

Criminology & Corrections DVD Resources

PLEASE NOTE! Descriptions in this newsletter have been abbreviated.

Full details are available on our website at www.kineticvideo.com



VIOLENCE... Treating Abusers

New! ALCOHOL AND MEN'S VIOLENCE AGAINST WOMEN

While alcohol contributes to factors which may lead to violence against women, research shows that it is not the actual cause of violence against women by men. This program profiles four women who survived severely abusive relationships and offers additional insights from professionals in such areas as domestic violence, alcohol abuse, and law enforcement.

#15505/2055 60 minutes 2011 \$229.95

BREAKING OUT OF THE MAN BOX: Ending Violence against Women

This program radically challenges the socialization of men by examining the social norms, culture and traditional images of manhood that has created an environment that supports, tolerates and often encourages men's violence against women.

#12277/0403 35 minutes 2008 \$149.95

CHANGING MEN: Unlearning the Behaviors of Domestic Violence

This program tracks the progress of three husbands and fathers with dangerous antisocial behavioral issues - as they struggle to stop committing emotional and physical violence against those who love them the most. How did they become the way they are? And will their committed participation in group therapy



sessions enable them to salvage their marriages? #12260/0635 47 minutes 2008 \$199.95

DOMESTIC VIOLENCE: The Cause and Cure with Victims Confronting the Abuser

Earnie Larsen presents a treatment program for abusive men in this series of four 30-minute programs. After years of counseling viewers on addictions and the often troubled interpersonal relationships that seem to go with them, Earnie focuses his attention on male perpetrators of gender violence. WHERE ABUSERS COME FROM; HOW ABUSERS THINK; HOW ABUSERS CREATE THE NEXT GENERATION; and, HOW TO BREAK THE PATTERNS OF CRIMINAL THINKING AND ACTING.

#9680/1295 2000 \$229.95 each or series \$779.95

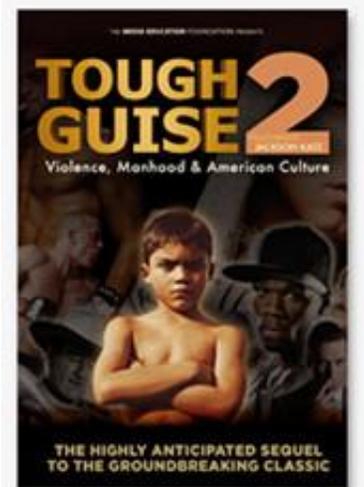
Best Seller! TOUGH GUISE 1: Media Images and The Crisis in Masculinity

While femininity has been widely examined, the role of masculinity has remained largely undefined. TOUGH GUISE offers viewers the chance to look systematically at the relationship between the images of popular culture and the social construction of masculine identities, lifestyles and attitudes to violence, anger, relationships and society. Uses excerpts from movies, music videos, and other media representations. #5782/0685 57 minutes 2002 \$119.95 (Colleges and Universities \$149.95)

New! TOUGH GUISE 2: Violence, Manhood and American Culture

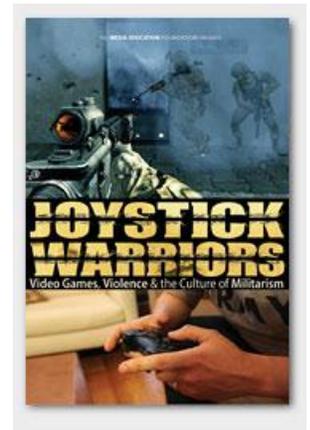
This program stands to empower a new generation of young men - and women - to challenge the myth that being a real man means putting up a false front and engaging in violent and self-destructive behavior. In a sweeping analysis that cuts across racial, ethnic, and class lines, Jackson Katz examines mass shootings, day-to-day gun violence, violence against women, bullying, gay-bashing, and American militarism against the backdrop of a culture that has normalized violent and regressive forms of masculinity in the face of challenges to traditional male power and authority.

#15660/0685 67 minutes 2013 \$179.95 (Colleges and Universities \$329.95)



New! JOYSTICK WARRIORS: Video Games, Violence and the Culture of Militarism

For years, there has been widespread speculation, but very little consensus, about the relationship between violent video games and violence in the real world. JOYSTICK WARRIORS provides the clearest account yet of the latest research on this issue. Drawing on the insights of media scholars, military analysts, combat veterans, and gamers themselves, the film trains its sights on the wildly popular genre of first-person shooter games, exploring how the immersive experience they offer links up with the larger stories we tell ourselves as a culture about violence, militarism, guns, and manhood. #15661/0685 57 minutes 2013 \$179.95 (Colleges and Universities \$309.95)



HIP HOP: Beyond Beats and Rhymes

This documentary provides a riveting examination of manhood, sexism, and homophobia in hip-hop culture. Features revealing interviews with rappers such as Mos Def, Fat Joe, Chuck D, Jadakiss, and Busta Rhymes, hip-hop mogul Russell Simmons, and cultural commentators such as Michael Eric Dyson and Beverly Guy-Shetfall. Critically acclaimed for its fearless engagement with issues of race, gender violence, and the corporate exploitation of youth culture. #10394/0685 60 minutes 2006 \$169.95 (Colleges and Universities \$339.95)

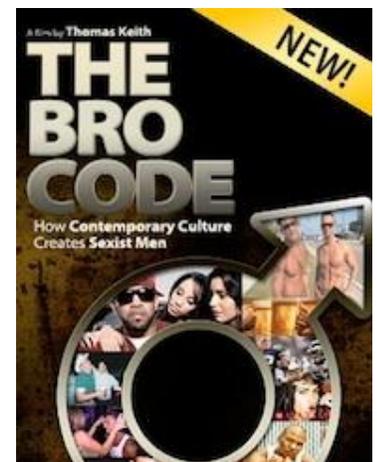
MEN AND MASCULINITY

"Excellent! Highly Recommended!" Dr. Ronald Levant - Past President of the American Psychological Association

This program provides an overview of scholarship, clinical practice innovations, and describes new techniques for helping men develop emotional self-awareness and emotional empathy. Viewers will also learn how to help men use those new skills to deeply engage in the therapeutic process. #10710/1410 60 minutes 2006 \$129.95

The BRO CODE: How Contemporary Culture Creates Sexist Men

This program takes aim at the forces in (modern) male culture that condition boys and men to dehumanize and disrespect women. The Bro Code challenges young people, young men and women alike, to step up and fight back against the idea that being a real man means being sexist. #14454/0895 58 minutes 2012 \$149.95 (Colleges and Universities \$269.95)



TIME TO CHANGE

"I'm so sorry...it'll never happen again." Oh really? Is there effective treatment for stopping men who are abusers? This highly recommended sequel to ONE HIT LEADS TO ANOTHER (see above) utilizes superior dramatizations to make viewers aware that spousal abuse just will not stop by itself. Treatment is required. #7798/2140 26 minutes 1992 \$179.95

WORST OFFENDERS: Can They Change?

