

# All About PLAY!!!

## **ADLERIAN PLAY THERAPY with Terry Kottman, Ph.D**

Expert Play Therapist Dr. Terry Kottman illustrates that children communicate through play and that all play has a purpose. In this video, Dr. Kottman meets with a 5-year old boy who is split between two homes and lacking a sense of control in his life. By reflecting his actions, and using encouragement and suggestions through play, Dr. Kottman soon discovers that this young client needs to show her who's boss. Jon Carlson and Don Keat introduce Dr. Kottman, and facilitate an in-depth discussion of the further impact and uses of this approach. \*Part of the series CHILD THERAPY WITH THE EXPERTS #15188/1745 110 minutes 2009 \$179.95 \*CC

## **JUNGIAN PLAY THERAPY & SANDPLAY WITH CHILDREN: Myth, Mandala, and Meaning**

This program with Dr. Eric J. Green delivers an overview of play therapy from the Jungian- or analytical - perspective and instructs how to incorporate sand play with children into clinical practice. The video details the need for practitioners to develop a "safe and protected space" to allow children to individuate, becoming whole psychological individuals. A detailed description is available on our website. #15638/1410 80 minutes 2013 \$189.95

## **AGE APPROPRIATE PLAY**

As an educator, you have the crucial role of helping parents and caregivers build healthy families. This comprehensive three-volume set is the perfect tool to bring examples of age-appropriate play to life. By teaching parents the importance of these positive interactions, you can help lay the foundation for lifelong learning.

### **VOLUME ONE: The First 12 Months**

Holding, gazing and talking for bonding and stimulation  
Providing open and safe spaces for learning new gross motor skills  
Assisting with the emergence of self-awareness using simple games  
Playing with household objects to develop fine motor skills

### **VOLUME TWO: 12 to 24 Months**

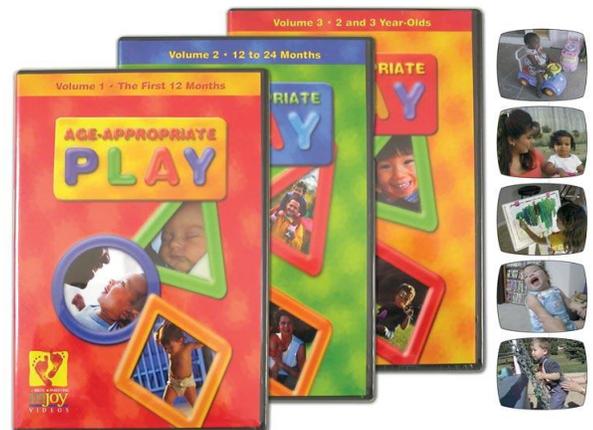
- \* Stimulating language skills through reading, singing and playing games
- \* Encouraging beginning imitative and imaginative play
- \* Offering intriguing outdoor environments for safe exploration
- \* Inspiring motor skills with balls, water, sand and other everyday objects

### **VOLUME THREE: 2- and 3-Year-Olds**

- \* Developing fine motor skills using art and other tactile play
- \* Promoting positive social behaviors at home and preschool
- \* Improving language skills with music, stories, books and more
- \* Supporting increasingly complex imaginative and cooperative play

\*All three volumes of AGE-APPROPRIATE PLAY are on one DVD and includes a Facilitator's Guide with reproducible parent handouts. There are even specific activity recommendations for caregivers, so the teaching is easier, and so is the learning.

#9035/0905 Individually \$119.95 or Three programs on one DVD 2003 \$279.95 \*CC



## **A CHILD GROWS: The First Year**

This video might be the best way to see infant development this side of becoming a parent. Our cast of infants demonstrate basic motor skills from rolling over to standing alone. They learn that objects can exist outside of their own experience, learn cause and effect, and slowly discover they are independent beings. Watch as they explore eye-hand coordination, feeding skills, a first smile, language understanding, baby talk, and the magical dance of senses and muscles called "sensorimotor" development. But no matter what their place, each child develops in a very predictable order. #9034/1120 24 minutes 2003 \$125.95 \*CC

