

## PROFESSIONAL MENTAL HEALTH

### AARON BECK ON COGNITIVE THERAPY

The founder of Cognitive Therapy, and "one of the five most influential psychotherapists of all time" according to The American Psychologist, Dr. Aaron Beck revolutionized the way millions of clinicians approach clients in distress. Here is a chance to hear directly from one of the most innovative thinkers in our field. In this engaging interview, Beck discusses his process of developing cognitive therapy - from his early days as a psychoanalyst, through his disillusionment with psychoanalysis and creation of a therapeutic model that reflected his research and actual experiences with clients. #15225/1745 51 minutes 2012 \$159.39 \*CC \*Includes Instructor's Manual

### ACCELERATED EXPERIENTIAL DYNAMIC PSYCHOTHERAPY (AEDP) WITH A MALE CLIENT

Diana Fosha PhD demonstrates accelerated experiential dynamic psychotherapy with a male client with anxiety. This approach is effective with male clients because it avoids pathologizing problems, and instead affirms strengths and reflects positive qualities to offset commonly negative expectations of treatment. #15462/0157 100 minutes 2013 \$139.95 \*CC

### THE ACE STUDY (Adverse Childhood Experiences)

This series, aimed principally at medical and mental health professionals, examines the Adverse Childhood Experiences (ACE) Study, its scientific results and the implications of those results. Do unhealthy lifestyles and behaviors that develop in adolescence and continue through adulthood actually have a direct co-relation to negative experiences in childhood? #9620/0290 Two programs 2005 \$259.95 \*SA **\*SPECIAL OFFER - 15%**

### ADLERIAN THERAPY with Jon Carlson, PsyD, EdD

Adlerian therapists aim to understand how clients fit into their worlds, and how family and cultural backgrounds shape clients and influence their therapeutic processes and individual needs. Watch Jon Carlson masterfully demonstrate Adlerian Therapy in an actual therapy session in this three-part video! Part of the "Psychotherapy with the Experts Series". #12749/1745 118 minutes 2009 \$189.95 \*CC **\*SPECIAL OFFER - 15%**



### AFFIRMATIVE PSYCHOTHERAPY WITH GAY CLIENTS

Kathleen J. Bieschke demonstrates her affirmative approach to psychotherapy, working with a young man to uncover his interpersonal concerns within the context of his gay identity. Dr. Bieschke fosters the client's development of assertiveness, transparency with people, and ability to advocate for himself so that he can enjoy more satisfying relationships. #14986/0157 100 minutes 2012 \$119.95 \*CC

### AGGRESSION: Is Violence Learned?

Are all people capable of murder? What drives people to violence? Can TV affect our actions and even influence us to acts of violence? This interview-led documentary style program examines aggressive media, aggressive behavior and the banality of evil with the support of original film footage of research and actual crimes. An excellent resource for studies in applied psychology, this program features research psychologists providing explanations and reasoning behind aggression. #15749/0545 22 minutes 2013 \$149.95 \*CC \*SA

### ALBERT ELLIS ON REBT

Considered by many to be the founder of cognitive behavioral therapy and one of the most influential psychologists of all time, Albert Ellis, founder of REBT, is nothing if not controversial. In two separate interviews with Drs. Arthur Freeman and Myrtle Heery we meet Ellis face-to-face, providing viewers with insight into the core principles of REBT, as well as the passionate and irreverent man behind this popular, confrontational approach to change. #15224/1745 110 minutes 2012 \$159.95 \*CC

### THE ANIMATED MINDS COLLECTION

This multi-award-winning collection of eight three-to-six-minute micro-documentaries attempts to communicate the subjective experience of abnormal psychological states by blending edgy animation with narration by people who live each day with debilitating mental conditions. Impressionistic, abstract, and even surreal, these dark cinematic gems are designed to help eliminate misconceptions about mental illness by promoting viewer empathy. Compelling; insightful; honest. Segments include: Schizophrenia, Bipolar Disorder, Agoraphobia and Panic Attacks, Eating Disorders, Obsessive-Compulsive Disorder, Asperger's Syndrome, and, Self-Harm. #14209/0635 37 minutes 2010 \$169.95

### ARCHETYPAL PSYCHOLOGY AND PSYCHOTHERAPY SERIES with James Hillman

In these two interviews with James Hillman, the founder of Archetypal Psychology, minces no words in critiquing current directions in psychotherapy, and shares his vision for a more creative, soulful, and imaginative approach. Hillman further probes deeply into the psyche and underbelly of modern society, and offers some unexpected insights. #13897/1745 Two programs 129 minutes 2010 \$319.95

### ASSESSMENT AND PSYCHOLOGICAL TREATMENT OF BIPOLAR DISORDER

Watch Kay Redfield Jamison, bestselling author of "An Unquiet Mind" and international expert on bipolar disorder, in this informative and intriguing interview that presents essential information on assessment and treatment of bipolar disorder in psychotherapy. #14404/1745 53 minutes 2011 \$159.95 \*CC

**(\*\*\*See also BOY INTERRUPTED on Page 17\*\*\*)**

**\*Best-seller!** BASIC INFLUENCING SKILLS - 4th Edition

This is a completely new series with relevant and important options for counselor training and professional development. Students will observe the specifics of influencing skills in reality based demonstrations with many subscripts and discussion questions.  
#15190/1410 150 minutes 2012 \$339.95 \*SA

**ASSISTED LIVING DECISIONS IN PSYCHOTHERAPY**

Assisted living decisions are often thought of as merely residential choices, but they reflect a host of considerations: Finances, healthcare, and concerns about new and unknown environments are key elements to consider during this complex process. In this video, Claudia Drossel demonstrates an approach to therapy with caregivers and their loved ones in which the therapist's role is to put the clients' personal history and values in context as they explore the best care options for the clients' circumstances. #15843/0157 100 minutes 2013 \$169.95 \*CC

**AT THE CORNER OF ME AND MYSELF: Voices of Multiple Social Identities**

This program captures the creative expressions of five performers/artists giving voice to the realities they find in multicultural identities, sexual orientation, and other intersections of social identity and oppression. These powerful vignettes will help your students better understand oppression and its impact on people, as well as understand how social context defines an individual.  
#12715/1410 40 minutes 2009 \$129.95 Grades 9 to A \*CC \*SA **\*SPECIAL OFFER – 15%**



**BECOMING A THERAPIST: Inside the Learning Curve**

Now you can help your students walk into their first session with confidence! They'll hear from new therapists what it's like to begin clinical work, which will answer troublesome questions, anxieties and provide for fruitful group discussion. #13568/1745 25 minutes 2010 \$149.95 \*CC

**BOTH SIDES OF THE COIN \*Canadian!**

A unique and personal look at the issues surrounding the sexual abuse of children and how it affects them as adults. Profiles the lives of two men - a violent victim of violent sexual abuse and a convicted pedophile. With their therapists, they discuss their experiences with the post-traumatic healing process and present their personal insight on the impact of trauma on a survivor's life. An excellent training program for police, prison, and social work.  
#10066/0900 47 minutes 1991 \$129.95 \*SA

**BOWENIAN FAMILY THERAPY with Philip Guerin**

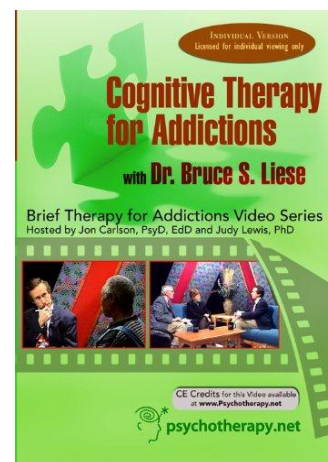
In this video, Guerin skillfully demonstrates ways to engage a closed family system, while highlighting several key principles of Bowenian therapy, including: establishing therapeutic safety and connection with each family member; lowering anxiety; utilizing process questions; neutralizing dysfunctional triangles in the family system; and offering relationship experiments.  
#13893/1745 117 minutes 2010 \$189.95 **\*SPECIAL OFFER – 15%**

**\*New!** BRAIN BASED THERAPY FOR ADOLESCENTS with John Arden

Relying on research in developmental neurobiology, neuroscience, temperament, and attachment studies as well as evidence-based psychotherapeutic practices, this program addresses the importance of understanding how the brain develops and functions during the actual work of child and adolescent psychotherapy.  
#15646/1410 60 minutes 2013 \$189.95 \*SA

**BRIEF THERAPY FOR ADDICTIONS SERIES**

This comprehensive professional development series consists of seven programs:  
STAGES OF CHANGE FOR ADDICTIONS model with John C. Norcross 66 minutes  
MOTIVATIONAL INTERVIEWING with William R. Miller 102 minutes  
COGNITIVE THERAPY with Bruce S. Liese 115 minutes  
INTEGRATING THERAPY WITH 12-STEP PROGRAMS with Joan Ellen Zweben 114 minutes  
HARM REDUCTION THERAPY FOR ADDICTIONS with Dr. G. Alan Marlatt 115 minutes  
COUPLES THERAPY FOR ADDICTIONS with Dr. Barbara S. McCrady 116 minutes  
REALITY THERAPY FOR ADDICTIONS with Robert Wubbolding, EdD 107 minutes  
#11535/1745 Seven programs 2007 \$179.95 each or Series \$1,099.95 **\*SPECIAL OFFER – 15%**



**CAREER COUNSELING: Multi-ethnic Demonstrations**

These two videos present real-life examples of career counseling in action, integrating multicultural and career strategies. Dr. Anika K. Warren of Columbia University facilitates guided discovery through key skills such as career assessment, career visualization, and integrating results with client background and goals.

**CAREER COUNSELING SKILLS FOR CONTEXTUAL DECISION-MAKING**

Dr. Warren counsels a Vietnamese-American gay male transitioning from college to work. She shows how social, familial, and cultural factors influence career development.

