answers to several addiction-related questions, focusing on the complexities of the addictive personality.

**ROOTS OF ADDICTION** Update! Drugs and Behavioral Compulsions
A newly updated video with fresh graphics, creative animations, and current research information presents viewers with an over view of the biological and environmental reasons people become addicted to alcohol, tobacco, prescription medications, illegal drugs, or engage in compulsive behaviors. Appropriate for client groups, professional training, and counselor education.  #9095/0410 33 minutes 2011 $229.95 *SA

**USE, ABUSE, AND ADDICTION**
This comprehensive series by multi-award-winning producers of UPPERS, DOWNERS, ALL AROUNDERS addresses everything from the history of drugs through to treatment and recovery including the physiology, neurochemistry and sociology of drugs and compulsive behaviors.

**DVD ONE** (4 programs) - HISTORY - 14 minutes, PREVENTION - 19 minutes, TREATMENT - 14 minutes, MENTAL HEALTH AND DRUGS - 16 minutes
**DVD TWO** (6 programs) - HEREDITY, ENVIRONMENT AND PSYCHOACTIVE DRUGS - 14 minutes, UPPERS - 13 minutes, DOWNERS: Sedative, Hypnotics - 18 minutes, ALCOHOL - 17 minutes, ALL-AROUNDERS - 20 minutes, OTHER DRUGS, OTHER ADDICTIONS - 20 minutes.

*Detailed descriptions are available of each part.* #13155/0410 Ten programs on 2 DVDs 2010 $289.95  *CC *SA
THE MANY SUBSTANCES OF ADDICTION

MEDICAL ASPECTS OF CHEMICAL DEPENDENCY
Revised - Drug users know how alcohol and other drugs make them feel, but very few understand the dangerous alterations in brain chemistry that accompany the buzz. Through simple graphics, professional commentary, and instructive narration, viewers learn how mood-altering substances affect the chemicals in the brain.
#9273/0795 25 minutes 2003 $259.95

MEDICAL CONSEQUENCES OF ADDICTION
This program investigates the very real and diverse medical problems caused by the heavy and long-term use of psychoactive drugs, especially tobacco, alcohol, methamphetamines, and marijuana. As with previous CNS productions it is not based on scare tactics or moralizations ... just the facts, ma'am, (but that's pretty scary in this case anyway)!  #9655/0410 36 minutes 2005 $229.95 *SA

DRUGS AND THE BRAIN
"This is your brain on drugs" may be an effective sound bite, but the reality of drug use and abuse is more complicated. As this five-part series shows, the brain can be affected by drugs and alcohol in many different ways, depending on the substance consumed.

STIMULANTS: The Mechanics of Pleasure
Explores the workings of the human nerve center under the influence of cocaine, amphetamines, and other stimulants.

PAINKILLERS: Numbing the Mind
Shows how opium and its derivatives, heroin and morphine, hijack that natural pain-numbing ability. Depicts the process by which brain receptors become desensitized and thus addicted.

LEGAL DRUGS: Still Addictive, Still Deadly
This program details the ways smoking and drinking chemically take hold of the brain.

CANNABIS: Satanic Herb or Healing Potion?
As has occurred with most drugs, the neurological effects of cannabis have only recently been fully identified and understood. This program presents many of the latest findings, including new investigations into the clinical applications of the drug.

DESIGNER DRUGS: Uncertain Borders
In the 20th century, LSD and ecstasy became the hallucinogens of choice. Provides a detailed look at the effects of these and other such substances on the brain.
#10790/0635 Five 51 minute programs 2005 $189.95 each or Series $929.95

DRUGS OF ABUSE: Treatment and Recovery
Using dramatic narratives, this compelling DVD offers an inside look at the disease of addiction, the treatment process, and long-term recovery. Doctors and clinicians join individuals in recovery to discuss the symptoms and consequences of drug abuse, the neurobiology of addiction, substance abuse treatment, and life in recovery. The accompanying CD-ROM features reproducible materials for both clients and professionals.
#15082/0795 90 minutes 2012 $249.95 *CC

MARIJUANA

MARIJUANA: Neurochemistry and Physiology
This objective, non-judgmental video examines and explains all that is currently known about marijuana and its effects on users from scientific, medical and psychological points of view.  #9855/0410 32 minutes 2005 $229.95 *SA

ALL ABOUT MARIJUANA
Is marijuana a gateway to addiction, to mental illness, to raised consciousness and spirituality? None of the above? Is it really the best choice for alleviating suffering from serious medical conditions? Viewers get some up to date scientific opinions on the consequences of smoking-up. #13414/1420 20 minutes 2010 $139.95 *SA

MESSING WITH HEADS: Marijuana and Mental Illness
The widespread use of marijuana only started to happen four decades ago. Research into the long-term effects has revealed some disturbing mental health issues. Because the THC content of modern marijuana is so much greater than the original natural strains, those issues, including schizophrenia and paranoid psychosis, may be on the gentler end of a very steep incline. That research is explained.
#4729/0635 46 minutes 2005 $189.95 *CC
COCAIN & CRACK

COCAIN
Intense, but brief highs followed by profound lows - this program explains how cocaine produces these effects and describes side effects and dangers of cocaine use. Outlines a treatment plan using an integrated approach. #13214/1420 20 minutes 2010 $139.95  *SA

COCAIN AND CRACK: A Craving for More
An examination of the powerful stimulant cocaine and its smokeable form crack. The program looks at cocaine's effect on the body's energy supplies and the reward reinforcement center; the neurochemical effects of chronic and high-dose use; the reasons compulsion and addiction develop; treatment strategies when users want to recover. #7408/0420 35 minutes 2003 $229.95  *SA

METH & UPPERS

THE SCIENCE OF METHAMPHETAMINE: An Informed Recovery
Provides a primer on some of the very real and peculiar challenges that surface during treatment for meth addiction. Difficult as it may be at times, hope is offered here to those who are fighting for their own lives or the lives of their clients in this engaging struggle for control against one of the most virulent substances available for abuse. #9567/0795 30 minutes 2005 $259.95  *CC

METHAMPHETAMINE AND THE BRAIN
This program describes the effects and side effects users of methamphetamine and how they differ depending on the dose and method of use. Also explains why the depression following a prolonged binge is so severe and the treatment so difficult. #13213/1420 25 minutes 2010 $139.95  *SA

METHAMPHETAMINE: Neurochemistry and Recovery
In the CNS tradition, great animation, solid science, non-judgmental, delivers the deadly facts about meth and how it ravages both body and mind. As the epidemic of meth use spreads through every level in society the message must be clear and convincing as to how and why this addiction is so lethal. #4441/0410 31 minutes 2006 $229.95  *SA

METH: INSIDEout Series
This groundbreaking treatment series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most importantly, hope for the future.

HUMAN IMPACT provides an eye-opening introduction to meth's impact on individuals, families, and communities across the globe. 34 minutes
THE BRAIN AND BEHAVIOR equips viewers with an understanding of how meth changes the brain and, consequently, behavior. 34 minutes
WINDOWS TO RECOVERY explores effective treatment practices across program types and settings. 42 minutes
#12565/0599 Three programs 2009 $129.95 each or Series $349.95  *SA

PRESCRIPTION DRUGS & OTHER SUCH SUBSTANCES

*New! HEROIN AND PRESCRIPTION PAINKILLERS: A Toolkit for Community Action!
This comprehensive resource brings together community leaders, health care providers, schools, and parents to develop a multidisciplinary, coordinated plan for addressing the issue of opioid addiction and overdose that communities are currently facing. This Toolkit includes a CD-ROM of reproducible resources. The Video component is a compilation of DRUGS OF ABUSE specifically for adults and YOUTH & DRUGS OF ABUSE for adolescent audiences on topics related to opioid abuse. #15942/0795 20 minutes 2014 $129.95  *CC

BEYOND OPIATES
This video presents a fresh new perspective on the science of pain and how it influences recovery from opioid dependency. The content focuses on a new paradigm for understanding chronic pain showing how the extended use of prescription painkillers increases the sensitivity of nerve cells thereby magnifying pain (hyperalgesia, hyperpathia, alodynia). Interviews with recovering addicts and treatment professionals illustrate the challenges opiate addiction creates and presents a message of hope and encouragement for clients to examine recovery in light of this new view of treating dependency and pain. #15738/0420 33 minutes 2013 $229.95 CC  *SA

OXYCONTIN & OTHER PRESCRIPTION DRUGS
Think that abusing prescription drugs isn’t the same as so-called street drugs? Or that because drugs come from a pharmaceutical company they can't really do serious harm? This video sets the record straight with a particular focus on the growing use and abuse of prescription painkillers. #9048/0795 28 minutes 2002 $169.95

PRESCRIPTION AND OTC DRUGS: Misuse and Abuse
These drugs are powerful! Stars, pundits, entire communities are found to be totally addicted to what were supposed to be substances created for clearly medical administration. Lives are bent totally out of shape by them. What makes them so powerful and obviously irresistible? #9037/0420 36 minutes 2004 $229.95  *SA

PRESCRIPTION DRUG ABUSE
So much attention is paid to alcohol, cocaine, heroin, even marijuana that the abuse of prescription drugs is unfortunately overlooked. And yet these are some of the most potent and potentially most addictive and destructive drugs available! This video explains. #7348/1420 39 minutes 2003 $139.95  *SA
THE DARK SIDE OF A PILL
One in ten adults in the Western world is on antidepressants. These prescription drugs are among the most lucrative products of the medical industry. But the wonder drug has a dark side. Violence and even murders are now being associated with prescribed antidepressants in situations and with people who otherwise show no signs of extreme behavior. This is not a film that is for or against - it is about informed consent and about openly acknowledging the real problems with medicating 10 to 15 percent of the population with a drug that changes the chemistry of the brain with an effect that at times can be overwhelming, even fatal. #15795/0605 58 minutes 2013 $349.95

*New! BATH SALTS AND OTHER SYNTHETIC DRUGS
This video examines readily available designer drugs that can produce powerful highs while exposing the immensely damaging effects such chemicals cause to the brain and other organs when ingested. A police officer, a toxicologist, an addiction counselor, and a recovering addict talk seriously and frankly about substance abuse and its life-wrecking effects in a way that will make viewers take notice, while a what-if dramatization of a young teen who dies of a bath salts overdose will leave viewers thinking about the power of peer pressure - both face to face and via texting. *Contains scenes of drug abuse and overdose. #15969/0635 45 minute 2014 $129.95 *CC

KEY TREATMENT & RECOVERY ISSUES

New! RECOVERY HUMOR 101
An all-new, powerful stand-up comedy product written and preformed by Mark Lundholm. Performed in front of a live audience, this quick-paced show is packed with truths about addiction, humorous stories, powerful life lessons, anecdotes, and unforgettable strategies to help ensure a successful recovery, and what stands in the way. Through humor and thought provoking observations about this disease, Mark helps us to look deeply at ourselves, and find new ways of dealing with old problems.

The 40-minute performance was designed to fit well into a 60-minute time slot, allowing for introduction and brief discussion. Many people in recovery have found Mark's approach and use of humor to be a powerful tool in achieving and maintaining their sobriety. The video can be watched standalone or used along with the workbook developed specifically for this program. The workbook expands on several key topics covered in the presentation, as well as custom written exercises designed to teach, and highlight the most valuable concepts in achieving and maintaining sobriety. Also includes a clinical guide to help professionals use RECOVERY HUMOR 101 with their clients.

#1609/0370 40 minutes 2015 $199.95
*Purchase includes DVD, Workbook and Clinical Guide. The DVD may also be purchased separately. Additional Workbooks are also available separately and in packages of 10, 25 and 100.

ALCOHOL AND ITS EFFECTS
This comprehensive video provides the latest scientific, medical and psychological information on alcohol and its addictive qualities. Describes the effects based on blood alcohol levels and length of use. Graphics, animation, and brain scans are used along with detailed explanations from top alcohol researchers, treatment professionals, and recovering users. The neurochemistry of tolerance and withdrawal; emotional and physical reasons for drinking and craving; genetic and environmental contributions to alcoholism; causes for different levels of drinking (e.g. binge); social effects of drinking (e.g., DUI, violence); effects on the developing fetus (e.g., FAS & FAE); treatment and recovery strategies are all dealt with in detail. #1740/0420 60 minutes 2002 $229.95

ADDITION RECOVERY AND PHYSICAL ACTIVITY
Addiction recovery is not just about abstinence. Rather, it is about adhering to a healthy lifestyle - one that guards against relapse and promotes biologic wellness. The logic of the body is to move, because a physically active lifestyle helps to guarantee the organic balance essential for a comfortable and functional recovery. This program explains how a moderate level of daily physical activity can help insure the occurrence of this natural phenomenon.

#1457/0463 66 minutes 2008 $99.95

*Best Seller! HUMOR IN TREATMENT with Mark Lundholm
What's funny about a DVD on addiction recovery? Everything! In what could be the most uplifting 90 minutes ever spent in drug and alcohol rehab, HUMOR IN TREATMENT is at once familiar, edgy and ripe with optimism. As one program director says, Lundholm uses humor to disarm us - we see our pain and self-destructive behavior - and that we can progress to a new life. An indispensable tool for any counselor or client in a drug and alcohol rehab program. Funny. Raw. Inspiring. Get one of the best addiction treatment tools around! In three sequential phases: GETTING HERE – How you ended up in treatment; BEING HERE – What you need to do in treatment; and, and LEAVING HERE – Where you go after treatment is up to you. The series supports the therapeutic rehabilitation of people in addiction treatment.

#13904/0370 90 minutes 2007 $179.95

SUBSTANCE ABUSE AND NUTRITION
For drug and alcohol abusers, aside from not eating properly, or eating at all for that matter, the substances of abuse can themselves be agents for depleting the body of nutrients, vitamins and minerals. On the flip side, people in recovery can often not recognize the fact that they have been starving their bodies and developed extremely unhealthy eating habits that can themselves promote relapse.

#4393/1420 20 minutes 2006 $139.95 *SA

*** Detailed descriptions are available on our website *SA- Streaming Available *CC=Closed Captioned or Sub-titled

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KID, WIFE, MIDLIFE with Mark Lundholm
In this hilarious stand-up performance filmed live for a homeless benefit. Mark Lundholm unleashes his unapologetic observations on topics ranging from family, marriage, kids, midlife, to societal examinations of addiction, recovery, and the dysfunctional way we cope regardless of age, gender, or sexual orientation. Mark is on fire as he connects with the audience and delivers his hardcore views about homelessness, addiction, the road to recovery, and how commitment and communication are key tools to keeping sober. Packed with brand new jokes, stories, and truths that will not only make you laugh, but will make you think. #15753/0370 60 minutes 2012 $89.95

ADICTED LIVE! A Comedy of Substance with Mark Lundholm
This is a hilarious and unexpectedly moving view into one man's journey down the rabbit hole of bad choices, wrong places, and insurmountable obstacles and the transformation that ultimately pulled him out... or did it? Lundholm's autobiographical comedy is a full throttle, heart-pounding and wildly entertaining ride - looking at all our addictive tendencies - from alcohol, suicide, sex, and drugs to coffee, work, food, the internet and golf! For "healthy people" and "the rest of us" addicted to ANYTHING, Lundholm's "been there", "drank that" style of humor grabs the laughter and the tears of living versus simple survival. #15752/0370 85 minutes 2011 $89.95

THE FAMILY IN TREATMENT with Mark Lundholm
Takes direct aim at some of the most challenging beliefs, behaviors, and barriers facing the recovering addict and his or her family. With presentations intended for separate viewing by the addict, the family members, and for both addict and family together, this engaging, humorous, and yet powerful presentation addresses many of the most difficult issues that often stand in the way of achieving and maintaining sobriety. Fully 240 minutes of treatment material;
Part 1: The Addicted (2 DVDs)
Mark works with addicts in treatment and in various stages of recovery.
Part 2: The Affected - the Family (2 DVDs)
Mark works with family members of addicts, both currently in treatment and in various stages of recovery.
Part 3: The Connected - Family and Addict Together (3 DVDs)
Mark brings family members and addicts together to interact and share what they've learned.
#15299/0370 Three Parts on 7 DVDs total 240 minutes 2013 $329.95

HOPE FOR THE ALCOHOLIC: Scientific Breakthroughs
Alcoholism is a chronic medical disease of the brain, and, as with many other chronic diseases, it requires lifestyle changes, psychological and nutritional counseling, and medication to be most effectively treated. This program features the latest research that explores the differences between the brains of alcoholics and the brains of social drinkers. It shows why a comprehensive approach to treating alcoholism is the best way to get the disease under control. The benefit of support groups like Alcoholics Anonymous is highlighted, and patients' stories offer hope to those who are dealing with alcohol addiction and alcoholism.
#15343/0635 27 minutes 2010 $149.95 *CC

ISSUES OF RECOVERY with Claudia Black
What constitutes a traumatic experience and what consequences can these experiences have? More and more recognition is being given to the realities of life after trauma and how the 'stress' can manifest itself in so many different ways for so many people. Claudia Black has been a leader in this field for decades and here shares her accumulated depth of knowledge. #9864/0110 36 minutes 2005 $199.95 *SA

GETTING OUT OF THE GAME: The Trap of Drug Dealing
Features a support group for people in recovery who face the temptation to return to dealing. Led by former drug dealers now working as professionals in addiction treatment, the group grapples with real life issues such as relationships with old friends, financial stress, the illusion that they can deal without using, and the false belief that this time they won't get caught.
#9173/1805 35 minutes 2004 $229.95 *SA

POST ACUTE WITHDRAWAL (PAW)
This popular 1986 series by Jan Black, Terence T. Gorski, and Daniel J. McEachern has now been re-mastered with a Dolby Digital 2.0 soundtrack and a fresh new look. Part 1: RECOGNITION and Part 2: MANAGEMENT are on the same interactive DVD. Post-Acute Withdrawal (PAW) is caused by the long-term aftereffects of chronic alcohol and drug poisoning on the brain. Many recovering people suffer from PAW and don't know it. Terry Gorski, an internationally recognized expert on relapse prevention, and Jan Black, a counselor specializing in relapse prevention therapy, discuss methods for recognizing and managing PAW. These presentations are powerful and informative and need to be seen by all chemically dependent people, their families, and the professionals who treat them. This program is appropriate for use in patient and family educational programs, staff training, and community awareness programs. #13571/0815 Two parts on one DVD 2008 $289.95
OUR PATH, RELAPSE DYNAMICS and SPIRITUALITY SERIES with Bob Francis
Bob Francis continues his dedication to Alcoholics Anonymous in these three programs. OUR PATH helps new people to understand why they must go to meetings and get involved in their own personal recovery. RELAPSE DYNAMICS gives a new way to address relapse without having to “reintroduce yourself”. SPIRITUALITY is for people who have some preconceived ideas that hold them back from 12-step recovery spirituality.