This program goes inside a pedophile's distorted thought patterns while showing how expert psychological treatment, combined with blunt feedback from fellow offenders, can help bring such criminals out of denial and curb their deviant behavior. #13655/0635 47 minutes 2010 \$199.95

MEN'S WORK with Paul Kivel

This video (and support package) helps clients to see the role of violence in their lives and find actions they can take to change. Viewers learn how to reclaim the power and responsibility needed to unlearn lessons of control and aggression. #3935/0795 50 minutes 1992 \$39.95

ROOM FULL OF MEN

This program is about male violence toward women and about men who are struggling to understand and change their violent behavior. Part I examines the dimensions of abuse and its roots in values and beliefs. Part II focuses on the individual stories of the men themselves. #7799/0810 48 minutes 1991 \$129.95

SHE MADE ME MAD: Inside the Mind of the Abused and Abuser

In addition to telling a woman's story of how violence invaded her life and how she escaped, this program also turns the tables on domestic violence by exploring the mind of an abuser. #10587/0145 29 minutes 2005 \$179.95

ON SEXUAL ABUSE RECOVERY

BOYS AND MEN HEALING

A documentary about the epidemic of the sexual abuse of boys, the impact on individuals, families, and society, and the importance of male survivors healing and speaking out to end the cycle. #13285/0995 52 minutes 2010 \$119.95

BREAKING THE SILENCE with Dr. Claudia Black

An encouragement for adult victims of childhood sexual abuse to realize that disclosure is an essential element to healing. Claudia Black explains that there are procedures which make this painful process a little easier and more likely to meet with success. #10257/0110 30 minutes 1992 \$149.95

HEALING FROM CHILDHOOD SEXUAL ABUSE

Claudia Black describes the often frightening journey that the survivors of sexual abuse must take to find their inner strength, specialness and dignity. Dr. Black outlines seven steps that are vital to the process of healing. #10256/0110 30 minutes 1992 \$149.95

SEXUAL ABUSE: In the Family

Both male and female victims discuss the immediate traumatizing effect of child sexual abuse as well as revealing and discussing how that trauma has extended into their adulthood with devastating symptoms related to PTSD. Counseling experts in this field explain the effects in terms of mental health as well as the impact on social skills and relationships.

#13399/0450 52 minutes 2009 \$189.95

ANGER MANAGEMENT

THE ANGRY COUPLE: Conflict Focused Treatment

This program dramatically recreates key moments in the six-month course of therapy with Judith and Richard, a distressed couple whose marriage is threatened by a cycle of explosive anger and silent withdrawal. Dr. Susan Heitler quickly reins in their anger, cuts through the impasses that have prolonged their conflict, and uncovers the core issues that have blocked intimacy from flourishing.

#10866/1745 73 minutes 2007 \$189.95

WHEN TEMPERS FLARE: Understanding & Managing Anger

Anger is an emotion that is often expressed in extremes. Some people avoid showing anger at all costs, while others explode in rage and even violence. Both approaches can have detrimental effects on physical and emotional health. WHEN TEMPERS FLARE explores why and how we experience anger and offers practical strategies for expressing anger in constructive, rather than destructive, ways.

#10733/1710 30 minutes 2004 \$99.95

New! GETTING CONTROL OF YOURSELF

Do your clients struggle with anger? Do you struggle with finding empathy for clients who act out in anger or violence? Are you searching for new and better ways to help them manage these issues? Going far beyond the old "count to 10, take a deep breath" models, and completely eliminating shame-based techniques, Christian Conte, PhD, offers radical new ways of understanding why people rage and how they can stop. In this video, you will learn about the neurochemistry of anger, how to recognize your client's personal anger-types, and how to help them master antidotes to each. In addition, you will become skilled at helping clients recognize their triggers, detach from their thoughts, and use their self-awareness more effectively. #15467/1745 75 minutes 2012 \$159.95



Best-seller! THE ANGER BLUEPRINT

This program dramatically teaches responsible Anger, Boundaries and Safety. Based on a three-day workshop facilitated by acclaimed speaker Dr. Joann Peterson, M.S.W., A.C.S.W., Dip.C., Ph.D., this video follows twelve participants as they discover the physiological roots of anger, how to separate anger from violence, communicate boundaries, and create safety in their relationships. Dr. Peterson believes anger is a natural response to hurt, fear, frustration and loss and teaches responsible anger expression. Learn how to: Stop Domestic Violence; Resolve Conflict Quickly; Improve Relationships; Learn to Communicate Win/Win; Recognize Anger Patterns; and, Prevent Escalation. #11807/0825 90 minutes 2007 \$189.95

THE ANGER WORKSHOP SERIES

Society and conventional therapeutic wisdom posits that anger in any shape or form is "bad". Dr. Joanne Peterson believes anger is a feeling or emotional response to hurt, fear, frustration, helplessness and loss. The complete workshop includes thirteen DVDs, a 26-page Facilitator Guide and Exercise Book. *Detailed descriptions of each are available on our website.

IN ANGER'S PATH - how anger affects lives and relationships.

UNDERSTANDING ANGER'S PURPOSE - describes the physiological roots and evolution of Infantile and Adult Anger.

UNDERSTANDING VIOLENCE - learn about the many subtle and more insidious forms of violence

AGGRESS ENERGY EXERCISES - six exercises that anyone can use to engage their passion in a safe and boundaried way.

CLEARINGS - a practical tool to express negative feelings and emotions before they build, fester or explode.

VESUVIUS - another practical tool to express frustrations, resentments and events that have occurred or built up over time.

PHYSICAL EXPRESSION - Participants explore their most recurring issue and are given an opportunity to physically express it using a number of different techniques.

BOUNDARIES AND THE AUTHENTIC SELF - To function in society, we must all learn and adhere to certain norms, rules and obligations - often at the cost of our self.

BUILDING SAFE RELATIONSHIPS - Safety is a series of individually defined qualities, behaviors and actions. It is NOT a feeling. Learn to define what safety means to you and learn concrete Assessment Tools to prevent conflict from escalating to violence.

TAKING IT HOME - Participants explore how they will sabotage themselves and what they need to do when it occurs. Also learn about the "Anger Junkie" and the importance of looking beneath your own anger to learn from the hurt, fear, frustration, helplessness and loss that we all experience in our lives.

EMBRACING ANGER - There is immense freedom and empowerment in living a response-able life and that all victims make a choice to be so. The participants share their experience, lessons and aspirations as they take The Anger Workshop home.

#11810/0825 Thirteen programs 2007 \$159.95 each or any 5 for \$139.95 each or Series \$1,595.00

HANDLING ANGER AND FRUSTRATION

Let's face it - anger is a fact of life, an emotion everyone can relate to. But it isn't always handled well, and if it surges out of control, the effects can be devastating. This video examines the problems arising from extreme or repressed anger and presents helpful methods for loosening the grip that all-consuming rage can have on one's mind and actions. #14748/0635 30 minutes 2011 \$119.95

OVERCOMING ANGER: Healing from Within

How do strong negative emotions impact physical health? Do chronically angry people live shorter lives? As with giving up other bad habits (like smoking) can the act of forgiveness reverse the long-term negative effects that chronic anger has on health? Learn how to let go of anger and become happier and healthier. #10589/0145 27 minutes 2000 \$139.95

THE TRUTH ABOUT VIOLENCE

Hiding deep within the human mind - or perhaps closer to its surface than many would care to know - are forces that can cause one person to assault and kill another. This program studies the primal centers of the brain and the behaviors they control in order to gain an understanding of violence.

#15399/0635 52 minutes 2008 \$189.95

WHY ARE YOU SO ANGRY?!

Explores both the cause and effect of anger, from its roots to the final stage...dealing with the aftermath. Reveals important roles hereditary, cultural and environmental influences play in the development of a particular style of dealing with anger...expression or repression.

#6954/1835 33 minutes 1992 \$219.95



CRIME & SUBSTANCE ABUSE

Best-Seller! SEVEN SKILLS FOR ADDICTION FREE LIVING

Recovery from drug or alcohol abuse is a challenging endeavor that benefits from continued support and education. This series takes a group of people in recovery through a set of exercises targeted at increasing competence in areas such as assertiveness, problem solving, social skills, stress management, and more. This series is geared primarily towards people in recovery as well as their family members and loved ones. It is also an excellent resource for educators and trainers in addiction counseling programs, as well as staff at recovery treatment centers. Therapists in private practice will want this in their library to lend to clients struggling with substance abuse. Seven programs: ASSERTIVENESS; BEHAVIORAL SELF-CONTROL; MANAGING EMOTIONS; PROBLEM SOLVING; SOCIAL SKILLS; and, STRESS MANAGEMENT. Detailed descriptions of each program are available on our website.