**CAREER COUNSELING SKILLS FOR GUIDED DISCOVERY AND CAREER ASSESSMENT**

The client is a college-educated African-American female who has worked for 10 years in the non-profit sector. She is considering a career change. Dr Warren demonstrates five career counseling skill segments that integrate multicultural issues.

#10703/1410 Two 60-minute programs 2006 \$169.95 each or Series \$289.95 \*SA **\*SPECIAL OFFER – 15%**

### CARL GUSTAVE JUNG (A Tribute to): Artist of the Soul

The Swiss psychiatrist Carl Gustav Jung (1875-1961) was one of the founding fathers of modern depth psychology. His most famous concept, the collective unconscious, had a deep influence not only on psychology but also on philosophy and the arts. Here, in his own words and writings, as well as with accounts of his closest relatives, we gain a personal insight into the life of the great psychoanalyst.

#13486/0450 60 minutes 2007 \$209.95 \*SA **\*SPECIAL OFFER – 15%**

### COACHING AND COUNSELING with Allen Ivey

Allen Ivey demonstrates the basic coaching model with a white female client. The issues focus on life goals and a five-step model of counseling/coaching is demonstrated. The model can be generalized for use in multiple situations. You will also find that the word coaching is more acceptable to some clients who may shy away from counseling and therapy.

**\*SPECIAL OFFER – 15%**  
#14366/1410 25 minutes 2011 \$129.95 \*SA

### CARL ROGERS ON PERSON-CENTERED THERAPY

In this historic interview with Carl Rogers filmed two years before he passed away, the man named the single most influential psychotherapist of the past quarter-century, the founder of the person-centered approach, reflects on his major contributions and explores his provocative opinions on a wide range of topics including therapy, education, and social change.

#14911/1745 70 minutes 2012 \$149.95

### CHILD THERAPY CASE CONSULTATION

Combining Gestalt and expressive arts therapies, Dr. Violet Oaklander has been training therapists from around the world in her unique approach for several decades. Sprinkling in Gestalt themes such as the importance of contact and following the aliveness, Oaklander also demonstrates the specifics of using art therapy techniques to explore each child's emotional landscape. By sitting in on this consultation session, you will receive a wealth of concrete, practical strategies, and walk away feeling more confident in your ability to bring child therapy to life.

#14623/1745 106 minutes 2011 \$179.95

### COGNITIVE BEHAVIORAL PERSPECTIVE ON AGGRESSION: An Interview with Dr. Donald Meichenbaum

In this lively interview, Meichenbaum discusses early intervention strategies for children and adolescents who are prone to bullying and violent behaviors, the neurological consequences of abuse and neglect, and the components of stress inoculation used to break the cycle of violence.

#15469/1745 33 minutes 2012 \$129.95 \*CC

### **New!** COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION

Cognitive-behavioral therapy (CBT) is an effective and appropriate approach for late-life depression because it is problem focused, examining and treating present-day problems that negatively impact the client's quality of life. In this video, Dr. Dolores Gallagher-Thompson works with an older woman with depression, demonstrating the technical assets of CBT while skillfully building an effective therapeutic relationship with the client.

#15463/0157 100 minutes 2013 \$139.95 \*CC

### COGNITIVE THERAPY FOR OBSESSIONS

Stopping obsessional thinking patterns is one of the most vexing challenges people deal with, and most therapists are equally mystified about how to really help their clients free themselves from the torture of fearful thoughts. Here, notable anxiety disorder expert Reid Wilson employs a variation of cognitive-behavioral and strategic methods in two live sessions, demonstrating his unique approach to tackling obsessive thinking.

#15223/1745 164 minutes 2012 \$179.95 \*CC

### COGNITIVE THERAPY FOR WEIGHT LOSS: A Coaching Session

In this video of an actual cognitive therapy session, Dr. Judith Beck works with Anne to develop practical skills that will enable her to lose weight and make enduring changes to her lifestyle.

#13873/1745 75 minutes 2010 \$179.95

### COGNITIVE-BEHAVIORAL THERAPY FOR PTSD (3-Ring Binder and CD-ROM)

One out of three patients in addiction treatment has post-traumatic stress disorder (PTSD). Now more than ever, treatment professionals require reliable and effective resources to address the needs of patients with substance use and post-traumatic stress disorders. Based on research funded by the National Institutes of Health, Cognitive-Behavioral Therapy for PTSD is an easy-to-implement, evidence-based program for the integrated treatment of co-occurring **substance use and post-traumatic stress disorders**.

#13633/0795 Binder and CD-ROM 2010 \$219.95

### COGNITIVE-BEHAVIORAL THERAPY with John Krumboltz, PhD

John Krumboltz's learning approach to Cognitive Behavioral Therapy is an inspiration to all therapists, regardless of orientation. Watch him masterfully demonstrate an actual therapy session in this three-part video!

Part of the "Psychotherapy with the Experts Series". #12751/1745 118 minutes 2009 \$189.95 \*CC **\*SPECIAL OFFER – 15%**

### COLLABORATIVE HELPING: A Practice Framework for Family-Centered Services with William Madsen, Family Institute of Cambridge

This video introduces Collaborative Helping, an integrated practice framework that draws from cutting edge ideas and practices in family therapy, community / organizational development, and post-modern thinking while applying them in a concrete and accessible fashion. It offers a flexible map to help practitioners operationalize family-centered principles in the everyday "messiness" of practice in order to assist individuals and families envision desired lives, address long-standing problems and develop proactive coping strategies in the context of their local communities.

#15203/1410 120 minutes 2001 \$189.95 \*SA **\*SPECIAL OFFER – 15%**



## COUPLES THERAPY WITH THE EXPERTS

Couples therapy is exceedingly difficult to master, and in-depth training and experience in individual therapy unfortunately does not prepare one for the rapid pace, potential pitfalls, and multifaceted nature of working with couples in crisis. This unique series showcases six leading couples therapists conducting live sessions and then discussing their work. By viewing these practitioners actually doing couples therapy, students and therapists-in-training will get a better sense of what couples therapy is really like, and can have different styles to emulate.

**BEHAVIORAL COUPLES THERAPY** - Richard Stuart, DSW

**EMOTIONALLY FOCUSED COUPLES THERAPY** - Sue Johnson, EdD

**EXPERIENTIAL THERAPY** - Augustus Y. Napier, PhD

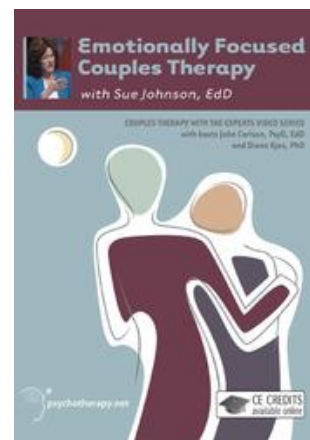
**IMAGO COUPLES THERAPY** - Pat Love, EdD

**INTERNAL FAMILY SYSTEMS THERAPY** - Richard Schwartz, PhD

**STRATEGIC COUPLES THERAPY** - James Coyne, PhD

\*Includes an Instructor's Manual for each program

#13885/1745 Six programs 2 hours each 2010 \$189.95 each or Series \$799.95 \*CC **\*SPECIAL OFFER – 15%**



## THE CONFESSIONS

Why would four innocent men confess to a brutal crime they didn't commit? This is a study of police and prosecutorial misconduct and incompetence that leads in the directly opposite direction from justice being served. They didn't just confess; they were convicted based on those confessions! #14067/1725 90 minutes 2010 \$129.95 \*CC **\*SPECIAL OFFER – 15%**

## CONFRONTING DEATH AND OTHER EXISTENTIAL ISSUES IN PSYCHOTHERAPY with Irvin Yalom, M.D.

Here's a chance to have a front row seat as Dr. Irvin Yalom talks to a packed room of therapists about a topic rarely discussed in our field: death. Sharing ideas from his most recent book, "Staring at the Sun" Yalom shows us how to confront death in order to invigorate and enhance our own lives and the lives of our patients. #14405/1745 94 minutes 2011 \$159.95 \*CC

## COUNSELING AND NEUROSCIENCE: Implications for Microskills and Practice

Dr. Allen Ivey presents brain basics to a class of counselors and therapists. Those who teach the skills course will find this video's attention to microskill implications for neural plasticity and the impact of a positive approach on neurons and neurotransmitters. Social justice implications such as the poisoning of the brain from poverty and abuse are stressed. Counseling using the microskills wellness approach can actually help the client develop new neural networks. #12717/1410 60 minutes 2009 \$169.95 \*CC \*SA **\*SPECIAL OFFER – 15%**

## COUNSELING CHILDREN: Brief Strategies

\*Features Mary Bradford Ivey, University of South Florida, Tampa (Mary's school counseling program was named one of the top ten in the U.S. at the Christa MacAulliffe Conference) This best-selling program shows how to conduct a five-stage interview with elementary students. Mary demonstrates how to use the community genogram and family tree to obtain cultural and contextual strengths of children. Subtitles highlight the key skills and strategies Mary uses in her positive approach to counseling children. Spirituality is demonstrated as an important strength for children. #14185/1410 60 minutes 2000 \$169.95 \*SA **\*SPECIAL OFFER – 15%**

## DREAM WORK IN PRACTICE

In this DVD, Clara E. Hill PhD demonstrates her three-stage model for working with dreams, where she works with the client to explore the dream in detail, find insights by expanding on initial interpretations of the dream, and consolidate those insights and take action to address issues in her waking life. #15464/0157 100 minutes 2013 \$139.95 \*CC

## COUNSELING INTAKE PROCESS: Culturally Competent Demonstrations and Debriefings

\*Features Brent Beam, with Karolyn Sentor and Craig Woodsmall, Washington University in St. Louis What is the counseling intake process and how can mental health practitioners make it successful for clients of culturally diverse backgrounds? In this program two distinctively different approaches to the intake session are demonstrated. #14367/1410 100 minutes 2010 \$199.95 Grades 9 to A \*SA

## COUNSELING PERSONS WITH PHYSICAL DISABILITIES

Robin Miller demonstrates how cognitive reframing can be used to change the client's negative thought patterns to more positive thoughts and shares the importance of identifying strengths to increase the client's self-efficacy. It concludes with information on disability sensitivity tips.