## **UNITED PLAYGROUND: We All Belong**

We should treat others the way we would want to be treated, regardless of ability, age, gender, creed, color, nation of origin, or race. In this timely production we meet three special individuals whose "Ability" will encourage viewers to accept and celebrate all people with whom they may come in contact. This program will inspire each viewer to stop and take notice of those around them before pre-judging, and to help eliminate exclusion, teasing and bullying. This title provides a wonderful introduction to "Ability" while at the same time providing important life lessons. #14637/0697 2008 \$89.95

## **Best-Seller! GAME OVER: Gender, Race and Violence in Video Games**

Through engaging questions of gender, race and violence such as - What are the messages of video games? Are video games desensitizing children to violence? What images of masculinity and power are offered? Are video games teaching children how to kill? - this video offers a comprehensive look into the complex and controversial topic of video game violence. It is designed to encourage high school and college students to think critically about the video games they play and to get parents and educators thinking about getting some discussions going. #9818/0685 35 minutes 2000 \$129.95 (Colleges & Universities \$229.95)

## **CHILD'S PLAY: How Having Fun Shapes Development**

Every parent, or person working with or studying children, has to understand why play is so important to childhood development. They also should understand what they, as adults, can do to enhance the experience and to help increase the learning and developmental aspects without taking away the fun! This video answers all of these questions.

- \*What is play? Why do kids spend so much time playing around?
- \*From peek-a-boo to soccer, what is the role of fun and play in personal growth?
- \*Are some kinds of play better than others for development?
- \*Learn the value of the different types of play: physical, experimental, fantasy, sensory, and social play.
- \*How can the play environment be shaped to enhance learning?
- \*When should parents or caregivers join in play and when is it best to stay out?
- \*The importance of fantasy play from stuffed animals and dolls to video games and all that stuff advertised on Saturday morning TV.
- \*Learn about the importance of playgroups and nursery groups.
- \*How toys from stuffed animals to video games contribute to development.
- \*Do kids really need a roomful of toys or are a few pots and pans enough?
- \*Do organized games and sports contribute to learning?
- \*How to arrange rooms and homes for safe play.
- \*How to create the freedom needed for play while maintaining order.
- \*How does play change along with cognitive, physical, emotional and social development?

CHILD'S PLAY is based on solid, up-to-date research, yet it's as much fun to watch as the topic suggests!

#6665/1120 23 minutes 2003 \$125.95 \*Includes Guide



## **COUNSELING CHILDREN: Brief Strategies**

\*Features Mary Bradford Ivey, University of South Florida, Tampa

(Mary's school counseling program was named one of the top ten in the U.S. at the Christa MacAulliffe Conference)

This best-selling program shows how to conduct a five-stage interview with elementary students. Mary demonstrates how to use the community genogram and family tree to obtain cultural and contextual strengths of children. Subtitles highlight the key skills and strategies Mary uses in her positive approach to counseling children. Spirituality is demonstrated as an important strength for children. Brief counseling methods are also important in these energetic and spontaneous short sessions. Mary shows how to help children achieve results in a time frame children understand.

#14185/1410 60 minutes 2000 \$169.95 \*Includes transcript and handout

## **ESSENTIALS OF PLAY THERAPY WITH ABUSED CHILDREN**

This informative video program from renowned practitioner and author Eliana Gil illuminates the unique benefits of play therapy for children who have been physically or sexually abused. Sharing her warmth and clinical insight, Dr. Gil brings viewers into the therapeutic playroom, describes how play activities fit into the reparative process, and provides helpful pointers for practice. With the help of child volunteers, the video demonstrates the use of art supplies, the sandtray, puppets, the dollhouse, masks, and more. Dr. Gil also discusses ways to allay children's fears about therapy and establish a good working rapport.

#15613/0787 40 minutes 2006 \$139.95 \*Includes 39-Page Manual

## **PLAY THERAPY FOR SEVERE PSYCHOLOGICAL TRAUMA**

In this instructive video program, well-known play and family therapist Eliana Gil elucidates the nature of trauma, how to recognize it clinically, and how to manage its powerful effects on children's development with the use of specific art and play techniques. The video includes a reenacted clinical interview and footage from an actual play therapy session, as well as many moving examples of children's work. With empathy and wisdom, Dr. Gil discusses such important topics as what dissociation looks like in children's paintings and drawings and how to intervene effectively in posttraumatic play.