#12930/0223 Three programs 2009 $169.95 each or Series $389.95 *SA

OLDER ADULTS IN RECOVERY
Aging-related diversity issues really must be taken into account in the addictions treatment process for older people. The reasons behind the substance abuse as well as the impact of the recovery process can be quite different from younger people and both counselors and those in treatment have to be aware of how those differences present themselves. #10851/0795 30 minutes 2002 $179.95 *CC

SUBSTANCE ABUSE IN THE ELDERLY
There are many factors involved that have pushed seniors in the direction of substance abuse. Whether it’s prescribed drugs, or alcohol being ingested to deal with loneliness, boredom, discomfort, many are in jeopardy. This enlightening video examines the risks and the consequences. #10171/0635 28 minutes 2000 $179.95

THE FATHER MARTIN DVD COLLECTION
For more than 35 years Father Martin has represented a keystone in the arch through which millions of people have passed on their road to recovery. Author of several publications and the recipient of many awards, Father Martin’s firm belief was that education on the disease of addiction can be a vital step in recovering from it.

#9164 CHALKTALK ON ALCOHOL ($69.95)
#9165 ONE DAY AT A TIME ($69.95)
#9166 PRAYER THE PATH TO GOD’S WILL ($69.95)
#9167 RECOVERY AND THE FAMILY ($69.95)
#9168 RELAPSE ($69.95)
#9169 STEP ONE, TWO, THREE ($69.95)
#9170 STEP FOUR AND FIVE ($69.95)

#2410 LIFT UP YOUR HEART SERIES with Earnie Larsen
Earnie explains the importance of self-confidence in recovery, and the need to deal directly with fear and discouragement.

#10173 PART 1 - SELF CONFIDENCE  Part 2 - OVERCOMING FEAR  Part 3 - DEALING WITH DISCOURAGEMENT
#10173/1295 Three 30 minute programs 1991 $129.95 each or Series $579.95 *SA

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#10173/1295 Three 30 minute programs 1991 $129.95 each or Series $579.95 *SA

RECOVERY ISSUES SERIES with Earnie Larsen
Be prepared!!! Which specific issues most commonly cause questions and problems to arise in a recovery program? Earnie Larsen delves deeply into each of these major disruptors in this series.

Part 1 - ON FAMILY ISSUES  Part 2 - SEEKING AND FINDING YOUR HIGHER POWER
Part 3 - DOING A 4TH AND 5TH STEP  Part 4 - UNRESOLVED ANGER & HOW RESENTMENT BLOCKS RECOVERY  Part 5 - RELAPSE
#9170/1295 Five 35-minute programs 1989 $129.95 each or series $797.95 *SA

STAGE II RECOVERY SERIES with Earnie Larsen
What happens after “clean and sober”? Helpin recoveryes to reconstruct a life after addiction (Stage II Recovery) has been the focus of Earnie Larsen’s career. In this foundation series of four 30 minute programs Earnie explains the important elements on which the success of a continuing recovery program depend:

Part 1 - UNDERSTANDING THE BASICS OF RECOVERY  Part 2 - IDENTIFYING SELF-DEFEATING LEARNED BEHAVIOR
Part 3 - RELATIONSHIPS  Part 4 - WORKING A PROGRAM
#9180/1295 Four programs 1985 $229.95 each or Series $797.95 *SA

THREE-HEADED DRAGON (Original Version)
This film exposes the three-fold barrier to recovery from alcoholism - DRINKING/THINKING/FEELINGS. The “Three-Headed Dragon” concept motivates the alcoholic to stop drinking and change “self” rather than people, places, things to recover. #10728/0650 26 minutes 1979 $179.95 *SA

THREE-HEADED DRAGON: A Model of Chemical Dependency
One of the most widely utilized recovery resources in history has been updated and revised in this production. Delivered in Chuck Brissette’s plain speaking, meaningful, and effective message to help recoveries understand the true depth of addiction and how to get themselves out of it. The “three headed dragon” is a model of chemical dependency specifically designed to help recovery candidates see that their problem is considerably more than alcohol or some other drug, that chemical dependency is more than a physical disease. #7846/2145 32 minutes 2004 $179.95

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ADDITIONS: Getting In / Getting Out
This four part video is an exploratory journey through the whole process of addiction from five individuals who have made the trip and offer their insight to help others avoid the pitfalls. Part I - GETTING IN describes their initial exposure to their drug of choice and what it did for them; how tolerance and compulsion began to take hold; how their activities began to affect their life skills, self-image, psychological and social activity. Part II - INTERVENTION talks about their own realizations of bottoming out and the guilt, denial and anger that began to reach critical dimensions in their relationships with others. Part III - TREATMENT is a safe place to ask, "What happened?" Self-examination is getting in touch with your feelings, regaining control of a life that has become unmanageable, building up the reserves and support that will give the opportunity to learn a functional lifestyle. Part IV - RECOVERY deals with finding the spiritual strength to deal with the real world and overcome emotional dysfunction. Each of the five people offers advice including belief in self, understanding that others have overcome, and the need to seek help to make it. #4273/0525 57 minutes 1993 $179.95 *SA

ADDITIONS: Getting In/Out Counselling Issues
This companion video to ADDITIONS: GETTING IN GETTING OUT features interviews with addiction counsellors intercut with dramatic vignettes of a series of counselling sessions. Topics dealt with cover: Assessing the Problem; The Therapeutic Approach; Working with the Family; Women in Treatment: A Special Note; The Treatment Process; Recovery. #3727/0525 24 minutes 1995 $79.95

ONE ALCOHOLIC TO ANOTHER: Demystifying AA
How did Alcoholics Anonymous begin? What influences shaped it into the worldwide, support-focused organization it is today? And what goes on inside a typical AA meeting? This program follows a quest for answers. #14474/0635 40 minutes 2011 $169.95

LEADING COUNSELING GROUPS WITH ADULTS: A Demonstration of the Art of Engagement
Facilitating successful group therapy is a delicate balancing act - and without the proper preparation, it can easily go awry. Keeping group members engaged, interspersing psycho-education where appropriate, and managing cross-communication are just a few of the pressing issues that effective leaders must understand. In this comprehensive video, Drs. Ed Jacobs and Christine Schimmel demonstrate these skills and more as they co-facilitate a counseling group for eight women on a wide range of issues including divorce, addiction, anxiety, and parenting. #16104/1745 177 minutes 2015 $189.95 *Includes Manual *CC

INTRODUCTION TO TWELVE STEP GROUPS
Attending Twelve Step meetings can be very challenging, especially at the start. Finding inner-strength through strangers in a group setting goes 'against the grain' for many. Viewers are given helpful analytical tools that encourage them to "keep coming back" and to try different groups if possible until they find the one that works for them. #10679/0795 24 minutes 2006 $119.95 *CC

DISCOVER THE TWELVE STEPS
In this new video, real men and women in recovery - not actors - discuss how working a Twelve Step program has helped them in their recovery journey. Each of the Twelve Steps is explained by people who candidly share their personal stories about how working the Steps has helped them continue to live one day at a time and stay clean and sober. #15855/0795 56 minutes 2014 $269.95 *CC

LIVING STEPS 10, 11 and 12 (THE)
This presentation is about "The Living Steps" and how to use them in your Sober Life, after you have done Steps 1 thru 9, with your Sponsor and are now ready to begin living life "one day at a time" with Steps 10, 11 and 12. These are the "maintenance" steps, the steps we take or practice on a daily basis if we are truly "practicing these principles in all our affairs". It is by continuing to take a daily inventory, continuing with a daily prayer and meditation practice and continuing to help other alcoholics continue to grow along spiritual lines and keep ourselves fit to be of service to God and those about us. By practicing steps 10, 11 and 12 we are exercising our new-found spiritual muscles. #15908/0223 28 minutes 2014 $129.95 *SA

MEN IN RECOVERY
Many men in treatment for addictions are seriously hampered in their recovery efforts by their "manly" perceptions of themselves and their role in society. Is it toughness and strong individuality, or is it anger, shame and a fear of commitment that defines them? Viewers get a new perspective on manhood and tools to help them overcome these limitations. #10914/0795 28 minutes 2003 $259.95 *CC
SEVEN SKILLS FOR ADDICTION FREE LIVING
Recovery from drug or alcohol abuse is a challenging endeavor that benefits from continued support and education. This series takes a group of people in recovery through a set of exercises targeted at increasing competence in areas such as assertiveness, problem solving, social skills, stress management, and more. This series is geared primarily towards people in recovery as well as their family members and loved ones. It is also an excellent resource for educators and trainers in addiction counseling programs, as well as staff at recovery treatment centers. Therapists in private practice will want this in their library to lend to clients struggling with substance abuse. ***Detailed descriptions of each program are available.

1. ALTERNATIVES TO SUBSTANCE ABUSE (114 minutes)
2. ASSERTIVENESS (110 minutes)
3. BEHAVIORAL SELF-CONTROL (114 minutes)
4. MANAGING EMOTIONS (117 minutes)
5. PROBLEM SOLVING (116 minutes)
6. SOCIAL SKILLS (112 minutes)
7. STRESS MANAGEMENT (116 minutes)

#14745/1745 Seven programs 2009 $129.95 each or Series $799.95

LIVING SOBER I Series "A-H"
This series is designed to maximize viewers' involvement in their treatment program so they create their own strategies for coping and working a successful recovery. Each video dramatizes realistic situations and provides interviews with individuals in recovery. Eight segments:
A. Resisting Social Pressure to Use Chemicals #9641
B. Coping with Cravings and Thoughts of Using #10558
C. Managing Anger in Recovery #9755
D. Managing Feelings of Boredom and Emptiness #10559
*Includes Counselor Manual and Client Workbook
#9250/1835 Eight Segments 1994 $449.95 *SA

LIVING SOBER II Series "I-N"
Building on the tremendous results gained from the first eight segments of the LIVING SOBER SERIES, the next six parts delve into the same detail but different aspects of the recovery process.
I. Motivation and Recovery #11113
J. Relationships 1: Amends, Assertiveness & Honesty #10657
K. Relationships 2: Passion, Rejection and Criticism #4009
L. Relationships 3: HIV and Sexuality Issues #4010
M. Other Addictions: Gambling, Sex and Tobacco #4011
N. Balanced Living #4012
*Includes Counselor Manual and Client Workbook. #9210/1835 Six Segments 1997 $339.95 *SA

LIVING SOBER III Series "O-S"
This series presents five different tools to help clients and counselors reach their recovery goals with greater certainty and conviction. More motivation produces better compliance delivering better clinical outcome through greater treatment effectiveness. Five segments:
Part O - Compliance with Aftercare and Outpatient Counseling, 23 minutes #1581
Part P - Low Motivation to Change or Seek Treatment, 21 minutes #1582
Part Q - Relationship to Therapist and Treatment Group, 21 minutes #1583
Part R - Compliance with Medications and Self-Help Programs, 17 minutes #1584
Part S - Compliance with Lifestyle Changes, 16 minutes #1585
*Includes "Improving Treatment" Compliance Book #9860/1835 Five Segments 1999 $289.95 *SA

THE VOICE OF ADDICTION SERIES
This series is ideal to help people struggling with substance abuse understand and apply addiction recovery principles in a simple, fun and unforgettable format. Each video integrates the insights of recovering people, input from Saul Selby (previously the Clinical Director at Hazelden) and Slick, an animated puppet that represents the addicted voice to help viewers gain insight into their own self destructive thinking process.
1) DENIAL RECOVERY - Viewers will understand what denial is, why addicts deny their addiction and how to overcome denial.
2) CROSS-ADDICTION AND RECOVERY - Viewers will understand the common temptation to substitute one addictive substance for another and help them recognize the importance of avoiding all mood altering chemicals including alcohol and marijuana.
3) MOTIVATION AND RECOVERY - Most addicts in early phases of treatment and recovery lack the level of motivation needed to stay drug free. Explores the role of motivation in addiction and recovery. Helps viewers understand why motivation is important, and how to develop and increase their motivation to make changes need to recover from addiction.
4) RELAPSE PREVENTION - Viewers will understand how to anticipate and manage cravings and triggers that cause relapse.
5) AM I AN ADDICT? Many addicts deny their problem because they define addiction in ways that don't parallel their using pattern. Learn the seven DSM criteria for dependence as well as criteria for substance abuse so they can recognize them in themselves.
6) RELATIONSHIP RECOVERY - Perhaps the most important task for people in early recovery is to avoid their 'using' friends and develop new 'healthy' friends.
#12350/1905 Six 20 to 30-minute programs 2009 Six-Pack $129.95 *SA
THE RECOVERY BOARD GAME
Designed by two recovering individuals (one of them a professional comedian), this unique board game combines elements of all the games you enjoyed as a child as well as the lessons of adulthood and the BIG mistakes you made in between those periods. It involves playing cards, game pieces, and a beautiful, comical game board that is unlike anything you have ever seen. Along the way, watch out for control issues, humility, arrogance, and all kinds of personalities before principles! If you have survived your addiction, alcoholism, codependency or other anonymous affliction so far, you may have what it takes to make it through a round of Recovery...the board game!!  #15300/0370 6-Pack $149.95 (or $39.95 each) 2013

RELAPSE TOOLBOX with Dr. Claudia Black
Preparing clients to meet the challenges of recovery and especially arming them against the possibility of relapse is Claudia's goal in this enhanced video package that also includes audio support on CD and printed support materials. She uses the analogy of the sinking Titanic, "the ship that couldn't sink", to make her point that simple-minded optimism is not enough to keep one's recovery afloat. Includes the video RELAPSE: The Illusion of Immunity.  #9936/0110 35 minutes 1998 $259.95 *SA  (The video can be purchased separately #58640110 $169.95)

ADDITION RECOVERY AND PHYSICAL ACTIVITY
Addiction recovery is not just about abstinence. Rather, it is about adhering to a healthy lifestyle - one that guards against relapse and promotes biologic wellness. This program explains how a moderate level of daily physical activity can help insure the occurrence of this natural phenomenon. #14576/0463 66 minutes 2008 $99.95 *SA

RECOVERY: A Developmental Model by Terence T. Gorski
This series based on the Gorski-CENAPS Model presents comprehensive research on what people do to successfully recover from addiction. It is designed to guide viewers through a process that allows them to understand the recovery process, build a foundation for successful recovery, and create a quality recovery that will support sober and responsible living in all stages of life development.
THE RECOVERY PROCESS 33 minutes
BUILDING A FOUNDATION FOR RECOVERY 42 minutes
CREATING QUALITY RECOVERY 35 minutes
#13415/0815 Three programs 33 to 42 minutes each on one DVD 2002 $349.95