#14745/1745 Seven Programs 2009 \$139.95 each or Series \$839.95

CRIMINAL AND ADDICTIVE BEHAVIOR TACTICS

Inmates, not actors, candidly discuss the tactics they have used to exact power and control over others - in prison and out of prison. This program is part of A NEW DIRECTION - a comprehensive cognitive - behavioral therapy curriculum for addicted offenders.

#12732/0795 24 minutes 2002 \$169.95

VIOLENCE AND SUBSTANCE ABUSE

Just re-released by popular demand!!! A powerful presentation designed to help violent offenders understand the relationship between their substance abuse and their violent behavior, and show them how they've used the former as an excuse for the latter.

#3838/0795 28 minutes 1996 \$149.95

HUMOR IN TREATMENT with Mark Lundholm

What's funny about a DVD on addiction recovery? Everything! In what could be the most uplifting 90 minutes ever spent in drug and alcohol rehab, HUMOR IN TREATMENT is at once familiar, edgy and ripe with optimism. As one program director says, Lundholm uses humor to disarm us - we see our pain and self-destructive behavior - and that we can progress to a new life. An indispensable tool for any counselor or client in a drug and alcohol rehab program. Funny. Raw. Inspiring. Get one of the best addiction treatment tools around. In three sequential phases - Getting Here, Being Here, and Leaving Here - the series supports the therapeutic rehabilitation of people in addiction treatment. The creators use the healing power of laughter to help individuals make sense of their story, the gauntlet of recovery, and how to re-enter life beyond.

#13904/0370 90 minutes 2007 \$229.95

New! FAMILY IN TREATMENT with Mark Lundholm

This set takes direct aim at some of the most challenging beliefs, behaviors, and barriers facing the recovering addict and his or her family. With presentations intended for separate viewing by the addict, the family members, and for both addict and family together, this engaging, humorous, and yet powerful presentation addresses many of the most difficult issues that often stand in the way of achieving and maintaining sobriety. Fully 240 minutes of treatment material; one third of which is aimed directly at the addicted alone, one third at the family alone, and one with both together.

#15299/0370 Three parts on 7 DVDs 240 minutes 2013 \$329.95

New! REFLECTIONS IN THE REAR VIEW MIRROR: Moving on from a DUI

A compilation of five videos covering a number of aspects of impaired driving. Designed to help facilitate group interaction by encouraging members of a group to discuss their own experience driving under the influence of alcohol and/or drugs.

HOW I GOT MY DUI - Individuals who were cited for driving under the influence share their experiences along with perspectives from law enforcement personnel 18 minutes

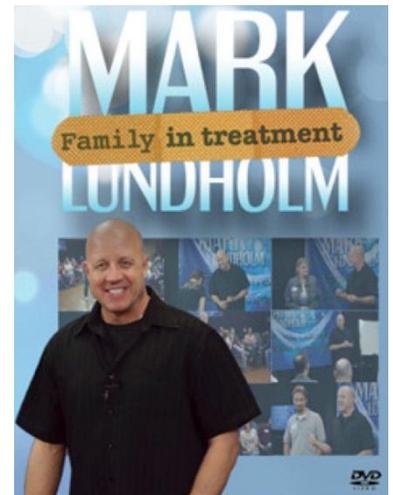
COSTS AND LOSSES - An examination of the short and long term consequences - both financial and personal. 15 minutes

PHYSIOLOGY - Presenting the physical and mental effects of alcohol and other drugs on the ability to drive. 16 minutes

LEVELS OF USE - An explanation of the seven levels provides a frame work for group members to judge their own level. 16 minutes

HOW MY LIFE CHANGED FOR THE BETTER - For many a DUI serves as a wake-up call to rethink. 9 minutes

#15572/0410 74 minutes 2013 \$329.95 *CC *SA





How I Stopped DRINKING: Four Stories Continued



WHAT MADE ME STOP DRINKING: Four Stories

An intimate and revealing look into the lives of people who are addicted to alcohol. Four very different individuals tell their stories ... all four finally faced a brutal reality - that their lives and health were falling apart. The stories are brought to life by personal interviews with the four subjects and with Susan Diamond Potts - M.A., RCC, who holds a masters in clinical psychology and who specializes in treating alcohol addiction.

#14480/1076 32 minutes 2012 \$239.95

HOW I STOPPED DRINKING: Four Stories Continued

A follow-up to "What Made Me Stop Drinking", this program investigates how those same people - recovering alcoholics - actually managed to stop drinking. They took different routes and found their own sources of support. The central message of this program is that it is possible to stop and to rediscover life without alcohol. Features Susan Diamond Potts - M.A., RCC - a clinical psychologist specializing in addiction treatment.

"Addiction is cunning, baffling, and powerful. People have to have enough resources to support their recovery." #14605 27 minutes 2012 \$239.95

New! RECOVERY BOARDGAME

Designed by two recovering individuals (one of them a professional comedian), this unique boardgame combines elements of all the games you enjoyed as a child as well as the lessons of adulthood and the BIG mistakes you made in between those periods. It involves playing cards, game pieces, and a beautiful, comical game board that is unlike anything you have ever seen. Along the way, watch out for control issues, humility, arrogance, and all kinds of personalities before principles! If you have survived your addiction, alcoholism, codependency or other anonymous affliction so far, you may have what it takes to make it through a round of Recovery...the board game!! #15300/0370 2013 \$49.95

NO MORE BETS, PLEASE *Winner CINE GOLD EAGLE Award!

This straight-talking, empowering video program offers essential information on how problem gambling develops, its damaging impact on individuals and families, and how it can successfully be treated. #15611/0787 40 minutes 2003/2008 \$129.95

COMPULSIVE GAMBLING ADDICTION AND RECOVERY: A New Approach

This comprehensive series is for recovering compulsive gamblers, their family members, therapists, counselors, recovery center staff, and administration. Features Helen Palmer and addiction and recovery counselors Renee Siegel and Rick Benson with nine exemplars from the ABC/Algamus Recovery Center in Prescott, Arizona. Experience an individualized recovery program instead of the traditional "one size fits all" approach. Over five hours of information and program development techniques are included.

*A 3 DVD set with a total run time of just over 5 hours.

*Includes Helen's extensive interviews with 9 well-spoken exemplars, each a recovering compulsive gambler working with their own type structure. #15502/0803 2012 \$229.95



New! STRIKE DICE! Betting on My Father

**American Psychological Association Convention Festival, 2011 *Western Psychological Association Convention Festival, 2011*

Addiction can break up families, and often does. STRIKE DICE is the story of a daughter whose father left the family when she was young to pursue his gambling addiction. As a grown woman, Natalie goes to Las Vegas in search of her father, whom she finds homeless, gaunt, and unwashed, but still driven by the desire to gamble. Despite her best efforts, he is initially unwilling to acknowledge his addiction and accept the help he needs. The film chronicles a daughter's struggle to get her father off the streets and back into society, and to accept him for his flaws. It follows Natalie's journey as she helps her father find shelter and treatment to conquer his addiction, and illustrates the progress they make toward repairing their relationship as father and daughter.

#15496/0605 57 minutes 2011 \$329.95

New! LOVING SOMEONE WITH AN ADDICTION

Over 23.5 million people in America are currently in recovery from addiction. For those who live with an addiction is both heartbreaking and exhausting. Family members are torn between how to help the addict and how to avoid supporting the addiction. Through interviews with experts and with families who have experienced the addiction of a loved one, this video will offer hope-filled support in the form of practical information, advice from others who have been there, and the power of shared experiences.