#15629/1410 30 minutes 2010 \$129.95 \*SA

## COUNSELING THE ANTISOCIAL CLIENT: Working with Resistance and Denial

How does a counselor deal with a court-referred client who places little value on reflective thinking and who views counseling only as a means of avoiding prison? What communication skills are needed to 'get through'? Is it even possible? **\*SPECIAL OFFER – 15%**

#10701/1410 60 minutes 2005 \$179.95 \*SA

## DELETE: The Art of Forgetting

In Canada, a simple medication is being used to liberate people from traumatic memories. And an entirely different approach is being taken in Munich - trauma therapy through simple eye exercises, known as eye movement desensitization and reprocessing, or EMDR. Will neuroscientists succeed in finding the brain's delete key? #14977/0405 52 minutes 2011 \$189.95 Grades 9 to A \*CC

### CREATING MORE SATISFYING LIVES: A Live Demonstration of Happenstance Career Theory

In a spontaneous and unrehearsed demonstration, Dr. Krumboltz applies Happenstance Learning Theory with a female Chinese-American graduate student contemplating career directions. Career counseling here goes far beyond achieving the so-called BEST job for the MOST money. It also is taken past strict career PLANNING in that spontaneity, luck and perhaps fate can all play parts in delivering true job satisfaction.

#12647/1410 40 minutes 2009 \$179.95 \*SA \*SPECIAL OFFER – 15%

### CREATIVE HEALING IN MENTAL HEALTH

\*Featuring Judith Rubin, PhD and Eleanor Irwin, PhD Here is a rare opportunity to witness world-famous art and drama therapists working with clients from all walks of life on their journeys to healing, including an adolescent boy with Asperger's, families affected by cancer, an Alzheimer's patient, and combat veterans. See how these simple yet profound techniques support clients in uncovering unexpected parts of themselves as they process traumas, explore their fears, and tap into strengths they didn't know they had. #14471/1745 50 minutes 2011 \$169.95 \*CC

### CRISIS INTERVENTION IN ACTION

These video clips demonstrate various crisis intervention scenarios through the use of role-play by the author and his students. Included scenarios address job loss, complicated grief, domestic violence, psychological autopsy, Critical Incident Stress Debriefing, PTSD, rape, violent students, and suicide. Also included is an interview with a crisis worker who dealt with Katrina evacuees.

#14744/0430 2012 \$149.95 \*CC \*SA

### CULTURAL IDENTITY THEORY: Definition, Present Status, and Research Findings

William Cross's original work with racial identity theory has expanded and influenced all multicultural thought. In this new program, we see an expanded version of the theory. Cultural identity theory changed the way we think about therapy with all clients, regardless of color, gender, or sexual orientation.

#13148/1410 90 minutes 2009 \$195.95 \*SA \*SPECIAL OFFER – 15%

### DEATH, DYING AND GRIEF IN PSYCHOTHERAPY

Led by Milton Viederman, MD, therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying. This series contains two volumes: A Brief Psychodynamic Approach and Hospital Consultation with Mentally Ill Patients. #13770/1745 Two programs 2010 \$329.95 \*CC

### **New!** DIALECTICAL BEHAVIORAL THERAPY with Marsha Linehan, PhD

Enjoy this rare opportunity to watch a true pioneer in action. Marsha Linehan is the creator of Dialectical Behavior Therapy (DBT) and is best known for her success with suicidal and highly complex clients. The amount of evidence-based research surrounding DBT is tremendous; not only in its application with Borderline Personality Disorder, but also with many other hard-to-treat conditions. In this video, watch Linehan demonstrate her approach with an extremely challenging client who manifests significant Axis II issues

#15530/1745 96 minutes 2013 \$179.95 \*CC

### DIFFICULT CLIENTS, CHALLENGING SITUATIONS

\*Featuring Kevin Nadal, John Jay College of Criminal Justice While counseling programs train their students to enter the world of counseling, sometimes these beginning counselors find themselves in difficult and uncomfortable situations. This video addresses some of those challenging moments in session, where a counselor has to think quickly and respond appropriately.

#14842/1410 30 minutes 2011 \$169.95 \*SA

### DISABILITY AFFIRMATIVE THERAPY: A Beginner's Guide

Counseling people with disabilities such as blindness, MS, cerebral palsy, etc., can be stressful, even anxiety-producing, for many counselors. This video examines the roots of the problem and offers students of counseling specific suggestions for overcoming it within themselves. #10697/1410 40 minutes 2004 \$169.95 \*CC \*SA

\*SPECIAL OFFER – 15%

### DISASTER MENTAL HEALTH AND CRISIS STABILIZATION FOR CHILDREN

How can professionals really help children recover from trauma after disasters? This live demonstration video presents the guiding principles for effectively dealing with post traumatic effects after children experience extremes of violence and/or destruction, even such as Hurricane Katrina and the devastating tsunami.

#10691/1410 60 minutes 2006 \$195.95 \*SA \*SPECIAL OFFER – 15%

### DOUBLE TROUBLE IN RECOVERY COLLECTION

Since 1989, clients with severe co-occurring addiction and mental health disorders have found experience, strength, and hope through the Twelve Step group Double Trouble in Recovery (DTR). This new program helps you be an advocate for clients who wish to start and run a DTR self-help group. A fresh informative DVD takes professionals and peer leaders, step-by-step, through the process of starting and running a DTR group. The entire package includes:

The DVD - STARTING AND RUNNING A DOUBLE TROUBLE IN RECOVERY GROUP  
The MANUAL - HOW TO START A 'DOUBLE TROUBLE IN RECOVERY' GROUP  
The CD-ROM with posters and reproducible handouts.

#13292/0795 30 minutes 2010 \$269.95 \*CC



### EFFECTIVE PSYCHOTHERAPY WITH MEN featuring Dr. Ronald Levant

Men are often reluctant to seek psychotherapy and when they do the idea of talking about their feelings to resolve problems is not on the agenda. They often avoid expressing their emotions due to fear, anxiety or learned ways of relating, making progress difficult and dropout more likely. Dr. Ronald Levant has spent years developing a technique that can be described as psycho-educational to help men clear these hurdles.

#10869/1745 60 minutes \$189.95 **\*SPECIAL OFFER – 15%**

### EFFECTIVELY INTERVENING WITH VIOLENT BEHAVIOR

In this lively and engaging interview, Peter Fonagy, PhD, offers both a theoretical foundation for understanding violent behaviors as well as practical tools for clinicians working with violent offenders. #15468/1745 65 minutes 2012 \$149.95 \*CC

**\*SPECIAL OFFER – 15%**

### THE VOICES OF VIOLENCE SERIES

These two videos provide deep insights into one of society's most intractable issues, and in opposition to the punitive approach to violence prevention, make a compelling case for treating violent offenders with human dignity and responding to violence with psychological treatment and education. Two 58-minute programs: in "The Roots of Violence" ten experts elucidate the root causes of violent behavior. They offer a probing look into the unsettling childhood experiences of violent offenders, examining the disturbed parent-child attachment styles, destructive thought processes, and distorted social perceptions that underlie violence. "Effective Treatment of Violent Individuals" examines the critical components of effective treatment programs for violent individuals providing an environment of safety and respect, confronting the patriarchal beliefs, social misperceptions, and destructive thoughts that precipitate violent responses to real or perceived threats.

#14470/1745 Two 59-minute programs 2011 \$179.95 each or Series \$349.95 \*CC



### EMOTIONALLY FOCUSED THERAPY IN ACTION

\*Featuring Dr. Sue Johnson After serving in Iraq as a helicopter pilot, Matt has returned with a PTSD diagnosis and finds himself shutting down emotionally, leaving Rhea feeling hurt, abandoned, and more like an employee than a partner. But her desperate longing to be seen and appreciated comes out as escalating anger, leaving Matt feeling overwhelmed and wanting to withdraw further. In a single session, Dr. Johnson helps them conceptualize their conflicts in attachment terms, gain an understanding of their negative cycle, and begin to reveal some of the vulnerable feelings that underlie their explosive anger. Commentary before, during, and after the consultation and session provides insight into her approach. #14472/1745 Two programs 50 minutes 2011 \$259.95 \*CC

**\*SPECIAL OFFER – 15%**

### WHEN HELPING HURTS: Sustaining Trauma Workers

Second-hand PTSD? Trauma by osmosis or proximity? Health care workers, firefighters, police, therapists and counselors, relief and disaster workers... volunteers and professionals... are confronted directly with the traumas of fellow beings. Can they be helped to prevent themselves from being traumatized by their experiences? This video brings together renowned experts in the field of trauma and PTSD to explain what can and can't be done.

#10612/0755 52 minutes 1998 \$89.95 \*SA

### **New!** THE MILITARY AND PTSD: Counseling a Couple in Crisis with Dr. Joshua Taylor

More and more, veterans are surviving the wounds of combat, facing multiple deployments in combat zones, and returning home with PTSD. This video will help identify the unique issues that veterans face, particularly the challenges of returning home and adjusting to life outside of the military. Dr. Joshua Taylor, himself a veteran, explores the causes, symptoms, and treatments of PTSD.