RELAPSE SERIES by Terence T. Gorski
In this dynamic series, Terry Gorski explains basic information about how to prevent and manage the problem of relapse. Relapse is a common problem that threatens the recovery of nearly two-thirds of all addicted people who attempt to stop using alcohol and other drugs. This powerful series of three programs explains in clear and easy-to-understand language the basic principles of relapse prevention, the common warning signs that lead from stable recovery to relapse, and how to establish a relapse prevention and relapse management plan.
1. BASIC PRINCIPLES 29 minutes  2. RELAPSE WARNING SIGNS 33 minutes  3. MANAGING RELAPSE WARNING SIGNS 46 minutes
#13420/0815 Three programs on one DVD 2003 $349.95

*** SPECIAL OFFER! Get both titles below for only $389.95!!!
WHAT MADE ME STOP DRINKING: Four Stories *Canadian!
An intimate and revealing look into the lives of people who are addicted to alcohol. Four very different individuals tell their stories ... all four finally faced a brutal reality - that their lives and health were falling apart. The stories are brought to life by personal interviews with the four subjects and with Susan Diamond Potts - M.A., RCC, who holds a masters in clinical psychology and who specializes in treating alcohol addiction.  #14480/1076 32 minutes 2012 $239.95 *SA

HOW I STOPPED DRINKING: Four Stories Continued *Canadian!
A follow-up to "What Made Me Stop Drinking", this program investigates how those same people - recovering alcoholics - actually managed to stop drinking. They took different routes and found their own sources of support. The central message of this program is that it is possible to stop and to rediscover life without alcohol. Features Susan Diamond Potts - M.A., RCC - a clinical psychologist specializing in addiction treatment. "Addiction is cunning, baffling, and powerful. People have to have enough resources to support their recovery."  #14605/1076 27 minutes 2012 $239.95 *SA
NEUROCHEMISTRY OF RELAPSE AND RECOVERY
An amazing program from the producers of UPPERS, DOWNERS! The reasons that people give up their compulsive use of psychoactive drugs vary, but they almost always include survival! This program explores the phases of recovery - detoxification, initial and long term abstinence and recovery. #12399/0410 30 minutes 2009 $229.95 *CC

SPIRITUALITY IN ADDICTIONS *Canadian
Through the comments of an addictions counsellor and a married couple who have each struggled with addictions, the place of spirituality and religion in the context of addictions is explored in this video. How addictions impact a person's whole being is examined, as well as how spiritual and religious beliefs and practices help in addictions recovery. The effect of addictions on spiritual needs is described, such as the need for meaning and purpose and the need for love and relatedness. Also discusses the concept of spiritual growth through recovery. #15509/1374 30 minutes 2013 $229.95

A WAVE OF COMPASSION: Spirituality and the Recovering Addict
What does it mean to be a “functioning” alcoholic? How does it feel to struggle with substance abuse day after day? What keeps addicts from truly recovering? This program explores such questions from a range of unconventional viewpoints, creating an honest look at addiction that avoids judgmental or strictly clinical approaches. #12172/0635 47 minutes 2007 $169.95 *CC

WELCOME TO TREATMENT
"A great way to help our patients prepare for treatment. I wish we had something like this a long time ago." Richard Beyers, CADC - Alta Bates Medical Center, Los Angeles, CA
A concise explanation for new patients of what to expect from their treatment experience. Outlines the basic modules of treatment: education, one-on-one counseling, group and family sessions, 12 Step indoctrination and aftercare. Just as important, it stresses what is expected from the patient in return. A clear and frank guide to ease any anxiety and misunderstanding for those entering the treatment process. #13449/1835 12 minutes 2010 $169.95 *SA

TREATMENT OF ADDICTIONS
Treatment of addiction, whether for substance abuse or behavioral issues, is varied and constantly evolving. This video offers a concise and up to date overview of the most effective methods being used currently. #9928/1420 18 minutes 2004 $139.95 *SA

TWELVE STEP FACILITATION OUTPATIENT
This 12-session evidence-based outpatient treatment program is for clients with substance abuse disorders. Its primary goal is to facilitate active involvement in a Twelve Step fellowship such as Alcoholics Anonymous or Narcotics Anonymous. A detailed description is available on our website. #10862/0795 2006 $389.95

TRIGGERING EFFECT by Claudia Black Ph.D.
For those in recovery from any addiction, preventing relapse depends on recognizing and avoiding specific 'triggers'. Claudia Black helps viewers to understand what 'triggers' are and, more specifically, to identify their own. #12316/0110 36 minutes 2009 $199.95 *SA

TWELVE STEPS
This is a sensitive, dramatic interpretation of the program that has helped millions of individuals and their families touched by alcoholism, drug addiction, overeating & other life stress problems. "PURCHASE RECOMMENDED. Especially noteworthy cinematography." #10562/1835 35 minutes 1986 $39.95 *SA

ANGER & SUBSTANCE ABUSE

ALCOHOL AND MEN’S VIOLENCE AGAINST WOMEN
While alcohol contributes to factors which may lead to violence against women, research shows that it is not the actual cause of violence against women by men. This program profiles four women who survived severely abusive relationships and offers additional insights from professionals in such areas as domestic violence, alcohol abuse, and law enforcement. #15506/2055 60 minutes 2011 $229.95 *SA

GETTING CONTROL OF YOURSELF: Anger Management Tools and Techniques
Watch anger management expert, Christian Conte, PhD, present his comprehensive and practical theory for treating - and healing - even the most violent offenders. You will learn about the neurochemistry of anger, how to recognize your client’s personal anger-types, and how to help them master antidotes to each. In addition, you will become skilled at helping clients recognize their triggers, detach from their thoughts, and use their self-awareness more effectively. #15467/1745 75 minutes 2012 $189.95

IN AND OUT OF CONTROL: Emotional, Physical and Sexual Violence
Provides insight into the psychological complexities of violence from the viewpoint of the witness, victim, and perpetrator. Explores how heredity, environment, and substance abuse can make a person predisposed to violence. "In some people, alcohol can dis-inhibit their aggressive tendencies and they become violent when they drink, but the violence was sitting in them and residing in their psyche way before they picked up that first drink." Jackson Katz, Director, MVP Strategies. Viewers are also shown the influence of alcohol and other drugs on domestic, sexual, and random violence. Identifies triggers to violence and presents methods of treatment and prevention. #9097/0410 38 minutes 1998 $229.95

*** Detailed descriptions are available on our website  *SA- Streaming Available  *CC=Closed Captioned or Sub-titled
THE ANGER BLUEPRINT
This program dramatically teaches responsible Anger, Boundaries and Safety. Based on a
day-workshop facilitated by acclaimed speaker Dr. Joann Peterson, M.S.W., A.C.S.W.,
Dip.C., Ph.D., this video follows twelve participants as they discover the physiological roots of
anger, how to separate anger from violence, communicate boundaries, and create safety in
their relationships. #11807/0825 90 minutes 2007 $189.95

*See also the ANGER WORKSHOP SERIES #11810
This comprehensive toolkit consists of thirteen broadcast quality DVD Programs, a 26-page
Facilitator Guide and Exercise Book. $1,389.95

ANGER AND TRIGGERS SET
Father Martin himself called Bob Francis "a modern day Father Martin"! His clear and friendly
style promotes good will and positive expectations. This may be just the message your clients
need to hear right now. In the first program of this set - ANGER MANAGEMENT - Bob teaches how we can learn to "drive our anger" instead of
letting it drive us. In the second program - TRIGGERS - Bob explains how to associate any trigger that brings on destructive behavior with
something positive instead. #15310/0223 Two programs on one DVD 26 minutes 2012 $149.95 *SA

ANGER STRATEGIES TOOL BOX with Claudia Black
This comprehensive package gives viewers a set of TOOLS for recognizing, understanding and dealing with
various types of anger, whether repressed or explosive. The package includes "The anger Video" plus
comprehensive support material in audio, on CD and printed, reproducible anger resources as well as the "Anger
Strategies" book, CD. #9234/0110 28 minutes 1997 $259.95 *SA

ANGER: Myths and Truths about the Emotion
Is venting one's rage really healthy? Do age, gender, and self-image have any connection with anger problems?
Has our society become inherently angry? This ABC News program explores the psychology and sociology
behind the most dangerous of emotions. #12459/0635 30 minutes 2007 $139.95

WHY ARE YOU SO ANGRY?!
Explores both the cause and effect of anger, from its roots to the final stage...dealing with the aftermath. Reveals important roles
hereditary, cultural and environmental influences play in the
development of a particular style of dealing with anger...expression or repression. #6954/1835 33 minutes 1992 $219.95 *SA

WHEN TEMPERS FLARE: Understanding and Managing Anger
Anger is an emotion that is often expressed in extreme and can have detrimental effects on physical and
emotional health. This program explores why and how we experience anger and offers practical strategies for
expressing anger in constructive, rather than destructive, ways.
#10733/1710 30 minutes 2004 $99.95 *SA

MANHOOD AND VIOLENCE: Fatal Peril
Explores how a program aimed specifically at helping incarcerated men to better understand the foundations of
their violent tendencies and behaviors is set up and managed. Documented success stories are related and the
drop in recidivism is annotated. #10979/0145 27 minutes 2000 $139.95 *SA

PULLING PUNCHES: A Curriculum for Rage Management
Anger that is unresolved or uncontrollable is a significant problem in the recovery process for many people in
treatment for alcohol and drug addictions. This series explains that terms like denial, tolerance and enabling are
applicable to anger as well as to addictions and that treatment for this anger must be undertaken seriously for
recovery to occur. Series purchase includes Counselor's Guide, Handouts and Client Worksheets

UNDERSTANDING YOUR RAGE

TOOLS FOR MANAGING ANGER
ANGER REDUCTION AND LONG-TERM CHANGES.
*Please note - only the TOOLS program is available for purchase separately #10516 $229.95
#9131/1805 Three 35 minute programs 2002 Series $569.95 *SA

WORKING WITH ANGER
Dr. Lorne Korman demonstrates his approach to treating clients who present with problems of anger and aggression. An important aspect of
treatment involves assessing the underlying emotional, behavioral, cognitive, and motivational processes that may be contributing to a client's
anger problems. Therapy often involves teaching clients about anger and personal anger cues, and enhancing the client's motivation to reduce
anger. #15439/0157 100 minutes 2008 $139.95
D.W.I. / D.U.I.

*** See also on Page 20 - THINK ABOUT IT: Choosing to Drink and Drive ... for Teens and Youth

DUI/DWI: Make This One Your Last One DVD & CD-ROM
Without using scare tactics or value judgments, this important video connects with adult DUI offenders in a way that scare tactics and lectures can’t. Explains the danger of drinking and driving, and suggests action steps and contingency plans to prevent future offenses. This is an important tool for community-based corrections programs, driver’s education programs, and alcohol prevention programs. *Includes expanded facilitator’s guide with reproducible worksheets. #10744/0795 18 minutes 2010 $129.95 *CC

REFLECTIONS IN THE REAR VIEW MIRROR: Moving on from a DUI
A great series of five videos covering a number of aspects of impaired driving. Designed to help facilitate group interaction by encouraging members of a group to discuss their own experience driving under the influence of alcohol and/or drugs.

HOW I GOT MY DUI - Individuals who were cited for driving under the influence share their experiences along with perspectives from law enforcement personnel 18 minutes
COSTS AND LOSSES - An examination of the short and long term consequences - both financial and personal. 15 minutes
PHYSIOLOGY - Presenting the physical and mental effects of alcohol and other drugs on the ability to drive. 16 minutes
LEVELS OF USE - An explanation of the seven levels provides a frame work for group members to judge their own level. 16 minutes

HOW MY LIFE CHANGED FOR THE BETTER - For many a DUI serves as a wake-up call to rethink. 9 minutes
#15572/0410 Five parts total 74 minutes 2013 $329.95 *CC *SA

DRINKING AND DRIVING: A Crash Course
An excellent overview of the whole DUI issue and a good prevention and early rehabilitation tool. Covers everything from statistics to victim impact, to arrests, charges and criminal penalties and criminal records. #10322/0690 22 minutes 2001 $119.95

WOMEN & SUBSTANCE ABUSE

BEYOND TRAUMA CURRICULUM: A Healing Journey for Women
For women, the experience of trauma often leads to disorders such as addictions, eating disorders, and self-harm. With sensitivity and understanding, author STEPHANIE COVINGTON explores the interrelationship between substance abuse, trauma, and mental health. This program draws on multiple therapeutic techniques-psyccho-educational, cognitive behavioral, expressive arts, and relational therapy - to help women explore the impact of trauma on their lives and develop a sense of safety. BEYOND TRAUMA is effective in treatment and criminal justice settings based on theory, research, and clinical experience. It is practical and easy to use.

#10915/0795 45 minutes 2004 $699.95 *CC

WOMEN, TRAUMA AND RECOVERY: Getting Clean, Sober and Safe
The co-mixture of PTSD and addiction as it pertains to (inner-city & other) women is the subject of this video. Once the numbing effect of the drugs are removed, techniques and tools for dealing with the feelings are essential if recovery is to continue.

*From the series WOMEN BEAT THE STREET. #10067/1805 38 minutes 1999 $229.95 *SA

HEALING NEEN
After surviving a childhood of abuse and neglect, Tonier “Neen” Cain lived on the streets for two nightmarish decades, where she endured unremitting violence, hunger, and despair while racking up 66 criminal convictions related to her addiction. Incarcerated and pregnant, a community mental health program offered her a way out... and up. This program illustrates the consequences of childhood household trauma for individuals and society at large - mental health problems, addiction, homelessness, incarceration - and the efficacy of trauma-informed care as a treatment plan. Also features footage of Neen in her current capacity as a nationally known motivational speaker and educator on the devastation of trauma and the hope of recovery.

#15344/0635 54 minutes 2010 $189.95 *CC

A MOTHER'S CHOICE (First Nations) *Canadian
This video aims directly at informing First Nations women of the damage and suffering that can result from the long term effects on the fetus due to alcohol consumption during pregnancy.

#10272/0735 30 minutes 1996 $159.95 *SA

STRONGER THAN LOVE *Canadian
An intimate portrait of women's substance abuse and journey to recovery; profiles women who have battled against seemingly insurmountable odds and their compulsive behavior as well as those that are making their initial steps in treatment.

#11615/0963 26 minutes 2007 $179.95 *SA

PREVENTING BIRTH DEFECTS: Guide for Women
Improving the likelihood of a healthy birth and preventing the tragedy of birth defects and related disabilities is relatively simple. If all parents-to-be could foresee the future problems, not only for their disabled children but even for themselves, things might improve. This video explains.