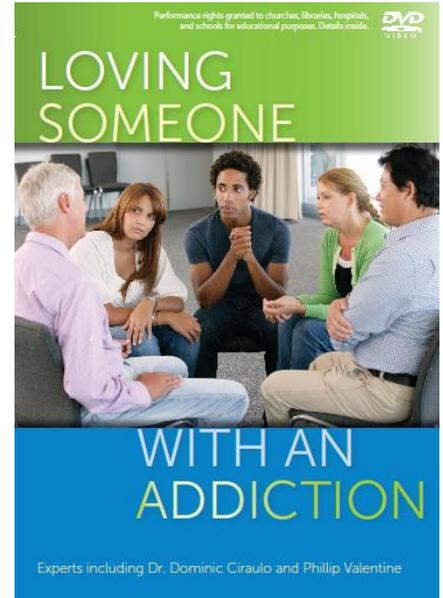
#15587/1710 60 minutes 2013 \$159.95

PROMISE ME: Parents with Addictions

How can a teenager ever be expected to cope with an addicted parent, or as in this case, TWO of them!?!? One an alcoholic and the other is a compulsive gambler! Growing up in such a household, what goes through your mind? What stability can you hold on to? Viewers get an inside view of teen hell on earth with this intense dramatization.

KIDS RECOVERY: Healing Kids of Addicted Parents

A program for parents to help them understand how their addiction negatively impacts their children. Includes interviews with spouses and significant others interspersed with Saul and the puppet Slick who provides humorous, bad advice. Chaptered in five parts including: 1) How addicted parents DISTANCE themselves from their children (9 minutes) 2) Parents and children will BOTH have to ADJUST to sobriety (9 minutes) 3) How addicted parents DENY the damage they do (5 minutes) 4) How straight parents can HEAL THE DAMAGE (11 minutes) 5) Counting the BENEFITS OF RECOVERY for parent and children (10 minutes) #15427/1905 45 minutes 2011 \$129.95



WOMEN, CRIME AND INCARCERATION

MOVING ON CURRICULUM: A Program for At-Risk Women

This package provides women with alternatives to criminal activity by helping them identify and mobilize personal and community resources. MOVING ON is a flexible, open-ended intervention program that allows continuous intake draws on the evidence-based treatment models of relational theory and cognitive-behavioral therapy can be administered to groups or individuals in community corrections as well as institutional settings can be delivered in as little as nine or as many as 13 weeks. The complete MOVING ON program includes six modules delivered in five facilitator's guides, a CD-ROM containing the program manual and all reproducible handouts, and one DVD featuring real participants demonstrating the skills they learned in the program. The Facilitator's Guides are: Modules 1 & 6: Transitions Module 2: Listening and Being Heard Module 3: Building Healthy Relationships Module 4: Expressing Emotions Module 5: Making Connections and Staying Healthy #13293/0795 Complete package DVD, CD-ROM and 5 Manuals 2010 \$579.95

WOMEN IN TRANSITION: The On-Going Challenge

This video deals with the fairly extreme challenges that face women offenders both while they are inmates and after they are released. Offers peer advice from four women who have made a new life after prison.

#1270/2220 32 minutes 1999 \$199.95

WOMEN'S PRISONS: Old Problems and New Solutions

Women in prison: is there a place for gender-specific punishment, correction, rehabilitation? Should they be set up and managed differently than institutions for men? Where do children fit in? How about sexuality? U.S and Canadian correctional facilities for women are examined and contrasted. #10296/0635 47 minutes 2001 \$179.95

WHEN THE BOUGH BREAKS: Children of Women in Prison

What happens to children when their mothers are incarcerated? In prisons throughout the United States, 80 percent of all female inmates are incarcerated for non-violent offenses, and 80 percent are mothers of vulnerable children. This sensitive multi award-winning documentary is an up-close look at children coping with their mothers' incarcerations. As the children lay bare their longing for love, each story illustrates policy gaps between the judicial and social service systems that are supposed to serve them. Such children are six times more likely than their peers to end up in prison, victims of a justice system that perpetuates the very problems it seeks to prevent. #15374/0605 58 minutes 2001 \$329.95

RECIDIVISM - STAYING OUT

CIRCLE OF JUSTICE

***WINNER! Chris Award - 52nd Columbus International Film & Video Festival
and BEST SOCIAL DOCUMENTARY at the 2004 New York International Independent Festival**

Go to prison and find oneself ... it wouldn't be the first time. Focuses on three Native North American men who established a connection to their culture and social history through participating in an education program run by a Native Brotherhood and elders within a prison. #7591/0170 51 minutes 2005 \$179.95

BEAT THE STREET SERIES: Clean and Sober in the City

A cutting-edge series that imparts the latest research into urban relapse prevention strategies covering such problematic issues as relapse, old friends and habits, emotions and relationships, jobs and school. Part 1: STREET SMARTS - Learning to Avoid Relapse; Part 2: BACK ON THE BLOCK - Early Recovery; Part 3: RECOVERING RELATIONSHIPS - Families, Partners & Kids; Part 4: CATCHIN' FEELINGS - New Ways to Cope with Emotions; Part 5: MAKING IT HAPPEN - Work, Money, School and Good Times #9170/1805 Five programs 1996 \$869.95

BEYOND ANGER: Connecting with Self and Others

Re-establishing even the most basic social relationships when one's entire psyche is still filled with the baggage of anger and resentment is virtually impossible. In these four sessions led by Earnie Larsen clients in treatment and pre-release learn that certain steps must be taken to complete any kind of recovery.

#9051/0795 50 minutes 1999 \$169.95

CHANGING LIVES, SAVING LIVES: Criminals and Gang Members Anonymous

Richard Mejico is a hardcore gang member doing time for murder. So is his cellmate: his son, Steven. This ABC News report explains how Criminals and Gang Members Anonymous, the 12-step program founded by Richard, is helping people addicted to criminal violence to break the cycle of revenge and find peace.

#4434/0635 23 minutes 2004 \$119.95

COUNTDOWN TO FREEDOM: For Men and Women

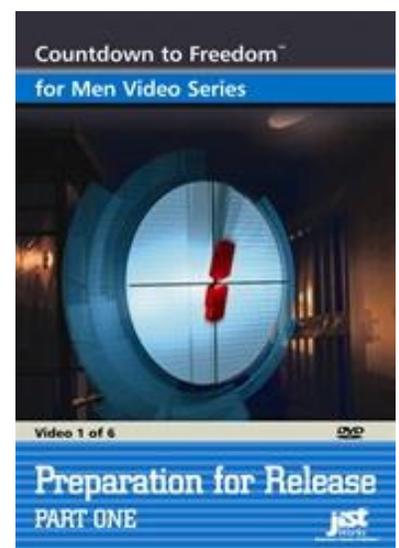
This empowering set of DVDs helps reduce recidivism and takes offenders step-by-step through the transition from incarceration to community integration. Offenders learn what steps to take prior to their release, what actions are essential to a smooth and successful transition, how to prevent relapses, overcome barriers, and more. This series consists of six programs for male offenders and six for female offenders. Though they must overcome similar barriers, men and women will face different challenges throughout their transition. Customized for a specific audience, these DVDs address the unique needs of male and female viewers. PREPARATION FOR RELEASE: Part One Focuses on changing the mindset of offenders, how to make those changes happen, and how to surround oneself with people and events that breed success. PREPARATION FOR RELEASE: Part Two Offenders learn how to create a proactive plan of action for their reentry into society and access "Outside the Walls" assistance. DAY OF RELEASE Discusses what offenders should expect on the day of their release and the actions they can take in their first 30 to 60 days after release to increase their chances of making a successful transition from incarceration to society.. RELEASE AND BEYOND: LIFESTYLE CHANGES Encourages offenders to evaluate their behavior and the factors that influence it, and to develop specific strategies to persevere in overcoming barriers. RELEASE AND BEYOND: RELAPSE TRIGGERS Helps offenders understand what factors may trigger their relapse and how to avoid and replace those triggers. RELAPSE AND BEYOND: SUPPORT SYSTEMS Offenders learn how to develop support systems of people who can hold them accountable for their actions and get them off to a positive start.