#15614/0787 36 minutes 2006 \*Includes 41-page Manual \$139.95

[www.kineticvideo.com](http://www.kineticvideo.com)

**Brand New! Already an Award-Winner!**

## **GAMES & ACTIVITIES TO PROMOTE WELL-ADJUSTED YOUTH (4 Volumes)**

### **PHYSICAL & MENTAL FITNESS - Volume One (87 minutes)**

Includes 29 fun and active games and activities that provide purposeful movement for the body and problem-solving for the mind. These games are perfect for youth-serving organizations that want to help kids become physically fit, as well as to develop their cognitive skills. The games and activities featured in this DVD are designed provide youth with the opportunity to enhance their level of physical health, particularly with regard to aerobic fitness, muscular endurance, muscular strength, and flexibility. As for mental fitness, the games and activities in this DVD offer youth a viable means to improve various aspects of their mental functioning, including problem-solving, attention, decision-making, and memory. This DVD consists of Physical Fitness Games 1 to 17 as well as Mental Fitness Games 18 to 29.

### **SOCIAL & SPIRITUAL FITNESS - Volume Two (81 minutes)**

Features 26 fun and meaningful games and activities that are designed to develop social skills and provide faith-building opportunities. These games are perfect for youth-serving organizations that want to help kids become socially prepared to work in teams by building healthy relationships and by developing faith and devotion to God. With regard to social fitness, the DVD includes games and activities that can enhance the social health of youth in endeavors involving teamwork and cooperation. As for spiritual fitness, the games and activities presented in this DVD offer a viable means of increasing a child's level of faith and accountability to God with the love and support of family and friends.

\*This DVD consists of Social Fitness Games 30 to 47 as well as Spiritual Fitness Games 48 to 55.

### **EMOTIONAL FITNESS & CIVILITY/SPORTSMANSHIP - Volume Three (100 minutes)**

Offers 27 fun and rewarding games and activities that can help the emotional stability of youth, as well strengthen their ability to exhibit patience, grace, and strength of character when interacting with others. These games are perfect for youth-serving organizations who want to assist kids become more emotionally balanced by creating meaningful relationships involving both trust and kindness. With regard to emotional fitness, the games and activities featured in this DVD provide youth with the opportunity to enhance their level of trust both in themselves and in others. As for civility and sportsmanship, the games and activities in this DVD are designed to give youth the opportunity to develop their skills in patience, kindness, and respect in order to create positive relationships, improve their ability to work well with others, and help prevent bullying.

\*This DVD consists of EMOTIONAL FITNESS GAMES 56 to 71 and CIVILITY/SPORTSMANSHIP GAMES 72 to 82.

### **OUTDOOR SKILLS & SELF-RELIANCE - Volume Four (62 min)**

Features 19 fun and adventuresome games and activities that are designed to enhance a participant's level of self-reliance through the development of selected outdoor skills. These games are perfect for youth-serving organizations that want to help kids thrive in the outdoors where they can build self-worth, independence, and self-sufficiency. By promoting outdoor skills and self-reliance, the games and activities provide youth with an opportunity to increase their level of confidence and experience in an outdoors setting.

\*This DVD consists of OUTDOOR SKILLS AND SELF-RELIANCE GAMES 83 to 101

#15584/0463 Four DVDs 2013 \$249.95 Grades 6 to 12

## **PLAY THERAPY SERIES with Renowned Expert Garry Landreth Ph.D.**

These programs feature Dr. Landreth in a two-day workshop "Making Contact with Children through Play Therapy". Engaging and insightful, these DVD's provide a detailed background for play therapy.

### **THE PLAY THERAPIST'S LANGUAGE OF CHANGE**

Skills and tools for responding to children's questions, anger, wanting to leave. Students learn how to formulate responses that keep the child in the lead, helping them become responsible, creative, and resilient.

### **THERAPEUTIC DIMENSIONS OF THE PLAY THERAPY RELATIONSHIP**

Play therapy asks us to see the world through the eyes of a child. Landreth teaches critical skills for facilitating emotional growth, healing, empowerment, and increasing self-esteem.

### **THERAPEUTIC LIMIT SETTING IN PLAY THERAPY: Purpose, Areas, and ACT Model**

Explores limit setting in play therapy and the therapist's role. Landreth presents The ACT Model with case examples of limit setting, and what to do when a child breaks the limits.

**TOYS AND MATERIALS FOR PLAY THERAPY** - What should - and should not - be included in a play therapy room. We also discover a "totebag playroom" and practical places to conduct play therapy sessions.