#9603/1420 19 minutes 2005 $139.95 *SA

*** Detailed descriptions are available on our website *SA - Streaming Available *CC=Closed Captioned or Sub-titled
SUBSTANCE EXPOSED INFANTS
Examines the effects of prenatal substance abuse on infants. Also covered are: myths and misinformation, effects of legal and illegal drugs, medical and developmental issues; key parenting strategies; and, working with professionals. #13686/1470 55 minutes 2010 $119.95

FETAL ALCOHOL SYNDROME AND OTHER DRUG USE DURING PREGNANCY
Viewers get a very clear explanation of what effects alcohol and some other common drugs have on unborn babies. Physical, mental, psychological, emotional repercussions are all covered. #9536/0635 19 minutes 1992 $179.95

FETAL ALCOHOL EXPOSURE: Changing the Future
Since the realities of F.A.S.D. started to become apparent a few decades ago, medical research has tried to understand why and how it happens, and what the true consequences are. Viewers get the latest and most comprehensive update of the known facts. 4721/0635 35 minutes 2006 $199.95 *CC

WOMAN'S WAY THROUGH THE TWELVE STEPS
Portrays the safe, nurturing, and empowering environment that is essential in order for women and girls to heal from addiction. Begins with an introduction to the program followed by Dr. Stephanie Covington leading real women in recovery through discussions and exercises. #12848/0795 60 minutes 2009 $249.95 *CC

WOMEN AND ALCOHOL
Binge drinking is traditionally a young man’s “sport”, but now many college-age women are doing their best to keep up. Why? And how does such a staggering level of alcohol consumption affect a woman physically? The program also shows how binge drinking can turn women into targets of sexual assault. #13914/0635 17 minutes 2006 $99.95

CORRECTIONS SPECIFIC RESOURCES
TITING FORUM ON ADDICTIONS AND CORRECTIONS *Canadian
What is the connection between trauma, addiction and criminal behavior? "A great deal" explains Gabor Maté, M.D. with twenty years experience dealing with the results of all three of the above while working with the inhabitants of Vancouver’s notorious lower east side. PART ONE - Why are a disproportionate number of Dr. Mate’s addicted patients coming from the Native Canadian community and/or suffered trauma inducing childhoods? Addiction is an attempt at self-medications in unconscious reaction to psychological problems. PART TWO - Why are a disproportionate number of inmates in Canada’s corrections service also aboriginals and other minorities and/or survivors of childhood trauma? And how much does their incarceration have to do with the above mentioned self-medication? #14732/0867 Two parts 135 minutes 2011 $189.95 *SA

*New! PCL-R CHECKLIST: A Measure of Evil *Canadian
It’s a scenario from science fiction: police, predicting the future, arrest citizens before they commit crimes. But the scenario has real-world parallels in psychology. This film examines the PCL-R, or Psychopathy Checklist - Revised, a classification tool used to profile criminals and predict whether or not they will re-offend. In addition to forensic applications, the film shows how the checklist has been modified for use in the corporate world. Interview subjects include Dr. Robert Hare, the University of British Columbia psychology professor who developed the PCL-R, as well as organizational psychologist Dr. Paul Babiak and Simon Fraser University psychology professor Dr. Stephen D. Hart. #14808/1342 47 minutes 2005 $189.95

CRIMINAL AND ADDICTIVE BEHAVIOR TACTICS
Inmates, not actors, candidly discuss the tactics they have used to exact power and control over others - in prison and out of prison. This program is part of A NEW DIRECTION - a comprehensive cognitive - behavioral therapy curriculum for addicted offenders – see below for description of this package. #12732/0795 24 minutes 2002 $169.95 *CC

PAROLE: Getting Out and Staying Out
Prison life is hard - but for most ex-convicts, life on the outside is just as tough. This video follows paroled prisoners as they re-enter civilian life and face challenges both large and small. #11533/0635 16 minutes 2006 $79.95 *CC

LIFE ON LIFE'S TERMS: Release & Reintegration Preparation
Recidivism is a complex and confounding issue, at the heart of which lies an equally chronic problem - substance abuse. This program provides a powerful, cognitive-behavioral treatment program for male chemically dependent offenders. #11117/0795 32 minutes 2002 $169.95 *CC
THE TURNING POINT: Breaking the Cycle of Addiction and Incarceration
One of the most widely utilized recovery resources in history has been updated and revised in this production. Delivered in Chuck Brissette’s plain speaking, meaningful, and effective message to help recoverees understand the true depth of addiction and how to get themselves out of it. The “three headed dragon” is a model of chemical dependency specifically designed to help recovery candidates see that their problem is considerably more than alcohol or some other drug, that chemical dependency is more than a physical disease. #13289/0795 45 minutes 2009 $169.95

GOING HOME: Teens Re-entering Society
All former inmates have a hard time adjusting to life outside prison, but teenagers face their own specific set of challenges after doing time. This two-part series shows how that adjustment process often plays out and how its hardships can be minimized. Covers the major sources of conflict that young people will encounter when reentering society.
FROM THE INSIDE: Personal Challenges for Teens Reentering Society #11828 21 minutes
ON THE OUTSIDE: Social Challenges for Teens Reentering Society #11289 23 minutes
#11532/0635 Two programs 2008 $119.95 each or Series $209.95 *CC

THE LIVING SKILLS COLLECTION
Updated and reformatted, this series provides integrated, diagnosis-specific treatment that help inmates and parolees manage the day-to-day challenges of life. Each topic-specific module includes a program DVD plus a CD-ROM containing a Facilitator Guide, Client Workbook, and pamphlet. All of the downloadable materials are reproducible. There are six modules in the series:
MAKING DECISIONS (18 minutes).
LOOKING FOR WORK (20 minutes).
MANAGING MONEY (18 minutes).
REFUSAL SKILLS (18 minutes).
HYGIENE AND SELF CARE (18 minutes).
VALUES AND PERSONAL RESPONSIBILITY (23 minutes).
*Detailed descriptions are available on our website.
#13745/0795 Six DVDS and Six CD-ROMS 2009 $229.95 each or Series $1,269.95

HAZELDEN COMMUNITY CORRECTIONS PROGRAM
This updated program includes the best of The Hazelden Community Corrections Project. Three workbooks are included: Client Recovery helps clients learn how to stay clean and sober. Client Life Skills teaches clients how to create a blueprint to make the necessary changes. Client Cognitive Skills teaches socialization skills that enable clients to reintegrate into their community. This package also includes THE TURNING POINT: Breaking the Cycle of Addiction and Incarceration DVD (also available separately - see above). This compelling video teaches the strategies necessary to create a healthy environment, find positive support, overcome shame and guilt, rebuild self-esteem, identify triggers, avoid relapse, and ensure that core beliefs and values align with positive goals.
PROGRAM COMPONENTS - 3 CD-ROMs and 1 DVD (4262 - Client Recovery Workbook CD-ROM; 4263 - Client Life Skills Workbook CD-ROM; 4264 - Client Cognitive Skills Workbook CD-ROM; 7919 - The Turning Point DVD). #13290/0795 Full package 2009 $429.95

NEW DIRECTION (A): A Cognitive Behavioral Treatment Curriculum REVISED
This comprehensive cognitive-behavioral therapy treatment program gives chemically dependent offenders the tools and techniques to challenge their thinking in order to change their criminal and addictive behavior patterns. This new streamlined version makes implementation easier than ever. Consists of SIX CORE MODULES - each module features two DVDs, client workbooks, and facilitator’s guides.
● INTAKE AND ORIENTATION ● CRIMINAL AND ADDICTIVE THINKING
● DRUG AND ALCOHOL EDUCATION ● SOCIALIZATION
● RELAPSE PREVENTION ● RELEASE AND REINTEGRATION PREPARATION
(NOTE: this module now includes the groundbreaking video THE TURNING POINT: Breaking the Cycle of Addiction and Incarceration – see description above)
#14285/0795 Six modules with 2 DVDs in each 2011 $689.95 each module or Series $4,869.95
*Detailed descriptions of each module are available

SEVILLE’S STORY: Choosing to Live Clean
Drawn from the so-called Badlands, one of the most dangerous neighborhoods in Philadelphia, this is the story of a former criminal and the community activist who helped him change. The psychological journey of the man known as Seville demonstrates what social outreach and involvement can accomplish when a lost soul makes a conscious choice to find a better life. #11780/0635 Two 23 minute programs 2005 $229.95

THERAPEUTIC COMMUNITIES IN PRISONS: A Research Perspective
A must for all those working in and developing therapeutic communities in prisons! Dr. Harry Wexler discusses a breadth of topics including: the evidence that prison treatment alone is insufficient for long-term change, and the importance of aftercare; the benefits and potential problems of manual-based treatment; the need for incentives; the importance of bridging TC members and facilitators with their outside communities; and the promising new research of TCs in maximum-security prisons and the potential of reducing violence among their prisoners. #12833/1745 43 minutes 2009 $139.95
YOUTH & SUBSTANCE ABUSE

NO KINDA LIFE! "Go directly to jail! Do not pass go!"
This is a stark and biting documentary filmed entirely behind bars at a penitentiary featuring prisoners "telling it like it is" about the realities of losing their freedom at an early age for drug related crimes. In dramatic settings, they relate their individual stories imparting a strong sense of personal loss and regret. Ultimately this "living testimony" concludes with compelling advice to teenagers not to choose drugs, not to let crack cocaine and other dangerous substances ruin their lives. This program will make your most at-risk students sit up and take notice. #9325/0505 20 minutes 2004 Grades 9 to 12 $89.95

DRUG ADDICTION: The Consequences
Hard-hitting testimonials from teens and young adults illustrate the potential life-altering damage done by substance abuse use, the struggle to get and stay clean, what it means to live a life free of drugs and the reality that it can happen to anyone who chooses to experiment with drugs. #15327/2003 16 minutes 2013 Grades 8 to 12 $89.95 *SA

HOOKED: The Addiction Trap
"A unique approach to addiction prevention for teens...it delivers the goods...without preaching."
Brad Bogue, Director, Justice System Assessment and Training
Kids are being exposed to addictive substances and behaviors at younger and younger ages. The negative habits that some will form in their early years can impact their lives in disastrous ways. In this best selling program, young viewers are introduced to the dangers of getting hooked through an unflinching look at a variety of addictions including substance abuse, gambling, internet pornography, and smoking. Three 20-minute segments – UNDERSTANDING ADDICTION: THE CONSEQUENCES OF ADDICTION; and ALTERNATIVES TO ADDICTION - create a comprehensive exploration of the underlying reasons for addiction; the painful consequences of getting hooked and the road to resilience for young people growing up in stressful times. #13640/0395 *Three programs on one DVD with Workbook 2000 $149.95 *SA

DRUG EDUCATION FOR TEENS
An engaging and informative series empowers teenagers to make responsible decisions by providing them with honest and realistic information with an accessible scientific foundation upon which to base them. Students get an in-depth look at the most prominent drugs and teen health issues of the day, as well as an understanding of the history of the drugs. *Detailed descriptions of each program are available.
● ALCOHOL & ALCOHOLISM ● ALCOHOL: Teenage Drinking ● CLUB DRUGS ● COCAINE & CRACK ● HALLUCINOGENS ● HEROIN & OTHER OPIATES ● INHALANTS ● MARIJUANA ● METHAMPHETAMINE & OTHER STIMULANTS ● STEROIDS ● TEENAGE DEPRESSION & SUICIDE ● TRANQUILIZERS & OTHER DEPRESSANTS
#14290/1963 Twelve 23 minute programs 2004 $89.95

ADDITION AND DEPRESSION (Teens at Risk Series)
Many depressed people, especially teenagers, also have problems with alcohol or other drugs. The important point is that if someone has one or both of these problems, the sooner they get help the better. This program teaches how to be honest about both issues - showing how depressed teens can deal effectively with their illness without substance abuse and how to communicate with people who can help them get treatment. #14892/2003 23 minutes 2005 Grades 8 to 12 $89.95 *SA

YOUTH AND DRUGS OF ABUSE: Prevention to Recovery
Doctors and clinicians join teens and young adults with firsthand accounts to discuss the symptoms and consequences of substance abuse. This engaging video is divided into four segments and discusses drugs of abuse across the continuum - from prevention to intervention, to treatment, and early recovery. Segment 1 focuses on the short and long-term consequences of alcohol and other drug use as well as the basic signs of harmful use and chemical dependency. Segment 2 focuses on how alcohol and other drug use affects the developing brain and body, covering all major drugs but with specific emphasis on alcohol, prescription drugs, marijuana, and synthetic drugs. Segment 3 focuses on the messages that have been proven to reduce or prevent drug use, such as finding positive alternatives to use and learning refusal skills. Segment 4 focuses on how to get help and what the treatment experience is like. *The accompanying CD-ROM features reproducible materials for both young people and their clinicians, teachers, and other leaders.
#15699/0795 90 minutes 2013 $249.95

DRUG ABUSE BEYOND MARIJUANA AND ALCOHOL: Crossing the Thin Line
Pharmaceuticals, as well as 'home-made' drugs that pretend to be, have gained in popularity with teenagers of late. After all, alcohol is bulky in quantity, marijuana is a bit messy to deal with and the smoke that goes with it is pretty obvious and of course our society exists for the benefit of the drug companies! Pills are so much neater. Viewers learn that the side-effects are not always listed on the bottle when you buy them off the street. #12526/2003 20 minutes 2008 Grades 8 to 12 $119.95 *SA
DRUGS: True Stories

"A brilliantly produced and very hopeful piece. Illustrates very well the progression that goes with addiction."
Richard Falzone, M.D., Clinical Instructor in Psychiatry, McLean Hospital, Harvard Medical School

Abuse of alcohol and marijuana led Joel to prescription painkillers. Joel and his family describe their ordeal through addiction, denial, and recovery. Experts from Harvard Medical School answer frequently asked questions. #14597/0680 28 minutes 2007 Grades 5 to A $119.95 *SA

DRUGS: The Straight Facts  *Recommended by School Library Journal and Educational Media Reviews Online

"This series is a welcome addition to any high school collection for research and information. It will hold the attention of the viewer, and is a perfect length for health classes, social studies classes, and other specialty classes such as speech or survival classes. The teachers' resource guide, available online, is a valuable tool for discussion and activities." Library Media Connection

The only antidote to the flashy appeal of drugs is honest information. Give your students the straight facts on some widely abused substances.

- ALCOHOL  - MARIJUANA  - COCAINE AND CRACK  - NARCOTICS: Heroin, Opium, Codeine, and Morphine  - INHALANTS

*Includes PDF Guides for each program – detailed descriptions of each program are available on our website #12908/0635  Five 20 minute programs 2010  Grades 7 to A $119.95 each or Series $519.95

HIGH SCHOOL CONFIDENTIAL  *Canadian

This program provides a unique glimpse into the world of peer pressure, parties and alcohol and drug use in high school. Viewers will hear from youth who made the choice to use drugs and alcohol and then found themselves forever changed. These young people speak candidly about what happened and where it took them. Others talk about what they like to do to have fun and what matters to them. The goal is to reduce substance misuse and to improve overall health through exploration of effective ways of managing stress instead of trying to "cope with dope" and how youth can get a rush of excitement using activities instead of substances. #11114/1735  25 minutes 2007 Grades 7 to 12 $129.95 *SA

REWIND: A Film about Choices  *Canadian (Buy 1 and Get 1 FREE!!!)

A provocative look into the real-world relationship between drugs and alcohol and teens who get consumed by them. Offers hope to those trying to quit and examines the role that drugs like marijuana, cocaine, ecstasy, alcohol, magic mushrooms and crystal meth play in their lives. Frank and powerful! #11656/0143  26 minutes 2007 $129.95 *SA

DRUGS AND ALCOHOL: Your Choice

There are all kinds of drugs. Some are helpful. Some can be hurtful, and even deadly. What do all they have in common? They all change how your body works and they should all be taken seriously. Students learn:

* All drugs, including over the counter medications, prescription medicines, energy drinks, alcohol, and marijuana, affect the way your body and mind work.
* Over-the-counter and prescription medication can also be harmful if they are misused or abused.
* Taking medicine prescribed for someone else can be dangerous to your health; it is also illegal.
* Inhalants are potent chemicals that can have serious, even deadly, consequences.
* Contrary to popular belief, using drugs can have a negative impact on a teen's social and academic life.

#14715/0433 30 minutes 2012 *Includes CD Guide  $119.95 *SA

TWELVE: Young Addicts Speak from the Heart

Kat grew up in an alcoholic home. John made drinking the center of his life at a young age. Rene's parents divorced when he was five, while Chris and Dante both seemed to have everything they wanted - but all became substance abusers. Through detailed, candid conversations, this program goes inside the childhood memories and emotional lives of recovering addicts who started their habits at, or close to, age 12. Their stories reveal unique qualities and experiences as well as patterns seen over and over again among alcoholics and drug abusers - often involving crime and social isolation. In addition to their pain and regret, the participants also discuss the most daunting challenge of all: the ongoing process of recovery. #12659/2305  44 minutes 2008 Grades 7 to 12 $189.95 *SA

DRUGS: Uses and Abuses

A veritable encyclopedia of pharmacological facts, this outstanding series thoroughly examines the therapeutic uses and dangerous abuses of drugs.

SEDATIVES - Looks at barbiturates, tranquilizers, nitrous oxide and alcohol.  32 minutes
NARCOTICS - Examines heroin, morphine, codeine and opium. 30 minutes
STIMULANTS - Covers amphetamines, methamphetamine, cocaine, crack, nicotine and caffeine. 40 minutes
PSYCHEDELICS & HALLUCINOGENS - Includes mescaline, peyote, mushrooms (psilocybin), LSD and the group of designer drugs including ecstasy, XTC, fantasy and E4Euh.  32 minutes
INHALANTS - Covers amyl nitrate (poppers), butyl nitrate (rush) and aerosol propellants. 21 minutes
THC - Includes marijuana, hashish, oils and resins. 35 minutes
PCP & KETAMINE - Looks at PCP, angel dust, super K and hog. 21 minutes
STEROIDS - Examines anabolic steroids, corticosteroids, estrogens and GHB. 25 minutes *CC

#9370/0405 Eight programs 2004 Grades 7 to 12 $79.95 each or Series $579.95
**Best seller! TEENS IN ACTION SERIES**

A high-energy, video-based series for ages 11 to 16 - the crucial tween and early teen years - designed to teach important communication skills while helping teens understand the dangers of risky behavior, such as alcohol and drug abuse. Teens may act like they know it all, but they are full of questions and are eager to learn how to succeed in the adult world. This series is a fun way to help them understand changes in their bodies and brains; communicate in a mature way with adults and others; develop skills for resisting negative peer pressure; and learn techniques for peaceful conflict resolution.