*****The six programs for men and women are also available separately as a series OR all programs are also available individually...**

#14611/1015 Six programs for MALE offenders \$149.95 each or series \$799.95

#14612 /1015 Six programs for FEMALE offenders \$149.95 each or series \$799.95

#14610/1015 Twelve programs 2007 \$149.95 each or series \$1,499.95



A SENTENCE APART

Behind prisoners lies an infinite ripple effect of incarceration on the family and community. A SENTENCE APART follows three stories of people coping with a family member in prison, attempting to bridge broken relationships, and diligently working to reverse the generational cycle of incarceration. These intimate and moving stories start to scratch the surface of the complex toll incarceration takes on the world outside of the prison walls.

#15687/1416 12 minutes 2012 \$209.95

DADS INSIDE AND OUT

This short animated video looks at the difficulties facing fathers and stepfathers who are in prison and what that means to their children. Deals with the effects of imprisonment on both fathers and children and how parents can help children to cope. Many prisoners have low self-esteem and lack confidence in themselves as parents. The video stresses that a father can still make a big difference while he is inside and any effort he makes will be worthwhile. The video shows how various fathers handle visits, negotiate with partners at home, learn communication skills and adjust to release. #13669/1120 13 minutes 2004 \$99.95



EXTREME CONSEQUENCES: The Reality of Prison Life

Aimed at keeping kids out of the penal system, this program tackles the subjects of making choices and understanding consequences. What can be learned from those who are incarcerated and actually recognize that it was their own decisions that got them there? Aside from the fear of being caught, that is! #12498/0395 40 minutes 2007 \$169.95

IN YOUR HANDS: Life after Prison

For ex-convicts, the road back into society is paved with good intentions. But a freed prisoner's plans for the future can quickly go awry, and the local support system, if one exists, may be just as ineffectual. Do public services provide what a former inmate needs? Is the "system" a safety net or a trap, every bit as confining as prison? This film documents two case studies in which the end of incarceration means not only a fresh start but also a new phase of hardship, hard luck, and hard-won dignity. #15247/0635 59 minutes 2011 \$189.95

LIFE SENTENCE: A Film by Lisa Gray

In a punitive federal system where sentencing rules and release policies are growing increasingly tough, recent statistics indicate that one in one hundred Americans is currently incarcerated. LIFE SENTENCE gives voice to six formerly incarcerated men and women, some of whom were sentenced as adolescents. Each spent between twelve and twenty-six years in prison, and must now find a way, economically and emotionally, to rebuild life on the outside. They discuss the importance of educational opportunities, including one that enabled each to complete advanced degrees before Congress abolished federal financing for these programs in 1994. #15314/0605 31 minutes 2008 \$329.95

GOING HOME: Teens Re-entering Society

All former inmates have a hard time adjusting to life outside prison, but teenagers face their own specific set of challenges after doing time. This two-part series shows how that adjustment process often plays out and how its hardships can be minimized. Covers the major sources of conflict that young people will encounter when reentering society.

FROM THE INSIDE: Personal Challenges for Teens Reentering Society

ON THE OUTSIDE: Social Challenges for Teens Reentering Society

#11532/0635 Two programs 21 and 23 minutes 2008 \$209.95

FROM PRISON TO HOME

This documentary traces the experiences of four black ex-inmates over the course of a year, focusing on their challenges with employment, housing, addiction, and reconnecting with family - as well as their participation in the nontraditional African American Program for parolees. #11662/0635 47 minutes 2007 \$199.95

LIFE AFTER PRISON: Success on the Outside

***WINNER! Bronze Statuette, Telly Awards, Gold Aurora**

An information-packed program featuring interviews with those who have beaten the odds as well as those who didn't. Also parole officers provide insight as to why some succeed and some don't. A reality-based video illustrating specific steps needed for success on the outside.

#9352/0405 40 minutes 1999 \$119.95

THE LIVING SKILLS COLLECTION

Updated and reformatted, this series provides integrated, diagnosis-specific treatment that help inmates and parolees manage the day-to-day challenges of life. Each topic-specific module includes a program DVD plus a CD-ROM containing a Facilitator Guide, Client Workbook, and pamphlet. All of the downloadable materials are reproducible. There are six modules in the series: MAKING DECISIONS; LOOKING FOR WORK; MANAGING MONEY; REFUSAL SKILLS; HYGIENE AND SELF CARE; and, VALUES AND PERSONAL RESPONSIBILITY. *Detailed descriptions are available on our website.

#13745/0795 Includes 6 DVDs and 6 CD-ROMS 2009 \$229.95 each or series \$1,269.95



PAROLE: Getting Out and Staying Out

Prison life is hard - but for most ex-convicts, life on the outside is tough, too. This video follows paroled prisoners as they re-enter civilian life and face challenges both large and small. #11533/0635 16 minutes 2006 \$79.95

MANHOOD AND VIOLENCE: Fatal Peril

Explores how a program aimed specifically at helping incarcerated men to better understand the foundations of their violent tendencies and behaviors is set up and managed. Documented success stories are related and the drop in recidivism is annotated.

#1097/0635 58 minutes 2003 \$179.95

LIVING FREE: Inspiring Ex-offenders to Overcome Barriers and Find Success

People who have been in prison often feel that making a success of their lives is nothing more than a dream. LIVING FREE features four actual ex-offenders who have successfully transitioned into the workplace and made great strides in their personal life. #14651/1015 25 minutes 2006 \$169.95

STARTING FRESH SERIES *Awarded 3 ½ stars by Video Librarian!

Being able to get a job and hold it may be the best remedy against recidivism. It is also one of the hardest things for those who have been involved in crime or other judicial problems to achieve. This series of three programs offers tips and techniques while encouraging patience and perseverance. FINDING A JOB (WITH A TROUBLED BACKGROUND); JOB INTERVIEWING (WITH A TROUBLED BACKGROUND); and, RESUMES AND COVER LETTERS (FOR THOSE WITH A TROUBLED BACKGROUND).

#11335/1280 Three 20-minute programs 2007 \$139.95 each or series \$349.95

YOUTH CORRECTIONS SERIES

This engaging series addresses the challenges today's youth face and empowers them to make better decisions. Featuring the insights of former inmates, teachers, counselors, and people who work in the juvenile justice system, this series provides a unique perspective on what youth can do to build a support network, live healthy, and achieve success in school and in life.

***This six-program series is available in two versions: one that speaks to young men and one that speaks to young women.

Though they must overcome similar barriers, young men and women face different challenges as they grow up.

WHY AM I HERE AND WHAT'S NEXT? This program begins to explore the major issues surrounding incarcerated youth. Young viewers hear from former inmates, counselors, teachers, and people who work in the juvenile justice system. Listening to their candid interviews, viewers will understand that they are not alone, every choice has a consequence, and making better choices can change their lives.

BLOOD FAMILY: FINDING SUPPORT - Looks at a family's influence on incarcerated youth. Viewers explore the relationship between families and illegal actions and learn 3 key concepts: They cannot choose their family. Their family can help and hurt them. They alone are accountable.