#15844/1410 60 minutes 2013 \$219.95 \*SA

### SURVIVING TRAUMA AND TRAGEDY: Lessons for Future Physicians and Health Professionals

Victims of violence, whether they suffer it personally or are witnesses to it or loved ones suffer it, are often said to be traumatized as a result. But what does it mean to be traumatized? What symptoms or behaviors are recognized to be associated with and can help medical or counseling professionals to detect PTSD? This in-depth seminar with Frank Ochberg provides insight from one of the leading experts in the field with input from many others. #10251/0755 82 minutes 2006 \$79.95 Grades 9 to A \*CC \*SA

### SAGE ADVICE FOR THERAPISTS NEW TO TREATING PTSD CLIENTS with Dr. Frank Ochberg

#### **AUDIO CD**

What should new therapists know about PTSD so that they can begin helping their patients? Does the type of trauma determine the type of therapy? How do you determine what approach is going to work best for the patient? How does gender affect the PTSD occurrence and treatment? This AUDIO CD is a unique opportunity to benefit from the experience of Dr. Frank Ochberg, a leading expert in the mental health field since the 1960's. #14791/0755 36 minutes \$39.95 \*SA

### PSYCHOTHERAPY FOR CHRONIC PTSD: A Vietnam Vet's Journey

How does PTSD look from the inside, and how is it treated? In this unique training video, we find out firsthand from Terry, a Vietnam vet who witnessed his friend's brutal death in combat. We then follow his post-combat life: the struggle of living with PTSD for 40 years, and finally getting his life back with the help of renowned PTSD expert Dr. Frank Ochberg.

#14865/1745 167 minutes 2012 \$229.95



## EXPLAINING PTSD IS PART OF TREATING PTSD: Lessons for Mental Health

### Professionals

In this program, two experts, Dr. Frank Ochberg and Dr. Angie Panos, give new therapists, and therapists new to PTSD, insightful and thoughtful suggestions about explaining the condition.

#9395/0755 24 minutes 2005 \$59.95 \*CC \*SA

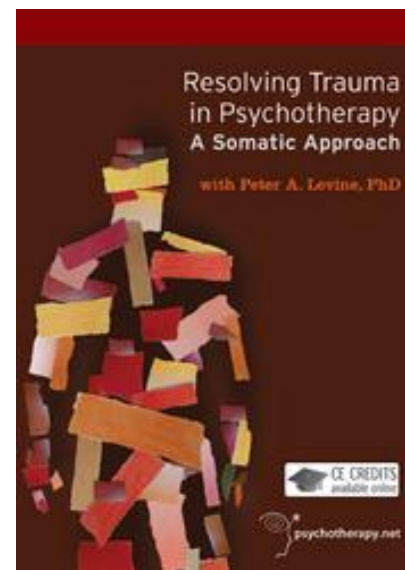
## RESOLVING TRAUMA IN PSYCHOTHERAPY: A Somatic Approach

Watch a true master, Dr. Peter A. Levine, demonstrate a course of body-oriented trauma therapy in this extremely compelling and in-depth video with an Iraq Veteran diagnosed with severe PTSD. The therapeutic approach developed and utilized by Dr. Levine is called somatic experiencing.

#13566/1745 200 minutes 2010 \$289.95 \*CC

### **New!** EXPLORING HUMAN NATURE

Learn how social rules, unconscious biases, and "group think" heavily influence how we analyze and make decisions. Dr. Philip Zimbardo has spent his career in social psychology - the study of human nature and how we're influenced by others and by social rules internalized in childhood. Narrated by Dr. Zimbardo, this fascinating program offers insights into the underlying forces driving individual and group behavior. You'll observe unsuspecting human subjects in twenty situations that test the boundaries of individualism and group mentality. #15786/1005 57 minutes 2013 \$189.95 \*SA



## EMOTIONALLY FOCUSED THERAPY WITH SAME SEX COUPLES by Sue Johnson

While therapeutic resources for heterosexual couples are plentiful, there's very little available for therapists working with same sex couples. This long-awaited video features one of the best and most popular couples therapists today, Dr. Sue Johnson, founder of Emotionally Focused Therapy (EFT). The underlying assumption in Emotionally Focused Therapy, says expert couples therapist Dr. Johnson, is that vulnerable emotions, emotion regulation strategies, and attachment needs and fears are universal. In this illuminating new video, Johnson applies her groundbreaking therapeutic framework to the relationship difficulties of two same-sex couples, one gay and one lesbian. If you're looking to increase your skill with same-sex couples or gain deeper insight into the EFT model for partners of any sexual orientation, you'll love this engaging and culturally important video. #15848/1745 220 minutes 2014 \$209.95 \*CC

## EMPOWERMENT FAMILY THERAPY

\*Featuring Dr. Frank Pittman Do you want to be more effective at empowering your clients to make the changes in their lives that will get them what they really want? Dr. Pittman is one of the most passionate therapists around when it comes to helping people take responsibility for their lives, as you'll see in this live couples therapy session. #14406/1745 114 minutes 2011 \$159.95 \*CC

## ERVING POLSTER ON GESTALT THERAPY

In the psychotherapy profession, there are many experts, but few true masters, and Erving Polster is certainly one of the latter. In this in-depth interview, viewers get to know Polster's unique take on Gestalt therapy, and learn how he boldly elevates ordinary conversations into life-affirming encounters.

#14622/1745 59 minutes 2011 \$159.95

## ENCOUNTER GROUPS FOR ADDICTIONS

Institutional demands including increased paperwork and funding cuts have threatened the livelihood of encounter groups. In this series, Rod Mullen demonstrates how and why we need to keep the encounter group thriving. Illustrated with powerful and compelling vignettes from actual encounter groups, these videos explore how encounter groups have evolved, what we can do to improve groups and overcome pitfalls, and what the keys are to leading successful groups. \*Detailed descriptions of each program are available on our website. **\*SPECIAL OFFER - 15%**

**Volume 1: EVOLUTION OF THE ENCOUNTER GROUP, 65 minutes**

**Volume II: PITFALLS AND SOLUTIONS, 75 minutes**

**Volume III: KEYS TO FOSTERING GROWTH, 75 minutes**

#12824/1745 Three programs 2009 \$149.95 each or Series \$349.95



## ENGAGING THE AMBIVALENT OCD CLIENT

Working with therapeutic resistance is often discussed in psychotherapy training, but the ambivalent OCD client poses a unique challenge for clinicians. Here, anxiety expert Reid Wilson demonstrates a counterintuitive cognitive-behavioral approach to confronting safety-seeking behaviors that can help these clients maintain commitment to recovery. If you're looking for a fresh understanding of OCD and effective ways to treat its self-reinforcing nature, you'll find it in Wilson's engaging, lively approach.

#15622/1745 182 minutes 2012 \$179.95 \*CC

## GEORGE ALBEE ON PREVENTION

The late George Albee was former president of the American Psychological Association. He held what many considered to be rather radical views on the general state of Public Mental Health and how it was being let down by the professionals who were supposed to be making it better as well as by society in general. In this, his last comprehensive interview prior to his death in 2006, he expresses his belief that prevention should be the ultimate focus of virtually all health programs. **\*SPECIAL OFFER - 15%**

#10708/1410 45 minutes 2006 \$99.95 \*SA

## ESSENTIALS OF PLAY THERAPY WITH ABUSED CHILDREN

This informative video program from renowned practitioner and author Eliana Gil illuminates the unique benefits of play therapy for children who have been physically or sexually abused. Sharing her warmth and clinical insight, Dr. Gil brings viewers into the therapeutic playroom, describes how play activities fit into the reparative process, and provides helpful pointers for practice. With the help of child volunteers, the video demonstrates the use of art supplies, the sandtray, puppets, the dollhouse, masks, and more. Dr. Gil also discusses ways to allay children's fears about therapy and establish a good working rapport. #15613/0787 40 minutes 1998/2006 \$139.95 \*SA **\*SPECIAL OFFER – 15%**

## **New!** COGNITIVE-BEHAVIORAL GROUP PLAY INTERVENTIONS with Linda A. Reddy, PhD

Dr. Linda A. Reddy demonstrates evidence-based approaches to implementing cognitive-behavioral group play interventions with children who are 4 to 10 years old. Often times, children with neurocognitive and behavioral issues such as ADHD, have trouble interacting with other children and adults. #15861/0157 100 minutes 2014 \$149.95 \*CC

## EXPLORING CYBER BULLYING IN THE 21ST CENTURY: What Every Counselor Needs to Know, and What Young People Really Think!

Cyber-bullying affects young people of all demographics and walks of life. This video teaches counselors how to reach out to these young people and connect with them to begin the healing process. The DVD emphasizes the importance of partnering with young people to confront the issue, and draws from cutting edge ideas and practices in family therapy, community and organizational development, and post-modern thinking while applying them in a concrete, accessible, and immediately applicable fashion. #15192/1410 40 minutes 2012 \$169.95 \*SA



## EXPOSURE THERAPY FOR PHOBIAS

In these live phobia-oriented sessions with a real patient, Reid Wilson demonstrates Exposure Therapy in action, offering a frame of reference that clinicians can begin to apply immediately. #15194/1745 177 minutes 2012 \$169.95 \*CC

## FALSE MEMORIES: Skepticism, Susceptibility, and the Impact on Psychotherapy

The early 1990s saw a dramatic rise in the use - or misuse - of repressed memory as a psychoanalytic tool. While more and more therapists were encouraging their adult patients to revive supposedly long-buried recollections of childhood sexual abuse, a small minority of experts began to question that methodology - chief among them a cognitive psychologist named Elizabeth Loftus. This film shows how Dr. Loftus challenged the trend of memory "recovery" even as she expanded and enriched the study of human memory in contemporary psychology. #15691/0635 23 minutes 2013 \$149.95 \*CC