**TO SURVIVE AND THRIVE** - Learn the five keys of character; what's up with your brain these days; what your parents are thinking; the power of choice; school success; challenges of teen life: drugs, sexuality, and violence. 22 minutes

**CO-OPERATION AND COMMUNICATION** - Learn about the spiral of success (and how to make it work for you); gaining co-operation through effective communication. 14 minutes

**RESPONSIBILITY AND DISCIPLINE** - Learn how freedom and responsibility are two sides of the same coin; the voice of discipline; understanding and accepting consequences. 16 minutes

**BUILDING COURAGE AND SELF-ESTEEM** - Learn about courage and self-esteem; how to turn discouragement into encouragement; recognizing and getting past power struggles; and the Think-Feel-Do Cycle. 21 minutes

**DRUGS, SEXUALITY, AND VIOLENCE: Reducing the Risks Part 1** - Learn ten strategies for avoiding risk; negative and positive influences; talking about sexuality. 24 minutes

**DRUGS, SEXUALITY, AND VIOLENCE: Reducing the Risks Part 2** - Learn about the risks of tobacco, alcohol, and other drugs; explore bullying and relationship violence; recognizing peer pressure (both positive and negative); confronting high-risk behavior. 21 minutes

*Each video comes with discussion guidelines and a reproducible Parent's Tips Sheet on CD

**METHAMPHETAMINES & HEROIN (Youth & Substance Abuse)**

**DEATH BY JIB**

Crystal meth is a highly addictive and dangerous drug - devastating to individuals, families and communities. Discouraging youth from ever trying the drug is the ultimate hope of prevention efforts. This graphic video pulls no punches as it speaks directly to the hearts and minds of viewers to convey a powerful and emotional message warning teenagers and young adults about the very harsh realities of Crystal Meth. #9084/1735 19 minutes 2005 $129.95 *SA

**COLD AS ICE: Crystal Meth in the Community**

A comprehensive snapshot of crystal meth – what it is and ways it is ingested; it’s impact on mental health; treatment issues, and potential permanent impact on the brain; increasing use of the drug in the gay culture; the very real danger from meth labs to the neighborhoods where they are located, to first responders, and to the environment in general; fraud and identity theft perpetrated by meth users; and, loss of life and other costs resulting from deadly motor vehicle accidents, etc. #10101/1735 32 minutes 2006 $129.95 *SA

**MARIJUANA & SMOKING (Youth & Substance Abuse)**

**New! E-CIGARETTES: Facts and Myths**

This is an honest assessment of e-cigarette dangers - is it a safer alternative or another dangerous habit? Provides information on nicotine addiction, secondhand vapor, toxic chemicals and carcinogens, liquid nicotine precautions, and other safety issues. Designed for e-cigarette smokers and traditional cigarette smokers considering switching. Examines e-cigarettes as a smoking cessation tool as well as safer options. #15961/1420 16 minutes 2014 $149.95 *SA

**MARIJUANA: The Gateway Drug 2.0 Updated!**

Now updated to include social media, this very popular title points out how marijuana plays a key role in addiction by introducing users to illegal drugs. Because marijuana has mind-altering properties, it is certainly considered to be the launching pad for hard drugs for many people. #9537/0505 28 minutes 2010 Grades 7 to 12 $129.95

**MARIJUANA AT YOUR OWN RISK: A Two-Part Prevention and Intervention Program**

This great two part series puts all the arguments against teen experimentation with pot into one package. The social, the physical, the educational, the criminal aspects are all dealt with in an interesting and convincing manner. The difficulties experienced in withdrawal and recovery are also demonstrated. There are two videos and the package includes Counselor's Guide with discussion questions and reproducible client worksheets. PART ONE shows how becoming a chronic user is a gradual process that typically takes over one's life in steps. 20 minutes.

PART TWO identifies just what the negative effects of chronic marijuana use can be. Also, recovering teen marijuana users share how much better their lives have become since they got help and stopped using, providing hope and inspiration to viewers who need it. 25 minutes.

*New!* Two programs with Counselor's Guide with discussion questions and reproducible Parent's Tips Sheet on CD

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*New!* Two programs with Counselor's Guide with discussion questions and reproducible Parent's Tips Sheet on CD
STONED AT SCHOOL (Real Life Teens)
It's just so cool to be cool ... to be stoned at school ... everybody knows how cool you are. But where does it actually get you? Teen peers explain what happens in REAL LIFE! Provides students with a realistic overview of the consequences of drug and alcohol use and how staying straight is vital to a student's success in school. #15054/2003 20 minutes 2007 Grades 8 to 12 $89.95 *SA

ALCOHOL (Youth & Substance Abuse)

THIS IS YOUR BRAIN ON ALCOHOL 2.0  *WINNER! Intermedia GOLD GLOBE Award!*
Updated to include social media, this video employs older teens to deliver a very important message to younger adolescents about the direct effect alcohol consumption has on brain growth and development, especially before the age of 24. #B111/0505 17 minutes 2010 Grades 5 to 9 $129.95

ALCOHOL: True Stories with Matt Damon
Young people tell their powerful stories about drinking and driving, drug addiction, and avoiding alcohol use. Hosted by Matt Damon, TRUE STORIES "is among the very best videos on the issue. It doesn't preach - it underscores the value of connections and communication with friends and family. A valuable tool for communities nationally." Bobby Heard, National Director of Programs, Mothers Against Drunk Driving  #14596/0680 20 minutes Grades 5 to 12 $119.95 *SA

THE PARTY'S OVER: Sex, Alcohol and Pregnancy
Although today's teens are exposed to more blatant sexuality than almost any other generation in history, the questions and conundrums that surround sexual activity remain. This portrayal of three teenage couples covers a variety of contemporary sexual health and relationship issues. The role of alcohol in unplanned sexual activity is a key focus, as are male responsibilities and safer sex. #10312/2003 20 minutes 2006 Grades 8 to 12 $129.95 *SA

BINGE DRINKING (NHV)
This program clearly states the many negative, dangerous, even deadly repercussions of this extreme but increasingly common "recreational" activity. DUI, taking part in activities way below the stupid level, unwanted sex, pointless violence, not to mention alcohol poisoning... all for the purpose of appeasing peer pressure and fitting in? And unfortunately the life-changing effects can last a lot longer than the next hangover. #10673/1420 18 minutes 2002 $139.95 *SA

BINGE DRINKING BLOWOUT 2.0: The Extreme Dangers of Alcohol Abuse  *** Updated to include Social Media!***
Looks at the life-threatening nature of teen alcohol use from a medical and personal perspective. This very popular title is aimed at young adults and teenagers who seem to have adopted 'overloading' the system with alcohol as a rite of passage in many party situations, this video clearly demonstrates how very X-TREME the consequences can actually be. #9538/0505 28 minutes 2010 $129.95

PRESCRIPTION DRUGS (Youth & Substance Abuse)

PHARM COUNTRY
The snack bowl at a "pharm party" includes a mix of prescription drugs - from Adderall to Oxycontin to Xanax - and most of them come directly from the household medicine cabinet. This ABC News program examines a disturbing and rapidly growing trend in teenage drug abuse: getting high on legal drugs, often obtained through parents' prescriptions or from questionable sources over the Internet.  #13915/0635 21 minutes 2006 $99.95 *CC

PRESCRIPTION DRUG ABUSE: Prevention
The fact that prescription drugs come from pharmacies and are prescribed by doctors can add a certain (imagined) air of legitimacy to their illicit use in some teenage minds. Viewers get the real facts about these often very potent, dangerous and highly addictive substances. *Includes Study Guide.  #9770/0795 15 minutes 2004 Grades 7 to 12 $249.95 *CC

CLUB DRUGS & ECSTASY (Youth & Substance Abuse)

PARTY DRUGS (Real Life Teens)
This video explains the latest developments around; What is Ecstasy? What are club drugs? Why are prescription pills just as dangerous as illegal drugs? Where are teen abusers of prescription drugs sharing "recipes" for getting high? Do some teens self-medicating undiagnosed depression or anxiety with prescription drugs? #14572/2003 18 minutes 2011 Grades 8 to 12 $99.95 *SA

PSYCHOACTIVE: Club Drugs and Inhalants
Everything you wanted to know about rave- or club-drugs, including psychedelics and inhalants, and we mean EVERYTHING! This excellent, realistic video explains current scientific and medical opinion on these widely used (and abused) chemical intoxicants. One of the best. #7409/0410 53 minutes 2002 Grades 9 to A $229.95 *SA
**NEW YOUTH ADDICTION CONCERNS (School, College, University)**

**THE DARK SIDE OF ADDERALL AND OTHER “STUDY DRUGS”**

“Pressure over grades and competition for college admissions are encouraging students to abuse prescription stimulants” but the problem usage can go way beyond few late night study sessions. This video follows Randy, a young man with no history of ADHD who began abusing Adderall in high school to improve his performance and, having later dropped out of college, relies on it to enable him to work for days at a time as a handyman. #15821/0405 15 minutes 2014 $119.95

**GAMBLING: It’s a Losing Bet**

Gambling is becoming a growth industry among youths and young adults. This series makes it clear to young viewers that whether it’s sports or games or video terminals, gambling and the debt that most often goes with it are not always the fun they are cracked up to be. School problems, suicide, violence, broken families, and financial ruin are among the outcomes spotlighted in this realistic, compelling series. Each of the programs uses a different setting and situation to deliver the message that compulsive gambling is a problem that can, and must, be addressed. 

SAFE BET: Recognizing the Problem (13 minutes)  
DONE DEAL: Choosing Not to Gamble (15 minutes)  
PLAY TO WIN: The Deadly Consequences of Gambling (21 minutes)  
#9226/0235 Three programs 2005 Grades 7 to A $8.95 each or Series $28.95 *SA

**RAPE UNDER THE INFLUENCE: Sexual Assault on Campus**

For most students, date rape is a confusing issue. This “survivor” documentary discusses the realities of an actual date rape where alcohol and drugs were involved. Viewers will see a young victim’s devastation after a violent gang rape, hear from a police detective committed to pursuing serial acquaintance rapists, and share in a discussion as college students talk about sexual assault on campus. Upperclassmen teach incoming freshmen how to use date rape prevention strategies, such as recognizing the crime’s danger signals. This is an awareness video designed to help stop predatory sexual assault. An excellent rape prevention tool for police, campus security, orientation and counseling services. #7726/0505 30 minutes 2001 $129.95

**SPITTING GAME: The College Hookup Culture**

Filmmaker Denice Ann Evans draws heavily on the voices of students in this timely and eye-opening look at the dangers and consequences of hookup culture on college campuses. Shedding much needed light on a culture steeped in alcohol and often shrouded in silence, Evans supplements student testimony with analysis from experts and health professionals to tease out the gender politics at the heart of hookup culture and what’s come to be known as “the spitting game” the finely tuned art of the pickup that many young men now aspire to master. Examines hookup culture in light of persistently high levels of sexual assault, binge drinking, and gender violence on college campuses. #15331/0685 82 minutes 2009 $269.95 *CC *SA

**YOUTH IN RECOVERY**

**YOUNG ADULTS DISCOVER THE TWELVE STEPS**

In this engaging video, young people in recovery discuss each of the 12 Steps sharing their personal stories about how working the Steps have helped them stay clean and sober. #15856/0795 56 minutes 2014 $229.95 *CC

**PREVENTING RELAPSE: Taking the Necessary Steps (Young Adults)**

Relapse prevention for teens and young adults in recovery... this very informative video examines the special challenges that will face young people on their long and challenging journey to clean and sober. #10997/0795 21 minutes 2001 $169.95 *CC

**ADDICTED: A Series for Young Men and Women**

Follow interventionist Kristina Wandzilak in these six programs as she helps young men and women addicted to drugs and alcohol take their first steps toward recovery and a substance-free life.  

***Produced by Discovery Education.***  
ALISSA is a sixteen-year veteran of heroin and methamphetamine  
AMANDA is a thirty-one-year-old alcoholic and heroin addict  
ANNIE and MIKE are co-dependent speedballers whose addictions have taken them, and their families, to the depths of despair  
JEREMY is a twenty-one-year-old OxyContin addict whose family history has been devastated by numerous addictions  
KEVIN is a twenty-six-year-old alcoholic who has alienated his friends and family with his downward spiral of drinking  
KLEA is a nineteen-year-old methamphetamine addict who has turned to prostitution in order to support her habit.  

***NOTE: These programs contain graphic images of drug use and sensitive language. Please preview before showing to students.***

#14386/0545 Six 41 minute programs on 2 DVDs 2010 $65.95 each or Series $369.95 *SA
**DRUGS: Facts and Fiction**

Drug use/abuse is something that is likely to affect most people, directly or indirectly, at some point in their lives. But really just how harmful or harmless is it? This program seeks to explore what drugs are, legal and illegal drugs, the effect of drugs on a person’s health and well-being, what to do in a crisis and prevention and treatment strategies. #14598/0545 23 minutes 2009 $99.95 Grades 8 to 12 *SA

**TEENAGE DRINKING: Facts and Fiction**

Alcohol is one the most popular and most widely used recreational drugs for youth. But how does binge drinking really affect individuals physically, socially and psychologically? What are the short and long term effects? What are the direct and indirect consequences? This program takes an in depth look at this major health issue. #14592/0545 23 minutes 2009 $99.95 Grades 8 to A *SA

**MATRIX MODEL FOR TEENS/YOUNG ADULTS, FAMILY CURRICULUM: Intensive Outpatient Alcohol & Drug Treatment Program**

Family participation in treatment enhances a client’s progress, especially in the case of young clients. The Matrix Model for Teens and Young Adults is an evidence-based program adapted from The Matrix Model, Hazelden's best-selling intensive outpatient program for adults. This 12-week package includes a facilitator's guide, handouts (hard copies and on CD-ROM), and three DVDs: ROAD MAP FOR RECOVERY; TRIGGERS AND CRAVINGS; and, FAMILIES IN RECOVERY. *Detailed descriptions of all parts of this program are available.

#11550/0795 Complete Package 2007 $499.95

**D.W.I. & YOUTH**

**THINK ABOUT IT: Choosing to Drink and Drive**

According to MADD, motor vehicle crashes are the leading cause of teen death, and one in three of these fatalities is related to alcohol. In this two-part series the behaviors leading to drunk driving, and the consequences, are explored in a language that teens understand. The series features a powerful dramatization, compelling personal testimonies, and commentary from a psychiatrist on the workings of the adolescent brain. Designed to spark classroom discussion, the programs emphasize the role of conscious choice on the part of young people in social situations.

Program One - PEER PRESSURE AND CHOOSING TO DRINK Think About It – dramatizes the potential consequences of choosing to drive while intoxicated are played out.
Program Two - DRIVING AND CHOOSING TO DRINK: Think About it – is a powerful program featuring people whose lives were affected dramatically by drunk driving tell their stories.

*Viewer discretion is advised

#15290/0635 Two 20 minute programs 2011 $119.95 each or Series $199.95 *CC

**DRINKING AND DRIVING: A Teenager's Nightmare**

Trying to convince young people who are new to drinking and new to driving that both are dangerous but mixing the two is just plain stupid has always been a problem. Belief in their innate ability as well as their invincibility is difficult to overcome. This video uses the idea of stupidly risking other people’s lives and the devastating consequences of taking that risk on the future life of the teen themselves to get the point across.

#13440/0450 30 minutes 2008 $179.95 *SA

**FOR PARENTS, TEACHERS & COUNSELORS**

**PARENTING FOR PREVENTION SERIES: Self Help for Busy Parents, Teachers and other Caregivers**

Who’s the adult here anyway? If it’s sometimes hard to tell, read on! This excellent and comprehensive series teaches six powerful parenting skills to help kids make secure decisions - and be safe from alcohol, drugs, and violence. Every parent and concerned adult can quickly learn simple skills to help toddlers through teens cope with major prevention issues.

1. How to stop enabling and start empowering kids
2. How to set limits for kids
3. How to enforce consequences when kids violate limits
4. How to confront kids when they’re doing wrong and encourage them when they’re doing right
5. How to teach kids to handle anger without violence
6. How to teach kids to resolve conflicts without violence

*The Facilitator's guide on the CD provides thorough background information, class-by-class notes, and reproducible handouts. The Booklets provide parents with backup information for each of the programs.  #12324/0795 Six 15 minute programs on one DVD 1997 $549.95

**WHERE DO I TURN? Answers for Parents of Adolescent Drug Users**

Shock, fear, embarrassment, guilt - these are the emotions that many parents experience after discovering their children have taken drugs. Then comes painful uncertainty about what to do next. A group of 30 parents of adolescent drug users were asked, “What information do you need in order to help your child?” The parent’s top 10 questions are answered in this program by nationwide substance abuse experts, parent advocates, and those who share things that have helped in their own recovery. Can be viewed in its entirety or as individual questions.