CREATED FAMILY: CHOOSING FRIENDS WISELY - Viewers learn why it's important to have a strong support network. Also reinforces the idea that who viewers choose as friends can determine whether they live a life successfully or behind bars.

MY BODY, MY WELL-BEING - Demonstrates that good decision-making is essential to a healthy lifestyle. Discusses drugs and alcohol, sex, and personal hygiene. Viewers learn that addiction can be conquered and that their friends can encourage them to live a healthy lifestyle.

LIFE SKILLS - Covers the skills young people need to survive as adults. Viewers gain useful recommendations from counselors, former inmates, and others. Viewers also learn how to think ahead, access available resources, and manage their money.

CHANGING THE GAME FOR A BETTER LIFE - This program recognizes that change is never easy... but it is possible. In this program, youths learn how to change. They learn three vital points: Only they can make the choice to change their lives. A strong support group is needed to make change happen. And that they are worth it.

YOUTH CORRECTIONS SERIES FOR YOUNG MEN #14609/1015 Six programs 2009 \$149.95 each or series \$799.95

YOUTH CORRECTIONS SERIES FOR YOUNG WOMEN #14613/1015 Six programs 2009 \$149.95 each or series \$799.95

CRIMINOLOGY AND LAW ENFORCEMENT TRAINING

POWER AND CONTROL: Domestic Violence

A comprehensive and timely examination of the shocking persistence of domestic violence in our society. The complex issues around domestic abuse are refracted through the story of Kim, a mother of three from Duluth, MN. The film follows Kim and her children from their early days in a battered women's shelter. Kim then sets out to start a new life - and although she is a determined and inspiring survivor, she finds that there are no easy happy endings. #15711/1421 50 minutes 2010 \$329.95



DOMESTIC VIOLENCE AND LAW ENFORCEMENT

A companion to POWER AND CONTROL (See Page this film explores best practices in three jurisdictions: Duluth, MN, home of the influential "Duluth Model"; Baltimore, MD, home of an infamously high crime rate; and the South Bronx, the nation's busiest domestic violence patrol area. Seasoned officers responding to tense, actual domestic calls show how to safely approach a fighting couple, interview, determine primary aggressor, gather evidence and write strong reports. Top brass discuss how to increase the effectiveness of officers and also look at longer range strategies. #15712/1421 20 minutes 2010 \$149.95

FORENSIC FIELD TECHNIQUES FOR HUMAN REMAINS

This program provides a comprehensive introduction to the application of forensic science to crime scenes where human remains have been found. *Viewer discretion is advised. #13482/0405 94 minutes 2009 \$199.95

CAN SCIENCE STOP CRIME?

David Pogue gives the third degree to scientists pushing the limits of technology - not only to solve horrific murders, but to try to prevent crimes. Peer inside the criminal mind and discover cutting-edge forensic techniques that help investigators stop criminals in their tracks.

#15244/1725 60 minutes 2012 \$129.95

THE CONFESSIONS

Why would four innocent men confess to a brutal crime they didn't commit? This is a study of police and prosecutorial misconduct and incompetence that leads in the directly opposite direction from justice being served. They didn't just confess; they were convicted based on those confessions!

#14067/1725 90 minutes 2010 \$129.95

CRIME AND DEVIANCE: A Sociological Inquiry

This multi-section program sheds light on crime and deviance from a number of sociological angles to illuminate aspects of their expression, function, and control within society. #14847/0635 45 minutes 2010 \$189.95

CYBERCRIME: World Wide War 3.0

The tools required to fight Internet-based offenses must constantly evolve and adapt. Unfortunately, so do the criminals. This program examines several forms of cyber-crime and their impact on law enforcement, national security, the corporate world, and society at large. #12878/0635 55 minutes 2008 \$189.95

CAUGHT IN THE WEB: Hunting the Predators

In this documentary we see how the Internet fuelled an explosion of child abuse, how police are racing to learn new CSI-type techniques to find the children displayed in abuse images that are flooding the web, and how young people can be empowered so that they can turn the tables on the predators and reclaim the Internet as a safe global neighborhood for all. #11922/0973 49 minutes 2007 \$149.95



DUE PROCESS: Understanding the U.S. Criminal Justice System

This series presents a detailed overview of the entire U.S. jurisprudence process, stressing the constitutional foundations that balance the rights of the accused with the protection of citizens. *Includes Viewable/printable instructor's guides The three programs are: CRIME, LAW, AND ENFORCEMENT: Due Process EVIDENCE AND FORENSICS: Due Process COURT, TRIALS, AND SENTENCING: Due Process *Detailed descriptions of each program are available

#14975/0405 Three 30-minute programs 2012 \$129.95 each or series \$339.95

A HEALING RIVER

A collection of passionate voices and heartfelt stories that take you on a journey through the paradigm shift that some call restorative justice. The film takes a thought provoking look at the issues of trauma, recovery and the psychological foundations of restorative process. Includes interviews with some of North America's leading thinkers and most experienced practitioners in the restorative justice movement. #15390/0867 84 minutes 2004 \$189.95

New! INDIGENOUS HEALING AND PSYCHOTHERAPEUTIC INTERVENTION: Complicating the Prospects for Integration

Multiculturalist psychologists have effectively advocated for "culturally competent" counseling interventions. They often cite traditional healing as an important resource for developing integrative forms of psychotherapy that are distinctively tailored to diverse populations. And yet, detailed consideration of this integrative project has appeared infrequently in psychology literature. Drawing on documented examples of indigenous healing practices from Northern Plains American Indian communities, Dr. Joseph Gone explores the prospects for integrating traditional healing and contemporary psychotherapy.

#15694/1410 50 minutes 2013 \$139.95



New! COMMUNITY HEALING PROGRAMS with Rupert Ross

Rupert Ross, former Crown Prosecutor, expected important systemic changes in Canada's formal justice system in wake of the Gladue decision (R.V. Gladue 1999). After his expectation failed to be realized, Ross suggest there are fundamental differences in the idea and practice of justice in Aboriginal society versus western society. Ross explains that we need to reconsider justice by focusing on relationships and adopt alternative, open-minded approaches to sentencing through community building. Ross reframes the offender/victim dichotomy and uses examples to demonstrate how groups can provide support for each of their individual members, and the larger society, to better achieve the common interests of healing and fairness. He emphasizes the importance of being open to spiritual, ceremonial and artistic pathways toward healing. #15693/0867 18 minutes 2013 \$149.95

New! POPULATION AGING AND THE CHALLENGES FOR CORRECTIONS

Within the last decade, the number of prisoners aged 50 or older has increased by more than 50%. Many incarcerated aging people exhibit health degradation more commonly associated with much older persons. Part 1 explains some of the features, causes, challenges and concerns of this increasing population of aging offenders. Part 2 presents an array of experience and perspectives which reinforces the importance of human relationship in dealing with our incarcerated citizens.

#15233/0867 Two parts 98 minutes 2012 \$189.95

New! RESTORATIVE JUSTICE IS THE LAW

Supported by findings from neurobiology, corrections and Constitutional and international law, this film illustrates that there are obligations and opportunities to respond restoratively at every level of the justice system and that the public interest is served when processes meet human rights obligations and satisfy sentencing objectives set out in the criminal code.

#15232/0867 48 minutes 2012 \$189.95

New! JUSTICE AND RECONCILIATION with Joe Solanto

Joe Solanto challenges us to examine policies and practices which often result in social harm rather than an enhanced cultural dialogue particularly with regard to the aboriginal community. He urges us to thoroughly examine the assessment tools and models we use when we approach aboriginal communities and to abandon flawed and inadequate practices and models in favor of restorative justice and community building through a deeper cultural dialogue and exchange.

#15236/0867 55 minutes 2012 \$189.95

THE NEW ASYLUMS *Emmy Nominated!