### **UNDERSTANDING PLAY BEHAVIOR AND THEMES IN PLAY THERAPY**

Students will identify stages in a play therapy relationship, messages revealed in play, and learn how to teach parents how to respond to their child's play. \*See also CHILD CENTERED PLAY THERAPY #13273

#13275/0413 Five 60-minute programs \$549.95



[www.kineticvideo.com](http://www.kineticvideo.com)

## **GAMES AND ACTIVITIES THAT TEACH LEADERSHIP AND TEAMWORK (4 Volumes)**

Four volumes in this series teach games that foster the essentials of leadership and teamwork to youth.

### **Volume One - TRUST AND INNOVATION GAMES**

Includes twenty-three games and activities that build team unity through trust and innovation. As team members come together to problem solve, relying on their own strengths, as well as the strengths of each person, they will build a bond of trust. The team will accomplish trust as they work collectively through a series of tasks that are designed to bring out the best leadership qualities of each person. At the conclusion of these games and activities, each person will have earned the trust of fellow team members. In addition, game and activity participants will have enhanced their own level of confidence by contributing innovative solutions to help the team succeed, not only during the teambuilding activity but also in the real-life situations and challenges that the team will face in their work, sports, camp, or school settings. 55 minutes

### **Volume Two - COOPERATION AND COMMUNICATION GAMES**

Includes twenty-four games and activities that focus on the benefits of cooperation and competition and then how these two teambuilding aspects can be combined to achieve positive results. Communication games feature opportunities for team members to articulate and express themselves in a positive environment, where quality listening and feedback are encouraged. The targeted outcome from these games is to bring about a deeper connection among team members as they face challenges and to provide these individuals with an enhanced ability to accomplish the tasks at hand in an effective and timely manner. 63 minutes

### **Volume Three - INITIATIVE, TENACITY AND GOAL-SETTING GAMES**

Includes thirty games and activities that are challenging and fun and are designed to encourage team members to think of new ways of accomplishing a series of tasks that may appear daunting at first, but rewarding in the end. In the activities, team members work together side-by-side, develop patience with each other, and collectively persevere through challenges in order to reach their goals and succeed as a unified team. After participating in these games, team members will have a stronger respect and appreciation for themselves and each other. 61 minutes

### **Volume Four - ADAPTABILITY, AFFINITY AND REFLECTION GAMES**

Features twenty-four games and activities that allow each individual to learn flexibility while they adjust to different team building situations. At the same time, meaningful team affinity develops as team members assist each other in problem solving different fun-filled scenarios. Reflection games provide an opportunity for discussion of leadership principles, as the group processes each activity to learn what teaching moments the activities offer that the team can benefit from and take back to the workplace environment. Reflection games also provide each person with the opportunity to share special insights that they have learned that will contribute to the overall team's understanding of leadership and teamwork. 52 minutes

#14170/0463 Four DVDs 2011 \$249.95

## **HUMAN DEVELOPMENT: 2 1/2 to 6 Years Series**

This comprehensive series covers physical growth and motor development, cognitive development, psychosocial development as well as the role of play.

### **PHYSICAL GROWTH AND MOTOR DEVELOPMENT**

Discusses the patterns of growth seen in the years between 2 1/2 and 6 and describes how the differential growth of various organs affects the child's ability to function. Describes gross motor development of the preschool child including walking, running, jumping, skipping and stair climbing. Illustrates fine motor development and eye-hand coordination, and discusses how these abilities aid the child in performing personal skills.

### **COGNITIVE DEVELOPMENT**

Describes Piaget's theories regarding cognitive development including the processes of assimilation and accommodation. Discusses preoperational thought including concepts such as irreversibility, static thought, egocentrism, conservation, classification, magical thought, animism and ritualistic behavior. Discusses language development during these years and includes a section on facilitating cognitive development.

### **PSYCHOSOCIAL DEVELOPMENT**

Begins by discussing the tasks which are crucial to a pre-schooler's emotional and social development. Describes Erikson's stages pertaining to preschool children and René Spitz's stages of how children deal with frustration. Self-awareness, self-esteem, sexuality and attachment are addressed. Throughout, helpful information is given to caregivers on topics such as sibling rivalry and discipline.