## FAMILY THERAPY: Universal and Unique Approaches to Solving Problems with Samuel Gladding, Ph.D.

Through a series of entertaining, brief, and instructional role plays, Dr. Gladding reviews several universals of family treatment approaches, such as types of communication patterns, rules, and feedback. He describes additional concepts including homeostasis, secondary change, and developmental aspects of a problem, then demonstrates effective use of these techniques to treat a multigenerational family. #15204/1410 60 minutes 2012 \$189.95 \*SA

## FINDING THE SKILLIONAIRE IN EVERY PERSON: A Conversation Map to Enhance Social and Emotional Skills with Children and Adolescents

Based on the popular book *The Skill'ionaire in Every Child*, this film examines thought-provoking conversational practices to bring forth, develop, and strengthen adult and children's skills. Dr. Marie-Nathalie Beaudoin works with a female client struggling with anxiety over her workload and a young Asian American woman dealing with strict family cultural expectations. **\*SPECIAL OFFER – 15%** #15644/1410 60 minutes 2013 \$189.95 \*SA

## FIVE APPROACHES TO COUNSELING ADOLESCENTS

This 5-part series leads counselors through the unique and complex benefits and challenges of working with clients ages 13-19 from diverse backgrounds, and their families. Using Cognitive Behavioral, Narrative, Interpersonal, and Mindfulness approaches, each segment presents a theoretical framework, excerpts from sessions, and a close look at specific skills and interventions. #15121/1410 60 minutes 2012 \$179.95 \*SA

## **New!** FIVE FORCES OF COUNSELING AND PSYCHOTHERAPY

In any counseling or psychology program, classes in theory are arguably some of the most important and relevant courses of study. Lessons in theoretical insight provide the foundation needed to understand the dynamics of human behavior and choose the therapeutic approach most appropriate to specific clients and situations. Counseling and psychology theories are often grouped into five key approaches, known as the "Five Forces": Psychoanalytic, Cognitive-Behavioral, Existential-Humanistic, Multicultural, and Social Justice. This video collection helps effectively link theory to practice by offering demonstrations that deconstruct these key theories. #15590/1410 Five 2 hour programs 2013 \$219.95 each or Series \$799.95 \*SA

## GROUP MICROSILLS: Encountering Diversity

Presents a full five-stage session showing how intentional use of group microsills leads to concrete change in awareness of self-in-relation. Demonstrates issues that can occur when a Caucasian leads a multiracial group. #10699/1410 144 minutes 2002 \$195.95 \*SA **\*SPECIAL OFFER – 15%**



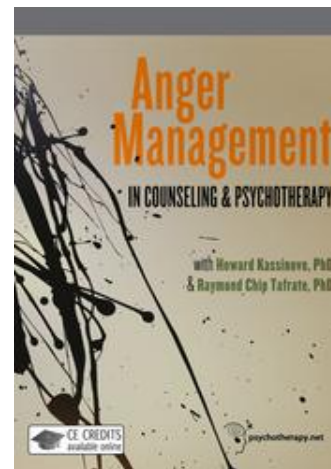
**New! FUTURE FOCUS ON THE NEEDS OF TRANSGENDERS with Phyllis Randolph Frye**

Phyllis Randolph Frye is the first openly transgender judge in the United States. Having lived more than 60 percent of life as the woman she always felt herself to be, Phyllis remains on the cutting edge of LGBTIQ legal and political issues. In this program, Ms. Frye offers various ideas on such topics as what restroom to use, the legality of marriages, dealing with probation officers if convicted of a crime, whether or not surgery is necessary, and how to advise nursing home clients in the care of transgender elderly. #15594/1410 60 minutes 2013 \$149.95 \*SA

**GETTING CONTROL OF YOURSELF: Anger Management Tools and Techniques**

In this lively and instructive video, watch anger management expert, Christian Conte, PhD, present his comprehensive and practical theory for treating - and healing - even the most violent offenders. You will learn about the neurochemistry of anger, how to recognize your client's personal anger-types, and how to help them master antidotes to each. In addition, you will become skilled at helping clients recognize their triggers, detach from their thoughts, and use their self-awareness more effectively.

#15467/1745 75 minutes 2012 \$159.95 \*CC



**New! ANGER MANAGEMENT IN COUNSELING AND PSYCHOTHERAPY**

Watch anger experts Howard Kassinove and Chip Tafrate demystify the challenging work of anger management in this indispensable video! Whatever your professional setting, you'll breathe easier with this practical, empirically validated showcase of exercises, live sessions, and tools to strengthen your practice.

15860/1745 169 minutes 2014 \$189.95

**GROUP THERAPY: A Live Demonstration**

\*Features Irvin Yalom, MD and Modyn Leszcz, MD In this remarkable demonstration you will witness group therapy and Irvin Yalom's novel "The Schopenhauer Cure" come alive simultaneously in two unscripted group psychotherapy sessions. The result is a training video that is destined to become a classic for students of group therapy and Yalom fans alike. This video captures a historic presentation at the American Group Psychotherapy Association Annual Meeting - a must see for group therapists and fans of Irvin Yalom and Modyn Leszcz alike.

#14407/1745 191 minutes 2011 \$229.95 \*CC

**HARNESSING THE POWER OF GENOGRAMS IN PSYCHOTHERAPY**

"A genogram (also known as a McGoldrick-Gerson study or a Lapidus Schematic) is a pictorial display of a person's family relationships and medical history." WIKIPEDIA This is a rare opportunity to watch the therapist who developed and popularized genograms demonstrate how to actually create and utilize them in a therapy session. #15213/1745 113 minutes 2012 \$179.95 \*CC

**INDIGENOUS HEALING AND PSYCHOTHERAPEUTIC INTERVENTION: Complicating the Prospects for Integration**

Multiculturalist psychologists have effectively advocated for "culturally competent" counseling interventions. They often cite traditional healing as an important resource for developing integrative forms of psychotherapy that are distinctively tailored to diverse populations. And yet, detailed consideration of this integrative project has appeared infrequently in psychology literature. Drawing on documented examples of indigenous healing practices from Northern Plains American Indian communities, Dr. Joseph Gone explores the prospects for integrating traditional healing and contemporary psychotherapy. #15694/1410 50 minutes 2013 \$139.95 \*SA \*SPECIAL OFFER - 15%

**INNOVATIVE APPROACHES TO COUNSELING NATIVE-AMERICAN PEOPLE**

Aligning the client with destiny is the goal. The client has left the Red Road, paying insufficient attention to traditional values. The therapist draws out alcohol and family concerns in a cultural context. Particularly helpful to the client (and to viewers) are connections drawn between the client, family, community, and broader cultural context. #11029/1410 30 minutes \$129.95 \*SA \*SPECIAL OFFER - 15%

**INTEGRATIVE COUNSELING with Jeffrey Kottler, PhD**

Jeffrey Kottler showcases his expert skills in integrating multiple therapy approaches in an actual counseling session in this three-part video. Part of the "Psychotherapy with the Experts Series". #12752/1745 105 minutes 1997/2009 \$189.95 \*CC \*SPECIAL OFFER - 15%

**INTEGRATIVE FAMILY THERAPY**

\*Featuring Kenneth V. Hardy Watch Integrative Family Therapy in action as Kenneth V. Hardy masterfully applies his holistic approach in an actual family therapy session with an African-American single mother and her teenage daughter. Nineteen-year-old Erica was recently arrested and jailed for a violent act and her mother is very concerned! #14408/1745 117 minutes 2011 \$179.95 \*CC

**INTEGRATIVE THERAPY with John Norcross PhD**

John C. Norcross's approach to integrative psychotherapy involves selecting models and methods from across orientations to best suit a particular client and context. Meta-analyses demonstrate that tailoring therapy to the individual client enhances treatment effectiveness.

#15227/0157 100 minutes 2012 \$149.95 \*CC

**New! FUNCTIONAL FAMILY THERAPY FOR HIGH-RISK ADOLESCENTS with James F. Alexander, PhD**

James F. Alexander demonstrates his approach to working with families that have teenage children exhibiting behavior issues and associated emotional disruptions. Teens with behavior problems are one of the most difficult populations with whom therapists work, as adolescents and their families frequently enter treatment against their will, either under legal order or at strong insistence of authority figures such as school administrators. Family interactions can be hostile, and a sense of hopelessness is not uncommon. #15858/0157 100 minutes 2014 \$149.95 \*CC



### HONOURING RESISTANCE SERIES **\*Canadian!**

Practitioners in the victim services, mental health, social services, and criminal justice systems will find this series exciting, refreshing and immediately useful. This approach can be used with any victim of ill treatment or trauma, both children and adults: victims of spousal abuse, elder abuse, survivors of residential schools, victims of sexual abuse, armed robbery, accidents and disasters.

Program 1: **HONORING RESISTANCE: A Workshop with Allan Wade**, 60 minutes, includes Viewer Guide

Program 2A: **HONORING RESISTANCE: A Response-Based Client Interview**, 22 minutes

Program 2B: **INTERVIEW COMMENTARY, CLIENT REFLECTIONS AND SUMMARY**, 80 minutes

#10088/2040 Two programs 2005 \$299 \*SA

### WILLIAM MILLER ON MOTIVATIONAL INTERVIEWING

In this compelling interview, Bill Miller discusses the evolution of Motivational Interviewing, the spirit of MI, and specific techniques that clinicians can begin applying immediately. #14908/1745 60 minutes 2012 \$169.95

### INTRODUCTION TO MOTIVATIONAL INTERVIEWING: Three Demonstrations

This video guides viewers through each aspect of MI with clinical demonstrations throughout. Motivational Interviewing is a collaborative, person-centered conversation to elicit and strengthen motivation for change while addressing issues of ambivalence to change. Motivational Interviewing is an evidence-based practice with a high rate of positive effect. This video reviews the "spirit of MI", MI Principles, OARS, Rolling with Resistance, and Eliciting Change Talk. #14607/1410 60 minutes 2011 \$189.95 \*SA

### MOTIVATIONAL INTERVIEWING STEP BY STEP

Learn motivational interviewing with the most in-depth training series to date. Demonstrations and interviews illuminate the underlying principles, tools, techniques, and strategies that will enhance your skills in leading clients through the change process. *Four programs.*

**CORE CONCEPTS** introduces the foundational principles. (2 hours 15 minutes)

**INCREASING IMPORTANCE** addresses how to help clients who are unsure whether change is even desirable. (2 hours 3 minutes)

**RESOLVING AMBIVALENCE** tackles a central issue in MI - dealing with clients who haven't decided which choice is the right one. (1 hour 41 minutes)

**BUILDING CONFIDENCE** focuses on the helping clients trust their own ability to enact the desired change.

This series is designed for use not only by counselors and therapists, but by nurses, parole officers, and others.