There are nearly half a million mentally ill people serving time in prisons and jails. As sheriffs and prison wardens become the unexpected and ill-equipped gatekeepers of this burgeoning population, they raise a troubling new concern: are jails and prisons our new asylums? Frontline goes inside the prison system to present a searing exploration of the complex and growing topic of mental health behind bars.

#12788 60 minutes 2005 \$99.95

THROUGH A RELATIONAL LENS with Rupert Ross

Rupert Ross' primary responsibility with the Ontario Ministry of the Attorney General was conducting criminal prosecutions in Kenora, Ontario and over twenty remote fly-in Aboriginal communities in Northwestern Ontario. Rupert's secondary responsibilities included making the criminal justice system more responsive to the present day needs and cultural traditions of Aboriginal people and gaining expertise in restorative justice processes.

#15234/0867 48 minutes 2012 \$189.95

TRAUMA AND THE EFFECTS OF VICTIMIZATION

In this three hour workshop held at Ferndale Institution with staff, prisoners and volunteers, Dr. Joe Solanto PhD speaks about trauma and how it affects our body, brain, feelings and relationships. He explains why trauma affects people differently and brings to light the kinds of individual and societal responses that can be most helpful. #15441/0867 Two programs 2007 \$189.95

TRIBUTARY STREAMS OF A HEALING RIVER: The Restorative Justice Paradigm

This 10 disc set with over 14 hours of material and workshops explores the legal, political, psychological and spiritual dimensions of the restorative justice paradigm. Detailed descriptions of each program are available on our website. DISC 1 - A HEALING RIVER: An Invitation to Explore Restorative Justice Values and Principles - takes a thought provoking look at the issues of trauma, recovery and the psychological underpinnings of restorative process. DISC 2 - Restorative Justice and the Youth Criminal Justice Act DISC 3 - PALAVAR with Howard Zehr, Ph.D., on Current Issues in Restorative Justice. DISCS 4, 5, & 6 - GLADUE Community Justice Forum highlights the landmark Canadian Supreme Court decision (1999) that decreed that judges must take into account the unique circumstances of Aboriginal people when passing sentence on Aboriginal offenders. DISCS 7 & 8 - Seminar on the Psychological Foundations of Restorative Process DISCS 9 & 10 - Trauma and the Effects of Victimization Workshop

#15063/0867 A ten DVD Collection 2007 \$449.95

TO CATCH A LIAR: Alternatives to the Polygraph

With the help of cutting-edge science, the criminal justice and counterintelligence communities have declared a new war on deception. In this program, recent advances in lie detection technology are put to the test. #14807/0635 27 minutes 2006 \$119.95



UNPRECEDENTED ACCESS INSIDE AN INTERROGATION ROOM

With unprecedented access to the inner workings of the Houston Police Department's homicide division, this ABC News program offers a rare glimpse into the tactics investigators use to get people to talk. #14928/0635 40 minutes 2010 \$189.95

TASERED! Ten years ago, it was hailed as the defining breakthrough in modern policing - a 21st century weapon that would temporarily incapacitate 100% of the time, but never kill. Today, critics, such as Amnesty International, believe the Taser® may be responsible for the deaths of more than 400 people in North America - 27 of them in Canada. The weapon's proponents say it has probably saved thousands of lives over the past decade. Can both claims be true? #14162/0973 43 minutes 2010 \$179.95

ALCOHOL AND MEN'S VIOLENCE AGAINST WOMEN

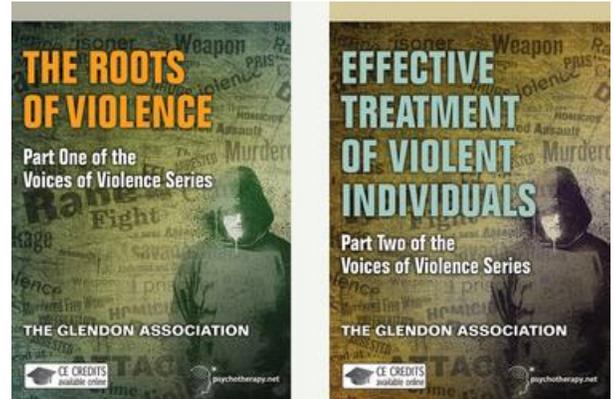
While alcohol contributes to factors which may lead to violence against women, research shows that it is not the actual cause of violence against women by men. This program profiles four women who survived severely abusive relationships and offers additional insights from professionals in such areas as domestic violence, alcohol abuse, and law enforcement.

#15505/2055 60 minutes 2011 \$229.95

THE VOICES OF VIOLENCE SERIES

These two videos provide deep insights into one of society's most intractable issues, and in opposition to the punitive approach to violence prevention, make a compelling case for treating violent offenders with human dignity and responding to violence with psychological treatment and education. In "The Roots of Violence" ten experts elucidate the root causes of violent behavior. They offer a probing look into the unsettling childhood experiences of violent offenders, examining the disturbed parent-child attachment styles, destructive thought processes, and distorted social perceptions that underlie violence. "Effective Treatment of Violent Individuals" examines the critical components of effective treatment programs for violent individuals providing an environment of safety and respect, confronting the patriarchal beliefs, social misperceptions, and destructive thoughts that precipitate violent responses to real or perceived threats.

#14470/1745 Two programs 2011 \$179.95 each or series \$349.95



ANGER AND TRIGGERS SET

Father Martin himself called Bob Francis "a modern day Father Martin"! His clear and friendly style promotes good will and positive expectations. This may be just the message your clients need to hear right now. In the first program of this set - ANGER MANAGEMENT - Bob teaches how we can learn to "drive our anger" instead of letting it drive us. In the second program - TRIGGERS - Bob explains how to associate any trigger that brings on destructive behavior with something positive instead.

#15310/0223 Two programs on one DVD 26 minutes 2012 \$149.95

PROFESSIONAL DEVELOPMENT FOR COUNSELORS AND THERAPISTS

THE ABUSED WOMAN: A Survivor Therapy Approach with Lenore Walker, Ed.D., ABPP

What techniques can be effective in counseling someone who has gone from one abusive relationship to another, especially someone who first experienced sexually abusive behavior as a child? Viewers learn about a method developed by Dr. Lenore Walker that has a proven track record in difficult cases.

#10867/1745 60 minutes 2006 \$189.95



EFFECTIVELY INTERVENING WITH VIOLENT BEHAVIOR

In this lively and engaging interview, Peter Fonagy, PhD, offers both a theoretical foundation for understanding violent behaviors as well as practical tools for clinicians working with violent offenders. #15468/1745 65 minutes 2012 \$149.95

A COGNITIVE BEHAVIORAL PERSPECTIVE ON AGGRESSION: An Interview with Dr. Donald Meichenbaum

Meichenbaum discusses early intervention strategies for children and adolescents who are prone to bullying and violent behaviors, the neurological consequences of abuse and neglect, and the components of stress inoculation used to break the cycle of violence.