#14604/1255 50 minutes 2008 $149.95
KIDS AND HEROIN: A Wakeup Call to Parents
What may surprise some viewers is that these stories take place far from the inner city- they represent suburbia's children, a demographic falling victim to substance abuse as never before. Heroin and suburban teenagers simply don't seem to fit together as a rule ... or do they? #1577/1635 40 minutes 2010 $169.95 *CC

**Best-Seller!** NEXT DOOR: A Documentary about a Teenage Alcoholic and Her Family
Takes an in-depth look into the intricacies of a “normal” family who failed to see the warning signs of teenage addiction and admit to a family legacy of alcoholism. Offers a realistic look into the life of a real family who believed they had created a balanced life for their children until addiction struck at its core. The film illustrates the teen’s descent into substance abuse, sexual promiscuity, rebellion, manipulation and lying, and how her choices affected her younger siblings who watched in silence. #9342/1600 53 minutes 2003 $179.95 *SA

ADDSOTION IN THE FAMILY & CODEPENDENT RELATIONSHIPS

CHILDREN OF SUBSTANCE ABUSERS
Teenage children of alcoholics and other addicts are often filled with hopelessness and despair over their preordained fate to follow in their parents’ footsteps. This video explores the emotional confusion and trauma affecting children of substance abusers, showing how many young people are able to break the cycle of addiction and create a healthy pattern for their own lives. #1035/1635 9 minutes 2006 $69.95 *CC

COPING WITH AN ALCOHOLIC PARENT: Tips to Improve Family Life
One parent is alcoholic! How does a family cope? This dramatic program takes viewers into the family life of real people who have embarked on their long road to recovery from addiction, and it shares the intimate struggles of families dealing with this all too common disease. #1063/1614 26 minutes 2006 $179.95 *CC *SA

KIDS RECOVERY: Healing Kids of Addicted Parents
A program for parents to help them understand how their addiction negatively impacts their children. Includes interviews with spouses and significant others interspersed with Saul and the puppet Slick who provides humorous, bad advice. Chaptered in five parts including: 1) How addicted parents DISTANCE themselves from their children (9 minutes) 2) Parents and children will BOTH have to ADJUST to sobriety (9 minutes) 3) How addicted parents DENY the damage they do (5 minutes) 4) How straight parents can HEAL THE DAMAGE (11 minutes) 5) Counting the BENEFITS OF RECOVERY for parent and children (10 minutes). #1542/1605 45 minutes 2011 $129.95 *SA

**Best Seller!** LOVING SOMEONE WITH AN ADDICTION
For those who live with an addiction, it is both heartbreaking and exhausting. Family members are torn between how to help the addict and how to avoid supporting the addiction. Through interviews with experts and with families who have experienced the addiction of a loved one, this video will offer hope-filled support in the form of practical information, advice from others who have been there, and the power of shared experiences. #1710 60 minutes 2013 $159.95 *SA

REFLECTIONS FROM THE HEART OF A CHILD

**GOLD AWARD WINNER - Houston International Festival**
A heart-wrenching video that delivers a powerful view of chemical dependency from a child’s perspective. Takes the classic story of a family in the grip of addiction and draws viewers into a world where childhood is altered irrevocably. As witnesses to three young lives ravaged by a father’s alcoholism and a mother’s inability to cope, the true impact of chemical dependency hits home. #1053/1635 29 minutes 1995 $359.95 *CC

DRINKING APART: Families Under the Influence
This highly recommended, award-winning program made for HBO examines and explains the acclaimed ‘family’ addiction treatment methods employed at the famed Ackerman Institute for the Family. This is a great documentary that features people actually in the program and details their trials and tribulations, as well as their successes. #9209/1635 71 minutes 2000 $179.95

TWEE, FIDDLE AND HUFF
The program explains to young children, especially those from “addicted” households, the nature of addiction, and how it affects adults (i.e. parents) and emphasizes that it is not their (the child’s) fault. *Includes Facilitator’s Guide #8165/1823 12 minutes 1990 Grades K to 3 $179.95 *SA

PROMISE ME: Parents with Addictions
How can a teenager ever be expected to cope with an addicted parent, or as in this case, TWO of them?!? One an alcoholic and the other is a compulsive gambler! Growing up in such a household, what goes through your mind? What stability can you hold on to? Viewers get an inside view of teen hell on earth with this intense dramatization. #1382/1605 28 minutes 2010 $129.95 *SA

www.kineticvideo.com Phone (800) 263-6910 or (416) 538-6613 Fax (416) 538-9984 info@kineticvideo.com
**New!** STEP ALONG THE WAY (A): A Family with a Drug Problem
Conducting family therapy can feel like an impossible juggling act, where complicated dynamics can make effective interventions elusive to the best of us. Successful clinicians must make sense of a family’s needs as a whole, as well as facilitate work within the relationships that impact the entire system. In this video, renowned family therapist Virginia Satir leads a powerful session with a family dealing with substance abuse and codependency. Satir’s natural facility with families is astounding even today, and you'll gain a deep appreciation of her legacy as she progresses this challenged family several steps closer to resolution. #16116/1745 63 minutes 2015 $189.95 *Part of the Virginia Satir Series #16080

**See also on Page 27 ...**
MULTIDIMENSIONAL FAMILY THERAPY: A Research-Proven, Innovative Treatment for Adolescent Substance Abuse #15983/1410 75 minutes 2014 $249.95

REAL LIFE PARENTING SKILLS PACKAGE
One of the biggest hurdles for those of us who are recovering from alcoholism or an addiction is restoring our relationship with our children. We must rebuild shattered trust, but even more basic, we may need to learn, or re-learn, how to treat our children with love and respect. This package provides practical guidance on issues and ways we can develop realistic action plans with our children. Each of the three DVDs dramatizes new or relearned parenting skills: BUILDING TRUST 15 minutes; HANDLING ANGER 17 minutes; and, SETTING RULES AND LIMITS 15 minutes. *Purchase is available in two ways...* DVDS only #13580/0795 Three DVD programs $269.95 *CC PACKAGE #14140/0795 Three DVD programs plus 30 copies of 3 Pamphlets and 30 copies of 3 Workbooks $769.95 *CC

STAGES OF FAMILY RECOVERY
For families, the pain of living with a loved one's addiction can lead to shame, secrecy, and isolation. This program is an encouraging, empowering video that lets families know they're not alone- and that recovery is possible. Teens, parents, and grandparents share stories of despair and hope, helplessness and optimism. Includes clinical insights from Stephanie Brown, Ph.D. #9568/0795 36 minutes 2005 $259.95 *CC

ADDICTIVE RELATIONSHIPS SERIES
Claudia Black and Terry Gorski discuss how ‘compulsion' enters a relationship, explain the difference between healthy and unhealthy relationships, and reveal the true meaning of intimacy. These three programs are very useful and down-to-earth:

**COMPULSIVE RELATIONSHIPS: The Players and The Personalities**
RELATIONSHIP STYLES: Compulsive, Apathetic and Healthy
RELATIONSHIP BUILDING: Achieving Intimacy
#10254/0110 Three programs 31-36 minutes 1990 $149.95 each or Series $399.95 *SA

**WHAT DO I SAY TO MY KIDS? With Claudia Black**
Parents who are in recovery often find themselves in very strange and stressful circumstances when explaining addiction (their own or in general) to their children. And it's probably even worse for the kids involved! Claudia Black has helped thousands of families deal with the burden of addiction during her career and explains proven methods for opening lines of parent-child communication.
#9566/0110 26 minutes 2005 $199.95 *SA

**COUPLES RECOVERY: Healing Addictions Damage to Couples**
This program shows how addiction negatively impacts relationships as well as provides strategies to heal those relationships. Includes interviews with spouses and significant others interpersed with Saul and the puppet Slick who provides humorous, bad advice designed to create conflict in the relationship.
#11677/1905 60 minutes 2011 $129.95 *SA

**BRADSHAW ON CREATING LOVE**
John Bradshaw talks about how to create healthy, loving relationships in every part of life. #8853/0280
Ten 60-minute programs 1990 $229.95

**BRADSHAW ON HOMECOMING**
John Bradshaw assists viewers in finding and championing their wounded inner child.
#10940/0280
Ten 60-minute programs 1990 $229.95

**BRADSHAW ON THE FAMILY**
John Bradshaw series focuses on how the dynamics of the family relates to compulsive and addictive behavior. #4447/0280 en 60-minute programs 1990 $229.95

**IT'S NOT MY PROBLEM! John Bradshaw**
Starring John Bradshaw, this film is aimed at family members of newly recovering addicts/alcoholics. For most of this population, the suggestion that they need treatment as much as the chemically addicted person is met with rigid denial. “Simply the best introductory film I've seen on this topic!” #9206/0460 32 minutes 1987 $179.95
ADDICTION IN THE FAMILY: The Domino Effect
This program is an important tool that will allow you, in one or two sessions, to focus on primary treatment issues with family members, individually or in groups. Overcoming denial and enabling behavior in a family suffering from addiction, Claudia Black examines the three particular areas that are most challenging... Powerlessness...Tough Love...and Unmanageability. #9207/0110 28 minutes 1998 $219.95 *SA

BREAKING THE SILENCE with Dr. Claudia Black
Dysfunctional families...addictions...sexual abuse are often part of a package. Sexually abused children make a "secret" out of these experiences because of intense feelings of fear, guilt, and shame. The "silence" that plagues these victims includes phobias, flashbacks, suicide, eating disorders, not to mention addictions. This powerful program encourages adult children to realize that disclosure is essential and that there are some procedures that make this painful process a little easier and more likely to meet with success. #10257/0110 30 minutes 1992 $149.95 *SA

FAMILY STRATEGIES TOOL BOX with Claudia Black
Claudia Black offers her experience and expertise in this Family Strategies Toolbox. The package combines three related tools:
1. A 244-page Workbook FAMILY STRATEGIES: Practical Tools for Professionals Treating Families Impacted by Addiction
2. A 28-minute video ADDICTION IN THE FAMILY that will allow you to focus on primary treatment issues with family members, individually or in groups.
3. An audio CD - LETTING GO Imageries - used in assisting one to relax, become more centered, and let go of hurtful processes and pain, to focus on a specific issue, and/or to develop insight. #10265/0110 2006 $259.95 *SA

COUPLES THERAPY FOR ADDICTIONS with Dr. Barbara S. McCrady
See Barbara S. McCrady work with a couple struggling with addiction in an actual couples therapy session. Dr. McCrady reminds us that alcohol and drug problems always exist in a context that includes families and relationships, and that couples therapy is an important model for working with addictions. Dr. McCrady uses a behavioral approach that helps the client change his or her addictive behaviors, helps the partner learn to respond differently, and helps the couple change the relationship itself. In this video, Dr. McCrady works with a young couple trying to change behaviors related to alcohol and marijuana use. Jon Carlson and Judy Lewis introduce Dr. McCrady, and facilitate an in-depth discussion of the further impact and uses of the model. #11542/1745 One hour 56 minutes 2007 $179.95

DUAL DIAGNOSIS/CO-OCCURRING DISORDERS
DOUBLE TROUBLE IN RECOVERY COLLECTION
A complete 3-part package designed to help experts guide clients with severe co-occurring addiction and mental health disorders. Includes a fresh informative DVD that takes professionals and peer leaders, step-by-step, through the process of starting and running a DTR group. 1. STARTING AND RUNNING A DOUBLE TROUBLE IN RECOVERY GROUP - DVD
2. HOW TO START A ‘DOUBLE TROUBLE IN RECOVERY’ GROUP - Manual and CD-ROM with posters and reproducible handouts
3. Book DOUBLE TROUBLE IN RECOVERY: BASIC GUIDE.
#13292/0795 30 minutes 2010 $269.95 *SA

ADULTS AND CO-OCCURRING DISORDERS
What is meant by dual diagnosis or co-occurring disorder? This video explains what these terms mean clinically and in practical matters. Clients and families will gain insight and receive helpful and hopeful instruction on the best methods for coping. #10215/0795 20 minutes 2003 $259.95

ADOLESCENTS AND CO-OCCURRING DISORDERS
Created specifically for teens in treatment, this compelling video introduces young clients to strategies for staying sober while coping with a co-occurring (dual) disorder.
#10029/0795 24 minutes 2003 $259.95 *CC

ADOLESCENTS AND CO-OCCURRING DISORDERS
Created specifically for teens in treatment, this compelling video introduces young clients to strategies for staying sober while coping with a co-occurring (dual) disorder.
#10029/0795 24 minutes 2003 $259.95 *CC

*Best Seller!
THIS EMOTIONAL LIFE
Ordinary people and famous celebrities share a basic human problem - how to handle one's emotions, relationships, and negative experiences. Yet why are some more successful than others? Best-selling author and Harvard professor Daniel Gilbert weaves together accounts of ordinary individuals and celebrities including Chevy Chase, John McEnroe, Alanis Morissette, and Richard Gere. Topics examined in the series include the importance of early attachment, post-traumatic stress disorder, depression, grief, and other challenges.
•FAMILY, FRIENDS AND LOVERS
•FACING OUR FEARS
•RETHINKING HAPPINESS
#13304/1725 Three DVDs in one case total 360 minutes 2009 $149.95 *CC
**CO-OCCURRING DISORDERS Series**

This series provides you with integrated, diagnosis-specific treatment. Included with the DVD for each program is a CD-ROM with a facilitator guide, a patient workbook, video discussion questions, and the pamphlet "A Family Guide to Coping with Dual Disorders". Author Dennis Daley is nationally renowned for developing and managing treatment services for addiction and dual disorders.

*Detailed descriptions are available on our website.

**UNDERSTANDING OCD AND ADDICTION**

**UNDERSTANDING BIPOLAR DISORDER AND ADDICTION**

**UNDERSTANDING BORDERLINE PERSONALITY DISORDER AND ADDICTION**

**UNDERSTANDING DEPRESSION AND ADDICTION**

**UNDERSTANDING DISSOCIATIVE DISORDERS AND ADDICTION**

**UNDERSTANDING SUICIDE AND ADDICTION**

**UNDERSTANDING PTSD AND ADDICTION**

**UNDERSTANDING MAJOR ANXIETY DISORDERS AND ADDICTION**

**UNDERSTANDING SCHIZOPHRENIA AND ADDICTION**

**UNDERSTANDING PERSONALITY PROBLEMS AND ADDICTION**

**PREVENTING RELAPSE**

#13880/0795 Eleven 19 to 28-minute programs 2004 $129.95 each or Series $1,349.95 *CC

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**CO-OCCURRING DISORDERS: Mental Health and Drugs**

From the producers of UPPERS DOWNERS - designed primarily for clients who have a dual diagnosis and secondarily for those involved in the treatment of these disorders who need a deeper understanding of this common phenomenon. By first examining the mental illnesses that are part of a dual diagnosis (e.g., schizophrenia, bipolar, depression) and then showing how psychoactive drug use can aggravate or induce these illnesses, the video helps explain the relationship between the two conditions. #9036/0410 36 minutes 2005 $229.95 *SA

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**DRUG ABUSE AND BIPOLAR DISORDER**

Bipolar disorder itself is hard enough to deal with and treat, but when self-medication through the use of alcohol or other drugs is added the problems can get completely out of hand. This video provides details. #9241/1420 19 minutes 2003 $139.95 *SA

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**DEPRESSION AND SUBSTANCE ABUSE**

Depressed? Let's have a drink ... Let's get high! Two reactions that can lead to some real long term difficulties. This video investigates how substance abuse and depression play off one another. #9239/1420 19 minutes 2004 $139.95 *SA

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**DEPRESSION STRATEGIES TOOL BOX with Claudia Black**

Focusing on the common pairing of addiction and depression, Claudia Black asks some tough questions and provides helpful answers to those in treatment. People who are addicted to drugs are usually depressed. Are they trying to rid themselves of depression by using? Understanding and breaking the cycle is critical to recovery. This video, book and CD combination explains why treatment for both aspects is essential.

#1089/0110 28 minutes 2003 $259.95 *SA

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**PTSD AND SUBSTANCE ABUSE**

Post traumatic stress disorder is now recognized for its diversity of causes as well as its severe and disabling symptoms. When substance abuse is also involved the results can be devastating. #12247/1420 20 minutes 2009 $139.95 *SA

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**BEATING DEPRESSION**

Whether chronic or manic, whether stand-alone or co-occurring with other disorders or addictions, patients with depression can stabilize and lead fulfilling lives if they accept their condition and proactively address it. #4476/0635 46 minutes 2004 $199.95

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**NEW! CO-OCCURRING DISORDERS PACKAGE Updated for DSM-V**

The best-selling series for addressing and treating co-occurring disorders is now better than ever and updated for DSM-5! With a beautiful new design, new titles that help you immediately find what you need, and reduced prices, this evidence-based program addresses issues that directly impact clients living with a substance use disorder and non-severe mental illness. Extremely flexible and very easy to implement. Each piece of CDP can be used effectively as a stand-alone program. However, when the components are used in conjunction with each other, they provide a proven-effective treatment protocol for your team. Use each component of CDP on its own or together as part of a system of care.