#15085/1745 Four programs 2012 \$189.95 each or Series \$659.95 \*Includes Instructor's Manual



### INTO THE MIND **\*A BBC Production!**

Over the last century scientists have devised many ingenious methods to unlock the secrets of the mind. In this series, host Michael Mosley investigates some of these groundbreaking experiments, now considered classics in the field of psychology. Traces the history of experimental psychology from its dubious beginnings through to the profound new understanding it has yielded of emotions, free will, and the mind itself.

Three programs: **INTO THE MIND: EMOTIONS** 49 minutes; **INTO THE MIND: MIND CONTROL** 49 minutes; and, **INTO THE MIND: BROKEN**

**BRAINS** 52 minutes. #15460/0635 Three programs 2010 \$199.95 each or Series \$529.95

### INTRODUCTION TO ACT: Learning & Applying the Core Principles and Techniques of Acceptance and Commitment Therapy

The evidence-based acceptance and commitment therapy (ACT) model is a powerful treatment for clients struggling with depression, anxiety, chronic anger, eating disorders, chronic pain, and other problems. In this eight-hour introduction to ACT theory and technique, psychologists and ACT trainers Matthew McKay and Patricia Zurita Ona explain and demonstrate the ACT treatment processes in detail and offer all the guidance you'll need to integrate mindfulness and acceptance strategies into your client sessions, spurring on lasting behavior change and values-based action. #15193/1803 Eight hours 2011 \$219.95 \*SA

### INTRODUCTION TO COUNSELING: Voices from the Field

What is it like, what does it take to become a professional counselor, to provide help and advice to people in various problematic situations? This video explains what counseling entails and covers the history of counseling, theoretical orientations, applications, and professional issues. #14506/0430 20 minutes 2011 \$139.95 \*CC \*SA

### IRVIN YALOM: Live Case Consultation **\*SPECIAL OFFER - 15%**

Who exactly is Dr. Irvin Yalom and why do so many people think so highly of his psychotherapeutic theories and techniques? Watch this video and learn! Dr. Yalom provides his expert guidance on a number of challenging cases to demonstrate his highly acclaimed skills and teaching abilities. #10870/1745 90 minutes 2006 \$209.95

### MIND-BODY THERAPY with Ernest Rossi PhD **\*SPECIAL OFFER - 15%**

Advances in neuroscience confirm the importance of the mind-body connection. Watch pioneer Ernest Rossi demonstrate a Mind-Body approach in an actual therapy session in this three-part video! \*Part of the "Psychotherapy with the Experts Series". #12754 117 minutes 2009 \$189.95

### ON THE ROAD TO PEACE OF MIND

Dr. Nancy Baron explains and demonstrates her applied approach to training trainers from developing countries who then return to their countries to train teams to do psychosocial and mental health interventions in developing countries.

#12646/1410 60 minutes 2009 \$229.95 \*SA **\*SPECIAL OFFER - 15%**

**New!** JUNGIAN PLAY THERAPY AND SANDPLAY WITH CHILDREN: Myth, Mandala, and Meaning

This program with Dr. Eric J. Green delivers an overview of play therapy from the Jungian- or analytical - perspective and instructs how to incorporate sand play with children into clinical practice. The video details the need for practitioners to develop a "safe and protected space" to allow children to individuate, becoming whole psychological individuals. Dr. Green demonstrates two primary techniques for strengthening children's emotional connections: modeling a symbolic attitude and executing well-timed verbal interpretations. He then discusses key terms and constructs, and illustrates microcounseling concepts directly related to Jungian play therapy. #15638/1410 80 minutes 2013 \$189.95 \*SA

**LEGAL AND ETHICAL ISSUES FOR MENTAL HEALTH PROFESSIONALS VOLUME II: Dual Relationships, Boundaries, Standards of Care and Termination**

A pragmatic, informative and entertaining video offering solutions to the common ethical dilemmas that mental health practitioners face. Ideal for classrooms, clinical trainings, and licensed clinicians completing their CE requirement. "Provides an excellent update on ethics. It addresses some of the thorniest issues in a very engaging manner. An excellent resource for both the training of students and the continuing education for practitioners! I plan to recommend it to my students and colleagues." Ronald Levant, PhD, ABPP - 2005 President American Psychological Association, Professor of Psychology, Univ. of Akron. #13567/1745 191 minutes 2010 \$269.95 \*SPECIAL OFFER - 15%

**New!** LESBIAN BISEXUAL GAY & TRANSGENDERED YOUTH COUNSELING SERIES with Stuart Chen-Hayes and Lynn Banez

These videos are among the first to illustrate specifics of LGBT counseling and therapy. The two videos within the series include AFFIRMATIVE PRACTICE IN SCHOOLS, COMMUNITIES AND FAMILIES which delivers foundational facts and demonstrations of sexual orientation counseling. The second video, SKILL BUILDING VIGNETTES WITH LGBT YOUTH IN SCHOOLS, COMMUNITIES AND FAMILIES shares six demonstrations focusing on real world issues, such as an unexpected "outing", physical threats, and suicide. #15647/1410 Two programs total 165 minutes 2013 \$169.95 each or Series \$279.95 \*SA

**LOVE, HATE, AND EVERYTHING IN BETWEEN: A Film on Empathy**

Drawing upon the work of psychologist Simon Baron-Cohen, neuroscientists Vittorio Gallese and Simone Shamay-Tsoory, futurist Jeremy Rifkin, and numerous other experts and researchers, this documentary analyzes empathy as it explores its extraordinary relevance in today's increasingly interconnected world. An important, immensely thought-provoking film that is particularly applicable to the disciplines of social, biological, educational, and forensic psychology; neuroscience; social philosophy; and sociology. \*Some language may be objectionable. #15093/0635 53 minutes 2012 \$189.95 \*CC

**MAKING CHILD THERAPY WORK with Robin Walker**

Learn from master child therapist Robin Walker why play is not a way to get children to talk about therapeutic issues, but is in fact the primary language of therapy. Play provides the building blocks for a strong therapeutic relationship, while simultaneously helping children develop communication skills, increase self-esteem, and stimulate development. #15081/1745 94 minutes 2012 \$169.95

**MAKING SENSE OF ANXIETY IN CHILDREN AND YOUTH \*Canadian!**

Dr. Gordon Neufeld's comprehensive model of attachment provides new meaning to the construct of separation and lays the foundation for effective treatment and cure. In mapping out the separation complex, Dr. Neufeld also reveals the relationship of anxiety to other common childhood issues including dominance, aggression and attention problems. Dr. Neufeld brings a fresh and promising perspective to one of our most troubling and perplexing human problems. #14987/1400 240 minutes 2012 \$129.95 \*SA

**MANAGING CHALLENGING BEHAVIORS SET**

This comprehensive series offers teachers and counselors very specific methods for dealing with problem behaviors from young people who are developmentally or emotionally challenged or disabled. Also covered are young people who use manipulative or aggressive tactics angrily in the classroom or group to control or disrupt.

**MANAGING THREATENING CONFRONTATIONS, 25 minutes**

**WORKING WITH HOSTILE AND RESISTANT TEENS**

\*Winner! Columbus International and the U.S. Int'l Film Festival 90 minutes with guide.

**ABCs OF EMOTIONAL BEHAVIORAL DISORDER, 35 minutes** Features Bob Clasen, professor emeritus and Molly Kilkenny, special education teacher, as well as student portraits and family interviews.

#9660/0140 Three programs 2004 \$249.95 \*CC \*SA \*SPECIAL OFFER - 15%

**MINDFULNESS FOR ANXIETY**

Mindfulness is the central ingredient in a growing number of empirically supported treatments, and mindfulness practices hold great promise not only for personal development, but as remarkably powerful tools to augment virtually every form of psychotherapy. In this program, Dr. Ronald D. Siegel works with a young man who presents with stress-related chronic neck pain. #14985/0157 100 minutes 2012 \$119.95 \*CC

**THE MIRROR CRACKED: Attachment and the Therapeutic Relationship**

- When a child is referred for therapy it is common to discover that the child has experienced disruption to a significant attachment relationship which has impacted that child in serious ways. This presentation with Judith Morgan draws upon a number of actual cases, as well and shows experiential techniques in order to explore the topic. #15628/1410 85 minutes 2010 \$149.95 \*SA





## THE NEW ASYLUMS

Emmy Nominated! There are nearly half a million mentally ill people serving time in prisons and jails. As sheriffs and prison wardens become the unexpected and ill-equipped gatekeepers of this burgeoning population, they raise a troubling new concern: are jails and prisons our new asylums? Frontline goes inside the prison system to present a searing exploration of the complex and growing topic of mental health behind bars. #12788/1725 60 minutes 2005 \$99.95 \*CC