### **THE ROLE OF PLAY**

Defines play and discusses some of its functions including gross and fine motor development, cognitive development, creativity, socialization, self-awareness and therapeutic value. Describes different types of play such as physical play, including sensorimotor, mastery or skill play, and rough-and-tumble play; pretend play; dramatic play; and games with rules. The social character of play and gender differences in play are also discussed.

#13810/0430 Four 20 to 28 minute Programs 1992 \$329.95 each or Series \$969.95



## **Best-seller! LOST ADVENTURES OF CHILDHOOD: The High Price of Hyperparenting**

Sometime during the close of the 20th century, free play vanished from the lives of children. Today, a riptide of structured, highly competitive activities fills their waking hours, heightened by parental ambition and anxiety. This program examines the world of scheduled play-dates and ultra-organized sports, searching out the causes and implications of the hyper-managed childhood. Interviews feature gung-ho, technology-armed parents; summer camp staff charged with documenting each child's every move; and, most poignantly, children visibly stressed by their fast-forward lifestyles. Expert guests include Under Pressure author Carl Honoré and Psychology Today editor Hara Estroff Marano. #13302/0545 46 minutes 2009 \$149.95 \*CC

## **MAKING CHILD THERAPY WORK with Robin Walker**

Learn from master child therapist Robin Walker why play is not a way to get children to talk about therapeutic issues, but is in fact the primary language of therapy. Play provides the building blocks for a strong therapeutic relationship, while simultaneously helping children develop communication skills, increase self-esteem, and stimulate development. From activities that facilitate the integration of aggression to tips on modeling appropriate expression of difficult emotions, Walker skillfully shows therapists how to help children expand their emotional repertoire, no matter what the presenting problem. In numerous vignettes, he models how to develop a life-enhancing, caring, and authentic relationship with kids, one characterized by curiosity, interest, empathy, as well as a healthy dose of humor! Most importantly, he demonstrates how to create an environment in which each child who comes into your office can have what Walker calls a "genuine experience of self". Whether you currently work with kids and want to hone your skills, or are brand new to child therapy, this informative and inspiring video is sure to expand your capacity to truly make a difference in the lives of the children with whom you work.

By watching this video, you will:

- \* Understand how to build a therapeutic relationship that provides children with a "genuine experience of self".
- \* Identify the four stages of child therapy and how to be most effective in each stage.
- \* Learn how to help children identify, explore, and express their emotions.

#15081/1745 94 minutes 2012 \$169.95 \*Includes Instructor's Manual



## **NOT-SO-TERRIBLE TWOS**

The twos are one of child development's most confusing and exciting years. This cast of cuties demonstrates the major physical, mental, emotional developmental milestones of the third year of life. Students will witness the development of language skills, toilet training, self-awareness, and concern for others. They will learn how two-year-olds work out the contradictions of wanting both to possess and to share, to say yes and to say no, and to create and destroy. #7801/1120 22 minutes 2004 \$125.95 \*Includes Guide \*CC

## **CHILD DEVELOPMENT BASICS**

Fabulous visuals cover stages of child development including physical, intellectual and social. Come along with a group of teens who tour a child care center because they want to start a babysitting business and need to know more about what children can do at certain ages. Observe infants, toddlers, pre-schoolers and kindergartners as they explore their environment.

#14094/1290 15 minutes 2005 \$69.95 \*Includes Teaching Materials \*CC

## **MAKING SENSE OF PLAY: WHY Children Need to Play and WHAT They Need for True Play to Result**

Play - at least the kind that builds brains and forwards development - is becoming an endangered activity among those who need to engage in it most. Part of the problem is the premature pressure on children to learn and to become socialized. Another factor is the amount of screen time that children engage in. The most significant factor however is the failure to provide the conditions that result in the kind of play that helps children realize their true potential. The information contained in this two-hour course is a must for all parents, day-care providers, and early childhood educators who wish their young charges to become all they were meant to be. Play is not optional from a developmental point of view. Participants not only learn what kind of play is most beneficial but also how to support this activity in children. The information in this two-hour seminar applies to children of all ages although the primary focus is young childhood. #14989/1400 120 minutes 2012 \$129.95