#15469/1745 33 minutes 2012 \$129.95

HONOURING RESISTANCE SERIES

Practitioners in the victim services, mental health, social services, and criminal justice systems will find this series exciting, refreshing and immediately useful. This approach can be used with any victim of ill treatment or trauma, both children and adults: victims of spousal abuse, elder abuse, survivors of residential schools, victims of sexual abuse, armed robbery, accidents and disasters. #10088/2040 Two programs 2005 \$299.95

EXPOSED: Observing Human Behavior

Joy, sadness, fear, anger - sometimes they hide behind a calm, sociable façade. In other cases, the more we try to conceal them, the more visible they become. This four-part series illuminates connections between the physical and psychological aspects of human behavior. Viewers will gain an understanding of the importance of body language, facial expression, and tone of voice, in relation to key concepts such as empathy, aggression, and territorial instinct. Hosted by noted psychologist John Marsden, each program explores - through humorous, poignant, and sometimes frightening examples - the interrelationship of human emotion and action. There are four programs in the series: LIARS, HEARTBREAK, PERSUADERS, and URBAN SURVIVAL

#15400/0635 Four 56 minute programs 2006 \$539.95

TRAUMA, VIOLENCE, AND HUMAN DIGNITY

All too often dignity is crushed by the terrible things people do to each other. These five therapists have a different story to tell about clients who have experienced violence, trauma, grief and loss. The human spirit is greater than the labels of "victim" or "survivor". These stories illustrate how resilience, growth and wisdom can arise in the face of suffering.

#11115/2040 72 minutes 2007 \$209.95

STANLEY MILGRAM FILMS ON SOCIAL PSYCHOLOGY

Stanley Milgram became a controversial and compelling public figure as a result of his shocking 1962 experiment, Obedience to Authority, which revealed the extraordinary actions average people will take to follow orders. Provides the important visual imagery essential for truly understanding the foundations of Social Psychology. The set includes all six of Stanley Milgram's films based on his research in the field: *Detailed descriptions of each program are available on our website.

OBEDIENCE 45 minutes \$249.95

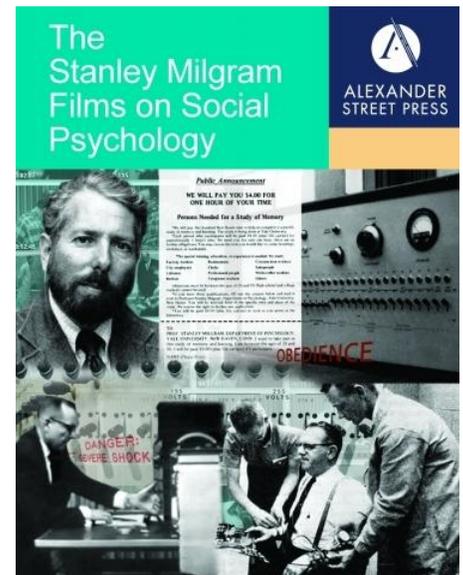
HUMAN AGGRESSION 24 minutes \$209.95

THE CITY AND THE SELF 52 minutes \$219.95

INVITATION TO SOCIAL PSYCHOLOGY 25 minutes \$209.95

NONVERBAL COMMUNICATION 22 minutes \$209.95.

#15125/1410 Six programs 2012 Series \$1,094.95



SUICIDE PREVENTION

New! THE MIND OF A RAMPAGE KILLER

What makes a person walk into a theater or a church or a classroom full of students and open fire? What combination of circumstances compels a human being to commit the most inhuman of crimes? Can science in any way help us understand these horrific events and provide clues as to how to prevent them in the future? As we try to understand the tragic events at Newtown, NOVA correspondent Miles O'Brien separates fact from fiction, investigating new theories that the most destructive rampage killers are driven most of all, not by the urge to kill, but the wish to die. **Could suicide - and the desire to go out in a media-fueled blaze of glory - be the main motivation?** How much can science tell us about a brain at risk for violence? Most importantly, can we recognize dangerous minds in time -- and stop the next Newtown? #15511/1725 60 minutes 2013 \$129.95 *CC

SUICIDE AND SELF-HARM: Helping People at Risk with Linda Gask, MD

This comprehensive video from the University of Manchester walks through all the steps necessary to effectively intervene when a client threatens suicide or self-harm. You'll learn about assessment, crisis management, problem solving, and crisis prevention through a variety of realistic vignettes. Knowing what to do or say can be difficult to figure out when sitting with a potentially suicidal client. By watching clinicians work with a range of clients - including a school teacher, a teenage addict, and a paranoid-psychotic man - you'll learn how to create a quick and effective alliance with your client, and how to ask the difficult questions that are necessary to assess suicidality and help them through their crisis. With her expert narration, Dr. Linda Gask guides you through each key step and technique of the process from beginning to end.

#12821/1745 91 minutes 2009 \$179.95

New! SUICIDAL SIGNS: Depression, Self-Mutilation, RAD

Young people with mental health problems such as anxiety, depression, bipolar disorder, self mutilation, reactive attachment disorder are at higher risk for suicidal thoughts. Raising teenagers with mental health issues can be a difficult and very challenging experience. Through personal stories and discussions, you'll learn some of the reasons for mental illness and some of the solutions and resources for dealing with and available to help support families. Health professionals explore the subject of mental illness and offer thoughtful counsel and advice for parents and teens to help guide them through challenging times.
#15329/2003 21 minutes 2013 \$89.95

LOST AND FOUND: Young People Talk about Depression

***CHRIS AWARD - Columbus International CINE Award**

A powerful peer to peer video featuring eight young adults, ages 11 to 20, who discuss the sources, impact and aftermath of depression in their lives. Topics touched upon include: abuse, alcoholism, suicide, terminal illness, death, adoption and self-esteem. This timely production provides unusual insight into common and unique factors that cause depression, creative and successful methods of coping, resolutions that offer hope about the condition and challenges that must be faced in an effort to return to one's perceived self. #14511/0697 22 minutes 2009 \$169.95 *SA

SUICIDE ASSESSMENT AND PREVENTION

Professional counselors are often the first and last line of defense against suicide. Training them to recognize symptoms and signals indicating suicidal tendencies and then to effectively deal with their clients who exhibit such is the main focus of this comprehensive video. Dr. John Westefeld brings us his life-time work and research on suicide prevention.
#12603/1410 50 minutes 2008 \$199.95

VOICES OF SUICIDE: Learning from Those Who Lived

This video is an invaluable resource for mental health professionals in understanding the minds of suicidal individuals and the elements necessary for successful treatment and recovery. Learn from three people that made highly lethal suicide attempts and survived, as they courageously share their stories of self-destructiveness, survival, and recovery. They reveal intimate details of their life histories that contributed to their attempts. In addition, interviews from expert psychologists provide important insights into the relationship between early developmental experiences and the later psychological states that lead to suicidal behavior.
#12493/1745 62 minutes 2008 \$149.95

DIAGNOSIS BIPOLAR: Five Families Search for Answers

Suicidal impulses, hyper-sexuality, recurring nightmares - these are only a few of the symptoms of bipolar disorder. But what is it like for families of bipolar children and teens? This documentary takes viewers inside five households ravaged by the illness, revealing painful dilemmas over medication, school, and family dynamics. Experts in bipolar disorder are also featured. An HBO Production. #13652/0635 49 minutes 2009 \$199.95 *CC

REBT IN ACTION SERIES

Albert Ellis and his protege, Janet Wolfe, demonstrate the tools and techniques of Rational Emotive Behavior Therapy (REBT) in this gripping series.

RATIONAL EMOTIVE BEHAVIOR THERAPY FOR ADDICTIONS by Albert Ellis

Learn to use Rational Emotive Behavior Therapy with clients struggling with addiction by watching the originator of the method in an actual therapy session.

REBT FOR ANGER MANAGEMENT by Janet Wolfe

See REBT in action in an actual therapy session with a client needing help with anger management.

MY KIDS DON'T APPRECIATE ME by Janet Wolfe

See REBT in action in an actual therapy session with a single mother struggling to effectively parent her teenage children.

COPING WITH THE SUICIDE OF A LOVED ONE by Albert Ellis

Learn to use Rational Emotive Behavior Therapy (REBT) from the man who developed the method in a therapy session with Roseanne, whose husband committed suicide in front of her and her baby daughter ten years ago.

#13877/1745 Four programs 2010 \$579.95 *CC