## THE RELEASED

In this follow up to the groundbreaking film THE NEW ASYLUMS, Frontline examines what happens to the mentally ill when they leave prison and why they return at such alarming rates. The intimate stories of the released - along with interviews with parole officers, social workers, and psychiatrists - provide a rare look at the lives of the mentally ill as they struggle to stay out of prison and reintegrate into society. #12789/1725 60 minutes 2009 \$99.95 \*CC

## A NEW DIRECTION: A Cognitive Behavioral Treatment Curriculum REVISED

This comprehensive cognitive-behavioral therapy treatment program gives chemically dependent offenders the tools and techniques to challenge their thinking in order to change their criminal and addictive behavior patterns. Consists of six core modules: Intake & Orientation, Criminal & Addictive Thinking, Drug & Alcohol Education, Socialization, Relapse Prevention, and Release & Reintegration Preparation. Each module features two DVDs, client workbooks, and facilitator's guides. See our website for a detailed description of this series. #14285/0795 Twelve programs 2011 \$4,869.95 (Individual programs are also available for purchase separately)

## OTTO KERNBERG: Live Case Consultation

Take advantage of this rare opportunity to sit in on three fascinating consultation sessions with legendary psychoanalyst, Dr. Otto Kernberg. The clarity of his insights, and the direct and practical advice he gives, will certainly dispel many myths about contemporary psychoanalytic practice. #13937/1745 146 minutes 2010 \$179.95 \*CC

## PHYSICAL ACTIVITY AND MENTAL HEALTH

How are mental health and mental illness affected by physical activity or lack thereof? The four presentations from the Select Symposium at the 2010 American College of Sports Medicine annual meeting on the relationship between physical activity and mental health are offered on a single DVD. #14126/0463 122 minutes 2010 \$149.95 \*SA

## PERSONALITY DISORDERS: An Introduction to Personality Disorders

This program outlines the ten categories of personality disorders and highlights the characteristics of each. It also discusses the diagnosis of pervasive developmental disorder not otherwise specified (PDD-NOS). #15113/0967 73 minutes 2009 \$189.95 \*SA **\*SPECIAL OFFER - 15%**

## PSYCHOANALYTIC PSYCHOTHERAPY FOR PERSONALITY DISORDERS: An Interview with Otto Kernberg, MD

In this remarkable video, legendary psychoanalyst Dr. Otto Kernberg manages to distill the essential concepts of his lifetime's work with personality disorders into a single interview. He lays out the core principle of Object Relations theory, and his concept of the "borderline personality organization", walks viewers through the Structured Interview for Personality Organization, and goes on to describe his detailed, manualized, psychoanalytic treatment protocol. #13936/1745 96 minutes 2010 \$169.95 \*CC

## PLAY THERAPY FOR SEVERE PSYCHOLOGICAL TRAUMA

See well-known play and family therapist Eliana Gil elucidate the nature of trauma, how to recognize it clinically, and how to manage its powerful effects on children's development with the use of specific art and play techniques. Includes a reenacted clinical interview and footage from an actual play therapy session, as well as many moving examples of children's work. With empathy and wisdom, Dr. Gil discusses such important topics as what dissociation looks like in children's paintings and drawings and how to intervene effectively in posttraumatic play. **\*SPECIAL OFFER - 15%** #15614/0787 36 minutes 1998/2006 \$139.95 \*SA

## PLAY THERAPY SUPERVISION: Basics and Demonstrations from a Child-Centered Theoretical Model

Dr. Dee Ray outlines the basic principles of supervision in play therapy, then provides a demonstration of how to effectively supervise five graduate students, all of whom are at different stages of experience, worldview, and perception of counseling. In each demonstration, Dr. Ray describes the student's present stage and demonstrates the most effective supervision approach for that stage using a child-centered play therapy theoretical model. #15845/1410 88 minutes 2013 \$219.95 \*SA

## POSITIVE PSYCHOLOGY AND PSYCHOTHERAPY

The founder of Positive Psychology, Martin Seligman, PhD, introduces Positive Psychotherapy. He demonstrates a new set of rigorously tested interventions that lastingly increase happiness while decreasing depression. #12496/1745 77 minutes 2008 \$179.95 \*CC **\*SPECIAL OFFER - 15%**

## **New!** POSITIVE PSYCHOTHERAPY: Helping People Thrive

Demonstrates the practical application of positive psychotherapy strategies in individual counseling and clinical supervision. It is comprised of an introduction to positive psychotherapy and its benefits followed by eight individual counseling vignettes. Vignettes demonstrate positive psychotherapy strategies, including forgiveness, flow, optimism, finding meaning, savoring, gratitude, satisficing (satisfying and sufficing), and strengths-based clinical supervision. #15595/1410 60 minutes 2013 \$189.95 \*SA

## OVERCOMING TRAUMA: Altruism Born of Suffering

Being a victim of violence can lead to severe psychological consequences, including Post Traumatic Stress, depression and anxiety. It can also lead to violence against others. But there ARE alternatives to these negative reactions. Dr. Ervin Staub addresses the need to overcome trauma from a positive perspective - specifically - how victims of violence can become caring and helpful to others, and what happens when they do. #12718/1410 60 minutes 2009 \$179.95 A \*CC \*SA **\*SPECIAL OFFER - 15%**



## PSYCHODRAMA UNMASKED: Essential Tools/Techniques

Psychodrama offers a wide array of action-oriented techniques that help clients get out of their heads and into their bodies, moving beyond what is possible in traditional talk therapy. This video offers a thorough introduction to the key concepts and methodology of psychodrama, and will prove useful not only for those who facilitate actual psychodramas, but also for more traditional therapists seeking tools and techniques to engage clients in new ways. #15214/1745 80 minutes 2012 \$179.95 \*CC

## PSYCHOTHERAPY WITH THE EXPERTS SERIES

Each of these fifteen programs provides comprehensive explanations and demonstrations from highly regarded experts in the field. Excellent for professional development and students of psychotherapy.

**ADLERIAN THERAPY** with Jon Carlson, PsyD, 118 minutes #12749

**COGNITIVE-BEHAVIORAL THERAPY** with John Krumboltz, PhD 118 minutes #12751

**EXISTENTIAL-HUMANISTIC PSYCHOTHERAPY** with James Bugental, PhD 114 minutes #12492

**FAMILY SYSTEMS THERAPY** with Kenneth V. Hardy, PhD 124 minutes #12491

**INTEGRATIVE COUNSELING** with Jeffrey Kottler, PhD 105 minutes #12752

**INTEGRATIVE THERAPY** with Allen Ivey, EdD 105 minutes #12753

**MIND-BODY THERAPY** with Ernest Rossi, PhD 117 minutes #12754

**MULTIMODAL THERAPY** with Arnold Lazarus, PhD 128 minutes #12495

**OBJECT RELATIONS THERAPY** with Jill Savege Scharff, MD 139 minutes #12489

**PERSON-CENTERED EXPRESSIVE ARTS THERAPY** with Natalie Rogers, PhD 119 minutes #12755

**SOLUTION-FOCUSED THERAPY** with Insoo Kim Berg, LCSW 121 minutes #12497

**TRANSACTIONAL ANALYSIS** with Mary Goulding, MSW 123 minutes #12756

**FEMINIST THERAPY** with Lenore Walker, EdD 120 minutes #12868

**REALITY THERAPY** with Robert E. Wubbolding, EdD 110 minutes #12869

**COGNITIVE-BEHAVIORAL THERAPY** with Donald Meichenbaum, PhD 109 minutes #12819

\*Instructor's Versions - Licensed for Teaching and Institutional use - each includes Manual.

#12730/1745 Fifteen programs 2009 \$189.95 each or Series \$2,179.95



## PSYCHOLOGY OF POWER

Featuring Betsy Sparrow of Columbia University, this program explores the nature, sources, possibilities, and implications of power and considers such issues as balance, influence, personal responsibility, and abuses of power. What does it mean to have power? What does it mean to be powerless? **\*SPECIAL OFFER - 15%**  
#13069/0880 23 minutes 2008 \$259.95 \*CC \*SA

## RACE-BASED TRAUMATIC STRESS: Recognition and Assessment **\*SPECIAL OFFER - 15%**

What are the psychological effects of racist acts and attitudes? Robert Carter of Columbia University presents the relationship between specific types of racism and traumatic reactions of victims. Experiences with racism can be traumatic and produce all the symptoms of traumatic stress including flashbacks and anxiety/depression. #10707/1410 60 minutes 2006 \$129.95 \*SA

## RE-MEMBERING CONVERSATIONS: A Postmodern Approach to Death/Grief

"Re-remembering conversations" (the hyphen signals the deliberate reproduction of membership), demonstrates techniques useful in counseling someone who is grieving but can also be used to regenerate the thoughts of the contributions made by those who are no longer living. Such contributions are resources for identity growth and for problem solving. This technique is demonstrated in this moving counseling session with John Winslade and Lorraine Hedtke, #14873/1410 60 minutes 2011 \$189.95 \*SA

## **New!** PSYCHOTROPIC MEDICATIONS

Psychotropic medications can be powerful tools to treat a variety of mental health conditions. But their effective use is often challenging due to narrow bands of efficacious dosage, drug-drug interactions, and patient compliance. This revised five-part series has been updated with current information. Designed to give nurses and other healthcare providers an overview of the most commonly used types of psychotropic medications.