1. SCREENING AND ASSESSMENT FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7679
2. INTEGRATING COMBINED THERAPIES FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7680
3. COGNITIVE-BEHAVIORAL THERAPY FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7681
4. A LEADER'S GUIDE (192 pages) TO IMPLEMENTING INTEGRATED SERVICES FOR PEOPLE WITH CO-OCCURRING DISORDERS #7678

**NEW! A GUIDE FOR LIVING WITH CO-OCCURRING DISORDERS: Help and Hope for Clients and Their Families - DVD #7677
5. MEDICATION MANAGEMENT FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7682
6. FAMILY PROGRAM: EDUCATION, SKILLS, AND THERAPY FOR FAMILIES OF PEOPLE WITH CO-OCCURRING DISORDERS #7683
7. *** A GUIDE FOR LIVING WITH CO-OCCURRING DISORDERS: Help and Hope for Clients and their Families

This program provides patients and families with an educational overview of co-occurring disorders, offers interviews from people who have them, and discusses ways that patients can participate in treatment to better manage their recovery from both disorder s. Included are dramatic vignettes, as well as professional narration, to show a comprehensive look at all the issues of recovery.

#12442/0795 83 minutes 2008 $149.95 *CC (NOTE: this DVD is also included in the above package)

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**UNDERSTANDING SUICIDE AND ADDICTION**

UNDERSTANDING BIPOLAR DISORDER AND ADDICTION

UNDERSTANDING SCHIZOPHRENIA AND ADDICTION

UNDERSTANDING PERSONALITY PROBLEMS AND ADDICTION

PREVENTING RELAPSE

#13880/0795 Eleven 19 to 28-minute programs 2004 $129.95 each or Series $1,349.95 *CC

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**UNDERSTANDING DEPRESSION AND ADDICTION**

UNDERSTANDING SUICIDE AND ADDICTION

UNDERSTANDING PTSD AND ADDICTION

UNDERSTANDING MAJOR ANXIETY DISORDERS AND ADDICTION

UNDERSTANDING SCHIZOPHRENIA AND ADDICTION

UNDERSTANDING PERSONALITY PROBLEMS AND ADDICTION

PREVENTING RELAPSE

#13880/0795 Eleven 19 to 28-minute programs 2004 $129.95 each or Series $1,349.95 *CC

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**UNDERSTANDING BIPOLAR DISORDER AND ADDICTION**

**UNDERSTANDING SCHIZOPHRENIA AND ADDICTION**

**UNDERSTANDING PERSONALITY PROBLEMS AND ADDICTION**

**PREVENTING RELAPSE**

#12247/0795 Eight 20 to 28-minute programs 2004 $129.95 each or Series $1,349.95 *CC

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**NEW! CO-OCCURRING DISORDERS PACKAGE Updated for DSM-V**

The best-selling series for addressing and treating co-occurring disorders is now better than ever and updated for DSM-5! With a beautiful new design, new titles that help you immediately find what you need, and reduced prices, this evidence-based program addresses issues that directly impact clients living with a substance use disorder and non-severe mental illness. Extremely flexible and very easy to implement. Each piece of CDP can be used effectively as a stand-alone program. However, when the components are used in conjunction with each other, they provide a proven-effective treatment protocol for your team. Use each component of CDP on its own or together as part of a system of care.

1. SCREENING AND ASSESSMENT FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7679
2. INTEGRATING COMBINED THERAPIES FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7680
3. COGNITIVE-BEHAVIORAL THERAPY FOR PEOPLE WITH CO-OCCURRING DISORDERS - CURRICULUM #7681
4. A LEADER'S GUIDE (192 pages) TO IMPLEMENTING INTEGRATED SERVICES FOR PEOPLE WITH CO-OCCURRING DISORDERS #7678

**NEW! A GUIDE FOR LIVING WITH CO-OCCURRING DISORDERS: Help and Hope for Clients and their Families

This program provides patients and families with an educational overview of co-occurring disorders, offers interviews from people who have them, and discusses ways that patients can participate in treatment to better manage their recovery from both disorder s. Included are dramatic vignettes, as well as professional narration, to show a comprehensive look at all the issues of recovery.

#12442/0795 83 minutes 2008 $149.95 *CC (NOTE: this DVD is also included in the above package)
NATIVE / FIRST NATIONS SPECIFIC

GIFTS FROM THE SACRED CIRCLE: A Native Traditional Parenting Curriculum for Families Affected By Fetal Alcohol Spectrum Disorder (CD-ROM Toolkit)
Grounded within traditional American Indian spiritual contexts, GIFTS FROM THE SACRED CIRCLE is an evidence-based program created specifically to serve Native children and families impacted by Fetal Alcohol Spectrum Disorder (known as FASD). This unique program assists and strengthens families as they care for their FASD-affected children as well as themselves.

*NOTE: This package is not DVD-based but rather a complete curriculum that includes a Facilitator’s Guide, a Parent Resource Book, and a Toolkit CD-ROM of materials that help connect and extend the learning experiences into the home and community. NOTE: This is not a DVD. #15270/0795 2012 $199.95 *CC

COPING WITH AN ALCOHOLIC PARENT: Tips to Improve Family Life
One parent is alcoholic! How does a family cope? This dramatic program takes viewers into the family life of real people who have embarked on their long road to recovery from addiction, and it shares the intimate struggles of families dealing with this all too common disease. The family in this case is middle class Native North American. #10683/0145 26 minutes 2006 $179.95 *CC

A MOTHER’S CHOICE *Canadian
This video aims directly at informing first nations women of the damage and suffering that can result from the long term effects on the fetus due to alcohol consumption during pregnancy.
#10272/0735 30 minutes 1996 $159.95 *SA

ONE MOTHER’S JOURNEY *Canadian
This video presents the story of a Native woman and her fight to overcome an abusive and alcoholic family life, her experience of residential schools, early motherhood and a bout with her ownaddictions. #9852/0930 24 minutes 1996 $149.95 *SA

RECOVERY FROM THE HEART SERIES
This series encourages Native clients in addiction treatment programs to set attainable goals, create strategies for results, and build in follow-through experiences. Based on the teachings of the Medicine Wheel, the Twelve Steps, and a system of principles, values and laws common to many Native tribes, it assists clinicians in maximizing client comprehension of crucial recovery concepts through workbook exercises in conjunction with the videos' dramatic scenes and thought-provoking discussions. #11710/0795 *Three 30-minute programs on one DVD with four CDs and a Workbook 1993 $269.95

FITNESS AND THE FATHER - The native peoples of the Canadian far north simply have to have been some of the naturally toughest and fittest the world has ever produced. Historically, their habitat and lifestyle dictated it. This video focuses on the recognition of this fact by a Catholic priest in the 1950s, and his efforts to use it to restore a measure of self-esteem that was being shattered.
#6240/1329 45 minutes 2002 $129.95 *SA

*** SPECIAL OFFER! Get both titles below for only $389.95!!!

WHAT MADE ME STOP DRINKING: Four Stories *Canadian
An intimate and revealing look into the lives of people who are addicted to alcohol. Four very different individuals tell their stories ... all four finally faced a brutal reality - that their lives and health were falling apart. One of the four featured in these two programs is a first nations man, who wanted the pain of belonging to an underprivileged part of our population to stop and to feel strong. The stories are brought to life by personal interviews with the four subjects and with Susan Diamond Potts - M.A., RCC, who holds a masters in clinical psychology and who specializes in treating alcohol addiction. #14480/1076 32 minutes 2012 $239.95 *SA

HOW I STOPPED DRINKING: Four Stories Continued *Canadian
A follow-up to “What Made Me Stop Drinking”, this program investigates how those same people - recovering alcoholics - actually managed to stop drinking. They took different routes and found their own sources of support. The central message of this program is that it is possible to stop and to rediscover life without alcohol. Features Susan Diamond Potts - M.A., RCC - a clinical psychologist specializing in addiction treatment. “Addiction is cunning, baffling, and powerful. People have to have enough resources to support their recovery.” #14605/1076 27 minutes 2012 $239.95 *SA
COUNSELING AND THERAPY WITH NATIVE AMERICAN INDIANS

Teresa LaFromboise, Miami Nation and Stanford University, has become the best-known expert on counseling and treatment with Native American Indians. Important implications in this tape for Canadian Dene. #10979/1410 70 minutes 1995 $129.95 *CC *SA

WORKING WITH NATIVE AMERICANS IN THERAPY

In this program Dr. Winona F. Simms illustrates her approach to working therapeutically with clients who are of Native American descent. Because of a history of oppression by the dominant culture, Native American clients may present for therapy with distrust in the therapist, so it is important to first build trust and to allow the client to speak and be heard. #14881/0157 100 minutes 2005 $119.95

INNOVATIVE APPROACHES TO COUNSELING NATIVE-AMERICAN PEOPLE

Aligning the client with destiny in a cultural context is the goal. The client has left the Red Road, paying insufficient attention to traditional values. Very helpful to the client (and to viewers) are connections drawn between the client, family, community, and broader cultural context. #11029/1410 30 minutes 2013 $129.95 *SA

CARVED FROM THE HEART and WORDS FROM THE HEART

One man loses his son to a cocaine overdose. Grieving, he decides to carve a totem pole and invites the town of Craig, Alaska to help. The project grows; it brings people of diverse backgrounds and ages together, acknowledging common problems of personal loss, intergenerational grief, substance abuse, suicide and violence and it promotes healing within the community. WORDS is intended to facilitate discussion of life-altering issues raised in the multi award-winning CARVED. Features drawings and murals by youth, letters, poetry, interviews and ceremony to show how a story that started in one small town has become a catalyst for expression and community transformation. #9836 45 minutes 1997 $229.95 *SA

GAMBLING (Seekers II) *Canadian!

From the SEEKERS II Series for, by, and about aboriginal youth, their concerns, problems and potential - this program explores different aspects of gambling in an attempt to answer why people take such risks. #7762/0200 24 minutes 2003 Grades 7 to 12 $129.95 *SA

SUBSTANCE ABUSE (Seekers II) *Canadian!

Today, as Aboriginal youth are forced to decide between honoring traditional culture and adapting to "mainstream" society, the decision to use or not to use alcohol and drugs is a very difficult one to make. #7763/0200 24 minutes 2003 Grades 7 to 12 $129.95 *SA

RED ROAD TO SOBRIETY

This excellent production documents the philosophy and method of the Native American Sobriety Movement currently spreading through indigenous communities across the continent to fight native addiction. #10801/1040 90 minutes 1995 $249.95

VIDEO TALKING CIRCLE

Demonstrates the how and why and the power of the 'talking circle' to viewers – a powerful tool for recovery and life change. Features many respected Native addiction therapists and healers. #10802/1040 120 minutes 1995 $249.95

WALKING IN PAIN *Canadian

One really special feature that makes this program unique is the fact that it focuses on a Native counselor and patients in session at a treatment center located on a reserve. #8055/0895 50 minutes 1988 $149.95 *SA

HEALING ROAD: The Native American Tradition

Native Americans have suffered violence for centuries. This video helps address the issue of multicultural healing. Native American practitioners raise questions about the appropriateness of current theoretical approaches. #11028/1410 60 minutes 2000 $195.95 *SA

A WAVE OF COMPASSION: Spirituality and the Recovering Addict

What does it mean to be a “functioning” alcoholic? How does it feel to struggle with substance abuse day after day? What keeps addicts from truly recovering? This program explores such questions from a range of unconventional viewpoints, creating an honest look at addiction that avoids judgmental or strictly clinical approaches. Unique and insightful commentary is provided by a Native American shaman, a stand-up comedian, and other voices of reason and personal experience. #12172/0635 47 minutes 2007 $169.95 *CC

ADULT GAMBLING

COMPULSIVE GAMBLING ADDICTION AND RECOVERY:

New Approach

This comprehensive series is for recovering compulsive gamblers, their family members, therapists, counselors, recovery center staff, and administration. Features Helen Palmer and addiction and recovery counselors Renee Siegel and Rick Benson with nine exemplars from the ABC/Algamus Recovery Center in Prescott, Arizona. Experience an individualized recovery program instead of the traditional "one size fits all" approach. Over five hours of information and program development techniques are included. #15502/0803 2012 $229.95 *CC *SA
NO MORE BETS, PLEASE *Winner CINE GOLD EAGLE Award!*
This straight-talking, empowering video program offers essential information on how problem gambling develops, its damaging impact on individuals and families, and how it can successfully be treated. #15861/0787 40 minutes 2003/2008 $129.95 *SA

OTHER GAMBLERS: Women and Older Gamblers
Growing numbers of seniors and women are taking up gambling in one form or another and for a variety of reasons. Whether it's an attempt to increase meager incomes or as a way to pass time and add excitement to their lives, some are finding these activities have negative consequences, and are also very difficult to stop. #1097/0410 28 minutes 2001 $229.95 *SA

ALL BETS ARE OFF: Gambling Addiction
Some play for fun, some hope to win a few dollars, but what starts as a game often leads to a devastating addiction. John Eades explains how he got hooked on gambling and the events that finally led to his recovery. #12226/0145 30 minutes 2005 $169.95 *CC *SA

PATHOLOGICAL GAMBLING
When does gambling, or as it has been recreationally renamed by the industry that profits from it, GAMING, transform itself into a recognizable pathology? Gaming....sounds like a fun pastime; unfortunately not for everyone. In other words, EVERYTHING you lose in Vegas stays in Vegas no matter how much you believe otherwise. #1178/1420 18 minutes 2008 $139.95 *SA

STRIKE DICE! Betting on My Father
*American Psychological Association Convention Festival, 2011 *Western Psychological Association Convention Festival, 2011 Addiction can break up families, and often does. STRIKE DICE is the story of a daughter whose father left the family when she was young to pursue his gambling addiction. As a grown woman, Natalie goes to Las Vegas in search of her father, whom she finds homeless, gaunt, and unwashed, but still driven by the desire to gamble. Despite her best efforts, he is initially unwilling to acknowledge his addiction and accept the help he needs. The film chronicles a daughter's struggle to get her father off the streets and back into society, and to accept him for his flaws. It follows Natalie's journey as she helps her father find shelter and treatment to conquer his addiction, and illustrates the progress they make toward repairing their relationship as father and daughter. #15496/0605 57 minutes 2011 $329.95

PROFESSIONAL DEVELOPMENT

DRUG AND ALCOHOL ABUSE with Dr. William A Miller
Drug and alcohol abuse are a common presenting problem in therapy, second only to depression, so it benefits therapists to have an approach ready for this issue. Dr. William Richard Miller demonstrates his approach to treating clients using motivational interviewing, a Rogerian technique designed to increase a client's sense that he or she is capable of handling the problems they confront. #14569/0357 100 minutes 2006 $129.95 *CC

SUBSTANCE ABUSE: Assessment and Intervention
“The” classic four-part series aimed at addictions counselors and treatment directors
INTERVIEW AND ASSESSMENT, 22 minutes
Delineates situational and genetic factors that place a client at risk, as well as physical and behavioral signs of chemical dependence.
COPING MECHANISMS, 25 minutes
Illustrates the use of coping behaviors to maintain fragile levels of functioning. Identifies dysfunctional family roles and patterns which support addictive behavior. Demonstrates the professional's role in slowly helping the patient and family substitute adaptive coping mechanisms for maladaptive ones.
TREATMENT MODALITIES, 38 minutes
Illustrates family involvement in counseling and recovery. Describes philosophy and effectiveness of 12-step programs. Illustrates importance of aftercare and acceptance that recovery is a life-long process.
RECOVERY AND PREVENTION OF RELAPSE, 21 minutes
Demonstrates counseling techniques for helping a client recognize and circumvent the negative patterns. Reviews the challenges of avoiding relapse and illustrates how a client can be helped to return to recovery.
#14420/0430 Four programs 1993 $329.95 each or Series $1,169.95 *CC *SA

ADOLESCENT DRUG ABUSE (Clinical Innovators)
Aimed at counselors and therapists, this video guides viewers through new adolescent substance abuse treatment that has emerged from the shadows of adult treatment as a separate, clinically creative field of study where considerable scientific progress has been made in our knowledge about the causes and correlates of adolescent problems. #13927/0795 65 minutes 2009 $229.95 *CC
**New! MULTIDIMENSIONAL FAMILY THERAPY: A Research-Proven, Innovative Treatment for Adolescent Substance Abuse**