## **PLAY THERAPY: Basics for Beginning Students**

In this upbeat, entertaining introduction to play therapy, Dr. Jennifer Baggerly (Counselor Education, University of South Florida) uses puppets to help communicate the rationale, principles, and basic skills of play therapy with children who have been traumatized. Each skill is demonstrated through video clips of play therapy sessions with culturally diverse children. Demonstrated skills include tracking play behavior, reflecting feelings, returning responsibility, encouragement, facilitating understanding, and setting therapeutic limits. #10539/1410 60 minutes 2006 \$179.95 \*Includes Leader's Guide

## **RELATIONSHIP PLAY THERAPY: A Clinical Session featuring Dr. Clark Moustakas**

This is a complete and unrehearsed play therapy session demonstrating:

- \* The process of building a relationship with a child
- \* Therapeutic limit setting
- \* The therapist enacting personal limits
- \* Therapist's use of self in participating in a child's play
- \* Responding to aggressive behavior
- \* Dr. Moustakas' ease in being with a child

#14512/0413 40 minutes 1997 \$189.95



## **TECHNIQUES OF PLAY THERAPY:**

### **A Clinical Demonstration**

This program is presented by Nancy Boyd Webb, a noted authority on play therapy, who provides a lively introduction to play therapy techniques. Dr. Webb skillfully demonstrates how to engage 4- to 12-year-olds, manage the various stages of therapy, and implement effective interventions using drawing materials, clay, play dough, puppets, dolls, blocks, and card and board games. Viewers are invited directly into the therapeutic playroom to see unrehearsed segments of initial play therapy sessions, follow-up sessions, and an initial parent interview. #15616/0787 50 minutes 2006 \$139.95 \*Includes a 16-page Manual

## **TRAUMA AND DISSOCIATION IN CHILDREN: A Series for Child Protection Professionals**

Abuse and neglect can have profound effects on children's neurological development, and on their behaviors. In this series, leaders in the field of trauma and dissociation come together with experts on interviewing children and prosecuting abuse cases to give child protection professionals a grounding in the psychological impacts of abuse, and provide them with better tools for working with traumatized children. The series includes recent research on children's recantation and inconsistent accounts.

The first program, **BEHAVIORAL IMPACTS**, provides the framework for the rest of the series. This introductory video explains the internal effects of trauma on children, and the behaviors that abused and neglected children may display. Topics include how the brain reacts to trauma, how children may be triggered, the different ways in which dissociation can present, and the importance of assessing for parental trauma histories. 42 minutes

While interviewing an abused child is never easy, using the right approach can make the process less stressful and produce better results. In the second program, **ISSUES FOR INTERVIEWERS**, the presenters discuss gathering information before the interview, recognizing barriers to disclosure, using open-ended questions and prompts, and helping children stay grounded. 44 minutes

The third program, **GUIDELINES FOR PROSECUTORS**, delves into the difficult issues prosecutors may face when pursuing child abuse cases. Topics include the need for prosecutors to educate themselves about psychological issues, how dissociation can confuse a child abuse investigation, preparing a child for court, and the role of expert witnesses. 42 minutes

#11360/0290 Three programs 2007 \$129.95 each or Series \$289.95

## **CHILD THERAPY WITH THE EXPERTS**

See many of the world's leading experts in child therapy and counseling conduct actual sessions. This one-of-a-kind series allows you to compare the theories and techniques of a wide range of approaches. Child therapy is decidedly more of an art than a science. Establishing rapport is the first task at hand, and it is not always an easy one! Improve your skills in working with this population by watching these master therapists quickly find a way to form a connection, and demonstrate a wide variety of tools and techniques to make the therapeutic encounter come alive and address areas of concern in a single session. Detailed descriptions of each program are available and each includes an Instructor's Manual with a full transcript of the therapy session, discussion questions, role play ideas, a reaction paper assignment, and related reading and web resources.

ADLERIAN PARENT CONSULTATION; ADLERIAN PLAY THERAPY; ADOLESCENT FAMILY THERAPY; COGNITIVE-BEHAVIORAL CHILD THERAPY; GESTALT THERAPY WITH CHILDREN; NARRATIVE THERAPY WITH CHILDREN; OBJECT RELATIONS CHILD THERAPY; PERSON-CENTERED CHILD THERAPY; PSYCHOTHERAPY WITH MEDICALLY ILL CHILDREN; REALITY THERAPY WITH CHILDREN; and, SOLUTION-FOCUSED CHILD THERAPY. #13940/1745 Eleven DVDs with Instructor's Manuals \$179.95 each or Series \$1,649.95

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