In this film, Dr. Howard Liddle, developer of MDFT, works with 16-year-old Christian, who has been arrested for purchasing marijuana. The film includes nine condensed therapy sessions with Christian, his mother - a single parent struggling with personal issues, and Christian's school counselor. The session highlights the key areas of focus and core interventions in the integrated MDFT approach, and enumerates the model's three stages. Dr. Liddle provides summaries of session segments and offers brief presentations on the core sections of the MDFT. The design and format of the film demonstrates the thought processes of a therapist using MDFT, and offers a behind-the-scenes experience of the model. #15983/1410 75 minutes 2014 $249.95

**BRIEF INTERVENTION (Clinical Innovators)**

Brief Intervention is an evidence-based practice combining motivational interview, stages of change, and cognitive behavioral theory, to help clients identify, assess, and understand their own patterns of abuse. This video provides professional development on the subject from Ken Winters, a very highly regarded expert in brief intervention. #9047/0795 80 minutes 2004 $189.95 *CC

**BRIEF THERAPY FOR ADDICTIONS SERIES**

A comprehensive professional development series of seven programs:  
STAGES OF CHANGE FOR ADDICTIONS model with John C. Norcross  
MOTIVATIONAL INTERVIEWING with William R. Miller  
COGNITIVE THERAPY with Bruce S. Liese  
INTEGRATING THERAPY WITH 12-STEP PROGRAMS with Joan Ellen Zweben  
HARM REDUCTION THERAPY FOR ADDICTIONS with Dr. G. Alan Marlatt  
COUPLES THERAPY FOR ADDICTIONS with Dr. Barbara S. McCrady  
REALITY THERAPY FOR ADDICTIONS with Robert Wubbolding, EdD  
*Complete descriptions of each program available on our website.  
#11535/1745 Seven programs 2007 $179.95 each or Series $1,099.95

**COGNITIVE BEHAVIORAL RELAPSE PREVENTION FOR ADDICTIONS**

Dr. G. Alan Marlatt demonstrates his approach to working with clients dealing with addictions or compulsive habits such as substance abuse, gambling, or sexual addiction through Cognitive-behavioral relapse prevention. #14567/0157 100 minutes 2006 $129.95 *CC

**APPLYING ASAM PLACEMENT CRITERIA**

(Clinical Innovators)

The latest revision of the ASAM-PPC-2R manual takes on renewed importance with today's emphasis on evidence-based practice. In this DVD, David Mee-Lee presents a clear and concise overview of the latest ASAM criteria. #11303/0795 75 minutes 2007 $189.95 *CC

**INTERACTIVE GROUP THERAPY IN ADDICTION: Interventions for Dynamic Groups**  
*Canadian*

Aimed at clinicians, therapists, trainers, supervisors/managers of group programs as well as general health professionals and students preparing to use group therapy as a treatment modality. This series provides an opportunity to observe the process and techniques of interactive group therapy for drug and alcohol dependent persons. The purpose is to facilitate understanding and sensitivity to group process across cultures and to demonstrate the most important function of a group leader - directing the focus of the group through interventions that promote dynamic interaction. #9223/2045 Three DVDs 1999 $379.95 *SA. *Includes 49-page guide. *See a detailed description of this series on our website.

**ENCOUNTER GROUPS FOR ADDICTIONS**

Institutional demands including increased paperwork and funding cuts have recently threatened the livelihood of encounter groups. In this series, Rod Mullen demonstrates how and why we need to keep the encounter group thriving. Illustrated with powerful and compelling vignettes from actual encounter groups, these videos explore how encounter groups have evolved, what we can do to improve groups and overcome pitfalls, and what the keys are to leading successful groups.  
*Detailed descriptions of each program are available on our website.  
Volume I: EVOLUTION OF THE ENCOUNTER GROUP, 65 minutes  
Volume II: PITFALLS AND SOLUTIONS, 75 minutes  
Volume III: KEYS TO FOSTERING GROWTH, 75 minutes  
#12824/1745 Three programs 2009 $149.95 each or Series $349.95

**INTRODUCTION TO STRUCTURED RELAPSE PREVENTION: An Integrative Approach to Working with Alcohol and other Drug Problems**

Structured Relapse Prevention (SRP) is a program of integrated counseling strategies that includes motivational interviewing, cognitive-behavioural treatments, and a variety of coping skills strategies that are organized to meet clients' different needs and treatment goals. Clients are met where they are in their current substance use, and autonomy for change remains with the client. This presentation is an introductory overview for Counselors who wish to expand their skills repertoire for working with clients. #14966/1410 90 minutes 2010 $149.95 *SA
HOUSING FIRST: The Pathways Model to End Homelessness for People with Mental Illness and Addiction

Research proves that the “Housing First” approach is more effective than traditional models at dramatically reducing homelessness among those with mental health and substance use disorders. The MANUAL provides a solid foundation for introducing this evidence-based approach. The DVD illustrates the concepts presented in the manual, offering client success stories, helpful tips, and model teams in action. #14313/0795 DVD and MANUAL 20 minutes 2010 $299.95 *CC

TREATING CO-OCCURRING DISORDERS (Clinical Innovators)

Dartmouth Medical School psychiatrist Robert Drake is nationally known for his work in evidence-based psychiatry, especially among substance-abusing clients with severe mental disorders. He has the data to prove that treatment for occurring disorders works, and he shares it in this video workshop and manual. #10208/0795 65 minutes 2006 $219.95 *CC

THE NEUROBIOLOGY OF ADDICTION (Clinical Innovators)

Continuing revelations about the human brain are transforming our approaches to medical treatment, education, and human development. In this guide, Dr. Carlton Erickson, director of the Addiction Science Research and Education Center at the University of Texas, writes not only a “brain science 101” text, but helps explain how developments in neurobiology call for basic changes in the very ways that addiction professionals discuss, define, and treat chemical dependence. #13918/0795 50 minutes 2009 $219.95 *CC

MINDFULNESS FOR ADDICTION PROBLEMS

Dr. G. Alan Marlatt demonstrates his meditative technique for helping clients with substance addictions. Studies have shown that heavy drinkers who begin meditating show a decrease in the amount they drink. #14566/0157 100 minutes 2004 $129.95 *CC

**Best Seller!** MOTIVATIONAL INTERVIEWING STEP BY STEP

Learn motivational interviewing with the most in-depth training series to date. Demonstrations and interviews illuminate the underlying principles, tools, techniques, and strategies that will enhance your skills in leading clients through the change process.

CORE CONCEPTS introduces the foundational principles
INCREASING IMPORTANCE addresses how to help clients who are unsure whether change is even desirable.
RESOLVING AMBIVALENCE tackles a central issue in MI - dealing with clients who haven’t decided which choice is the right one.
BUILDING CONFIDENCE focuses on the helping clients trust their own ability to enact the desired change.

***This series is designed for use not only by counselors and therapists, but by nurses, parole officers, and others. *Includes Instructor’s Manual #15085/1745 Four programs 2012 $189.95 each or Series $659.95

ASSESSING ALCOHOL PROBLEMS USING MOTIVATIONAL INTERVIEWING - Dr. Linda Sobell demonstrates cognitive-behavioral motivational interviewing techniques for assessing a patient’s alcohol use, and then she and Dr. Mark Sobell discuss this useful approach for working with individuals with substance use disorders. #14566/0157 100 minutes 2008 $129.95 *CC

OLDER ADULTS AND ADDICTION (Clinical Innovators Series)

By the year 2020, SAMHSA expects over a 60% increase in people aged 50 and over needing substance abuse treatment. Compared to adults whose drug use began in the 1960s, this future audience faces an increased risk of comorbid diseases and mental health consequences. Perhaps the nation’s leading authorities on this client population, Frederic Blow and David Oslin present evidence-based strategies found in SAMHSA’s promising practices. This program is essential for treatment centers, nursing homes, and community service centers.

#11321/0795 35 minutes 2007 $189.95 *CC

RELAPSE PREVENTION OVER TIME

Dr. G. Alan Marlatt demonstrates his approach to helping clients with substance addictions prevent or cope with relapses during efforts to change addictive behavior. Relapse prevention is a cognitive-behavioral, “maintenance stage” approach taken only after a client commits to either abstinence or moderation, and it is usually used in conjunction with or following clients’ participation in another treatment program. #14568/0157 300 minutes 2007 $449.95 *CC

STAGES OF CHANGE AND ADDICTION (Clinical Innovators)

“Stages of Change” is proving to be a seminal theory in the treatment of addictions today; part of a larger picture known as the transtheoretical model. This program aimed at professionals in the addictions field examines ‘stages of change’ in context as presented by a true innovator, Carlo DiClemente. #9046/0795 80 minutes 2004 $189.95 *CC

RATIONAL EMOTIVE BEHAVIOR THERAPY FOR ADDICTIONS with Albert Ellis

Learn to use REBT with clients struggling with addiction by watching the originator of the method in an actual therapy session. Albert Ellis demonstrates his signature style with a difficult client; using rationality, strong language, and forceful directives, he is remarkably effective in just one session. #13154/1745 52 minutes 2009 $189.95
WOMEN AND ADDICTION: A Gender Responsive Approach (Clinical Innovators)
Women's treatment involves more than simply providing women-only group settings. Program content, staff selection, and even site selection are all components of an environment in which gender-responsive treatment thrives. In this program, STEPHANIE S. COVINGTON explains how to create effective recovery services for women and girls, services that reflect an understanding of the realities of their lives and their unique challenges and strengths. #1304/0755 75 minutes 2007 $189.95 *CC

MOTIVATING PREGNANT WOMEN: Stop Drinking
Aimed at primary care physicians and other prenatal health care practitioners, this teaching tool offers interview techniques that have a track record in successfully encouraging pregnant women to stop drinking. #9123/0265 22 minutes 1998 $119.95 *SA

PIECES OF THE PUZZLE: Understanding Addictive Disorders
DR. PATRIC CARNES gets into behavior-related details to explain how the symptoms of 'addiction interaction disorders' present themselves in real life. For example, addicted persons often respond to stress by abusing alcohol and other drugs but when the stress goes away, the abusive behavior remains. One of the most commonly asked questions is, "How do we know an addiction is present?" Dr. Carnes examines behaviors of addicted individuals to illustrate his set of 10 criteria that identify addiction and uses actual artwork from patients to make them clearer. #11697/1415 25 minutes 2001 $209.95

THE THERAPEUTIC COMMUNITY SERIES
Since the 1950s therapeutic communities (TCs) have effectively treated people with the most severe cases of substance abuse. The focus on an all encompassing community and peer support model is still thriving in TCs today. This comprehensive series blends historical and contemporary footage from active TCs with George De Leon's expert lectures on the framework, methods and components of an ideal TC.
Volume I: THE THERAPEUTIC COMMUNITY PERSPECTIVE 54 minutes
Volume II: COMMUNITY AS METHOD 44 minutes
Volume III: COMPONENTS OF GENERIC THERAPEUTIC COMMUNITY 79 minutes
#12825/1745 Three programs 2009 $149.95 each or Series $349.95

TRAUMA AND SUBSTANCE ABUSE SERIES
The schism between the trauma counseling and substance abuse counseling has meant patients forced back and forth between treatment programs. This series – two programs 46 and 40 minutes - describes therapeutic approaches being developed and explores special treatment issues that this dual diagnosis presents.

TRAUMA AND SUBSTANCE ABUSE: Therapeutic Approaches, #9570/0290 Two programs 1998 $119.95 each or Series $289.95

TRAUMA AND SUBSTANCE ABUSE II: Special Treatment Issues, #11697/1415 Two programs 2001 $209.95

TREATING ALCOHOLISM IN PSYCHOTHERAPY with Stephanie Brown, Ph.D
Volume I: DEVELOPMENTAL MODEL IN ACTION - Shows clinicians how to provide effective treatment for alcoholics, without having to choose between a 12-step versus psychotherapeutic approach! $259.95
Volume II: DEVELOPMENTAL MODEL IN THEORY - A Live Workshop will help viewers gain an in-depth understanding of the critical phases they must lead their alcoholic clients through in their recovery. $149.95 #10860/1745 Two programs Series $329.95

*Best Seller! close to home: Moyer on Addiction Professional
This five-part series discloses the shattering realities of active addiction, reveals the redemptive power of life in recovery and investigates various approaches to successfully changing addictive behavior. Each of the five comprehensive programs in this series offers an in-depth analysis of a different facet of addiction and recovery starting with pathology and genetics, through treatment, children and addiction, then into politics and the legal system. More than five hours of expert testimony and investigative journalism delving into addiction.

PORTRAIT OF ADDICTION
Recovering addicts run the gamut: a former narcotics agent, a mother of three, a founder of "Stand-Up Harlem", a journalist...all tell their stories and leave no doubt that addiction can happen to anyone and so can recovery. 57 minutes

THE HIJACKED BRAIN
The wonders of modern science let us see images of a cocaine user's brain as the drug takes effect and begin to understand how addiction affects the brain. Medically speaking addiction is now recognized as a chronic relapsing brain disease. 57 minutes

CHANGING LIVES
The aim of treatment is to change lives, but no single treatment program will work for all addicts. This program offers all the facts through an examination of current treatment methodology. 83 minutes

THE NEXT GENERATION
What prevention methods will be effective in keeping the next generation from falling into the addiction trap? Family and community based efforts are showing the greatest promise but the challenge is greater than ever. 57 minutes

THE POLITICS OF ADDICTION
Many people believe addiction is a disease; many others believe drug use is a crime and should stay that way. This dichotomy has brought us a very strange social, legal and political impasse. So where do we go from here... Bill Moyers tries to find a rational drug policy. #6182/0635 Five programs 1998 $129.95 each or Series $449.95 *CC
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THE PERIPHERY OF ADDICTION

* New! GUYLAND: Where Boys Become Men
In this powerful new film based on his bestselling book, acclaimed sociologist Michael Kimmel maps the troubling social world where boys become men - a new stage of development he calls "Guyland." GUYLAND is much more than a critique of traditional masculinity. It's a 30-minute resource for 16 to 24-year-old guys who want to figure out just what kind of a man they want to become. Michael Kimmel's insights and lots of poignant media clips combine to explain how so many young males seem to be 'deer in the headlights' of historical changes in gender relations, work, family, and sexuality. The hazards of male 'adultolescence,' which are often painted as normal or even desirable, can include suppression of emotions, physical and emotional scars from hazing rituals, EXCESSIVE ALCOHOL AND DRUG USE, homophobia, sexual abuse of women, and failed relationships. GUYLAND reveals how conformity to traditional masculinity can hurt both men and women, and better still, it will help male viewers rethink and reshape their life and identity. Don Sabo - Founder and Director of the Center for Research on Physical Activity, Sport & Health (CRPASH) at D'Youville College
FULL VERSION #16065/0685 35 minutes 2015 $189.95 (Colleges & Universities $359.95)
ABRIDGED VERSION #16103/0685 28 minutes 2015 $189.95 (Colleges & Universities $359.95)

*Best Seller! TOUGH GUISE 2: Violence, Manhood and American Culture
TOUGH GUISE 2 stands to empower a new generation of young men - and women - to challenge the myth that being a real man means putting up a false front and engaging in violent and self-destructive behavior. In a sweeping analysis that cuts across racial, ethnic, and class lines, Jackson Katz examines mass shootings, day-to-day gun violence, violence against women, bullying, gay-bashing, and American-style militarism against the backdrop of a culture that has normalized violent and regressive forms of masculinity in the face of challenges to traditional male power and authority. Choose from two versions...
#15660/0685 78 minutes 2013 $179.95 (Colleges & Universities $349.95) *FULL version with no editing.
#15778/0685 50 minutes 2013 $179.95 (Colleges & Universities $349.95)
This DVD includes two ABRIDGED versions - a 52-minute version edited for length, and a 46-minute "clean" version edited for violence, sexual content, and strong language.

*Best Seller! KILLING US SOFTLY IV: Advertising’s Image of Women
Jean Kilbourne takes a fresh look at how advertising traffics in distorted and destructive ideals of femininity and marshals a range of new print and television advertisements to lay bare a stunning pattern of damaging gender stereotypes -- images and messages that too often reinforce unrealistic, and unhealthy, perceptions of beauty, perfection, and sexuality. Challenges to think critically about popular culture and its relationship to sexism, eating disorders and gender violence. #13338/0685 45 minutes 2010 $179.95 (Colleges & Universities) $349.95 *CC *SA

*Best Seller! JOYSTICK WARRIORS: Video Games, Violence and the Culture of Militarism
For years, there has been widespread speculation, but very little consensus, about the relationship between violent video games and violence in the real world. JOYSTICK WARRIORS provides the clearest account yet of the latest research on this issue. Drawing on the insights of media scholars, military analysts, combat veterans, and gamers themselves, the film trains its sights on the wildly popular genre of first-person shooter games, exploring how the immersive experience they offer links up with the larger stories we tell ourselves as a culture about violence, militarism, guns, and manhood. #15661/0685 57 minutes 2013 $179.95 (Colleges & Universities $329.95)