**PSYCHOTROPIC MEDICATIONS: ASSESSMENT AND INTERVENTION** 29 minutes

**PSYCHOTROPIC MEDICATIONS: ANTIANXIETY AGENTS** 25 minutes

**PSYCHOTROPIC MEDICATIONS: ANTIDEPRESSANT AGENTS** 28 minutes

**PSYCHOTROPIC MEDICATIONS: ANTIPSYCHOTIC AGENTS** 24 minutes

**PSYCHOTROPIC MEDICATIONS: MOOD STABILIZING AGENTS** 24 minutes

#15695/0552 Five programs 2013 \$299.95 each or Series \$1,399.95 \*CC \*SA



## PSYCHOLOGY OF WORKING: Expanding our Vision to Affirm Race and Culture

How is the psychology of working affected by race and culture, and vice versa? Dr. David Blustein of Boston College explores the social justice implications of the psychology of working and the role of race and culture. He presents new perspectives for working across multiple contexts. #10709/1410 60 minutes 2006 \$129.95 **\*SPECIAL - 15%**

## VOICES OF SUICIDE: Learning From Those Who Lived

For mental health professionals, learn from three people that made highly lethal suicide attempts and survived, as they courageously share their stories of self-destructiveness, survival, and recovery. They reveal intimate details of their life histories that contributed to their attempts. **\*SPECIAL OFFER - 15%**  
#12493/1745 62 minutes 2008 \$149.95

## QUEER THEORY 2

Drs. Tilsen and Nylund illustrate the clinical application of queer theory. Queer theory, a set of ideas that challenge notions of fixed gender identity categories, can be useful in helping clients unpack taken-for-granted ideas about sex and gender. Dr. Nylund uses a queer theory-informed practice to aid Zach, 17, and his mother Gina, to recount and bear witness to his journey of self-acceptance and bravery as a gay young man.

#15129/1410 60 minutes 2012 \$179.95 \*SA

## REBT IN ACTION SERIES

Albert Ellis and his protégé, Janet Wolfe, demonstrate the tools and techniques of Rational Emotive Behavior Therapy (REBT) in this gripping series. Four programs...

### RATIONAL EMOTIVE BEHAVIOR THERAPY FOR ADDICTIONS by Albert Ellis

Learn to use Rational Emotive Behavior Therapy with clients struggling with addiction by watching the originator of the method in an actual therapy session. 52 minutes

### REBT FOR ANGER MANAGEMENT by Janet Wolfe

See REBT in action in an actual therapy session with a client needing help with anger management. 55 minutes

### MY KIDS DON'T APPRECIATE ME by Janet Wolfe

See REBT in action in an actual therapy session with a single mother struggling to effectively parent her teenage children. 55 minutes

### COPING WITH THE SUICIDE OF A LOVED ONE by Albert Ellis

Learn to use Rational Emotive Behavior Therapy (REBT) from the man who developed the method in a therapy session with Roseanne, whose husband committed suicide in front of her and her baby daughter ten years ago. 48 minutes  
#13877/1745 Four programs 2010 \$179.95 each or Series \$579.95 \*CC

## **New!** RATIONAL EMOTIVE BEHAVIOR THERAPY by Debbie Joffe Ellis

Debbie Joffe Ellis demonstrates this influential and impactful approach to psychotherapy. Originated by Albert Ellis, rational emotive behavior therapy (REBT) is based on the seemingly simple idea that it is not external events that make people happy or unhappy, but rather their internal thoughts about the events or themselves. In this approach, the therapist works to teach clients to identify and challenge their harmful irrational thinking and develop more beneficial and rational habits of thought. The shift toward more rational thinking in turn enables clients to behave more effectively and to create healthy emotions. #15857/0157 100 minutes 2014 \$149.95 \*CC

## RECOGNIZING AND TREATING POSTPARTUM

### DEPRESSION: A Practitioner's Guide \*SPECIAL OFFER – 15%

A Must-See for Any Professional Working in Maternal-Child Health! Postpartum mood and anxiety disorders are today's most common post-birth complications, affecting at least 15% of all new moms. These disorders have significant negative effects on moms and babies. Is your client experiencing the baby blues, or is it more serious? Who is at risk, and how do you assess them? These questions and more will be answered in this important DVD program designed especially for staff. #9600/0905 44 minutes 2005 \$279.95 \*CC

## SATIR FAMILY THERAPY with Master Therapist Jean McLendon

In this very compelling and touching video watch as McLendon, one of the foremost practitioners of Virginia Satir's approach to family therapy, in this live session with Janice, a single mother, and her eleven-year-old son, John. Learn the essence of the Satir method as McLendon elegantly demonstrates what she calls "a model for the brave and courageous and the big-hearted souls." #13896/1745 104 minutes 2010 \$179.95

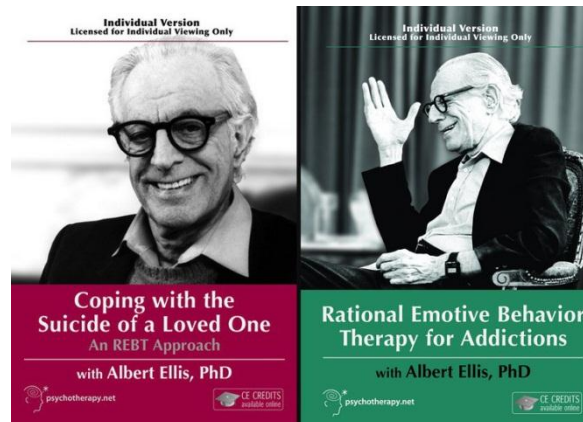
## RECOVERING FROM AN AFFAIR: Six Sessions of Couples Therapy with Richard Schwartz

What really happens in therapy over time? Watch from the front row as Richard Schwartz, founder of Internal Family Systems Therapy, conducts six full-length sessions with a real couple facing a devastating crisis. The video also includes Schwartz's introduction to the principles and techniques of Internal Family Systems Therapy, along with his commentary after each session, giving the viewer an opportunity to hear why he chose specific interventions.

\*SPECIAL OFFER – 15% #14909/1745 60 minutes 2012 \$279.95

## WORKING WITH GAY AND LESBIAN YOUTH: A Multi-ethnic Demonstration

"I wish I had had this inspiring and practical guide for working with lesbian, gay, and questioning youth in my own counselor training" were the words of a Director of Counseling at the premiere of this video. She went on: "Our heads are in the sand and young people are dying because of it." She had experienced two suicides of gay youth in her community that year. \*SPECIAL OFFER – 15%  
#10698/1410 83 minutes 2005 \$195.95 \*SA



## RECOGNIZING MENTAL ILLNESS IN YOUR PATIENT

It is crucial that all nurses working in a general hospital setting are familiar with the different types of mental illnesses in order to provide optimum patient care and coordinate with members of the mental health team. This incisive and accessible program introduces schizophrenia and mood disorders, including depression and mania/hypomania, providing viewers with diagnostic criteria and a detailed understanding of how a patient may present when suffering from a mental illness. #15083/0545 18 minutes 2011 \$249.95 \*SA

## RESILIENCY AFTER VIOLENT DEATH: Lessons for Caregivers

This program provides clinicians, social workers, clergy and caregivers engaged in long-term support with families after a violent death, helpful strategies to diminish the emotional distress of violent dying bereavement. Instead of lectures, a panel of experts considers two case studies from video taped interviews with patients Dr. Ted Rynearson treated after the violent deaths of members of their families. #1046/0755 109 minutes 2006 \$89.95 \*CC \*SA

\*SPECIAL OFFER – 15%

## SEVEN TRAINING VIDEOS by Derald Wing Sue

Derald Wing Sue is Professor of Psychology and Education, Teachers College, Columbia University. Enhance your students' classroom learning experience with these seven 60-minute training DVDs by Derald Wing Sue. These programs cover multicultural counseling and therapy as discussed in the new edition of *Counseling the Culturally Diverse* by Derald Wing and David Sue.

**DVD 1: EMOTIONAL ROADBLOCKS TO COUNSELING THE CULTURALLY DIVERSE:**

**DVD 2: CULTURAL COMPETENCE IN THE HELPING PROFESSIONS**

**DVD 3: RACIAL MICROAGGRESSIONS: Impact and Implications for Counseling Practice**

**DVD 4: OVERCOMING BARRIERS TO EFFECTIVE MULTICULTURAL COUNSELING / THERAPY**

**DVD 5: MULTICULTURAL COUNSELING / THERAPY: Culturally Appropriate Intervention Strategies**

**DVD 6: RACIAL / CULTURAL IDENTITY DEVELOPMENT: Implications for Counseling/Therapy**

**DVD 7: WHITE RACIAL IDENTITY DEVELOPMENT: Implications for Counseling/Therapy**

#11805/1410 Seven 60-minute programs 2007 \$139.95 each or Series \$769.95 \*SA \*SPECIAL OFFER – 15%



## **New!** MULTICULTURAL COMPETENCE IN COUNSELING AND PSYCHOTHERAPY

by Derald Wing Sue

How can therapists work most effectively with clients from different cultural backgrounds? Despite the rise in cross-cultural training, many clinicians are still mystified about how to actually integrate multicultural issues and interventions into their work with clients. In this conversation between Victor Yalom and Derald Wing Sue - the renowned psychologist who literally wrote the book on multicultural counseling - we learn about the origins of Sue's research, the ways in which conventional practice has both neglected and harmed clients of color, and clinical practices and interventions that all therapists can use to become more culturally aware and competent.

#15849/1745 84 minutes 2014 \$179.95 \*Includes Instructor's Manual

## SOLUTION FOCUSED COUNSELING with Jeffrey T. Guterman

Solution-focused counseling is a strength-based model that emphasizes clients' strengths, resources, and effective coping skills to bring about positive change. Features of this model include a multicultural perspective and an integrative approach that tailors treatment to the unique aspects of each client. In this video, Dr. Jeffrey Guterman provides a clinical demonstration of solution-focused counseling with a client dealing with procrastination. He also outlines solution-focused principles and techniques including co-constructing problems and goals, identifying and amplifying exceptions, and assigning tasks. #15627/1410 60 minutes 2012 \$189.95 \*SA

## SHORT-TERM DYNAMIC PSYCHOTHERAPY

Donald K. Freedheim explains and demonstrates how short-term dynamic psychotherapy applies psychoanalytic principles to define and understand the dynamics and problems that clients bring to the therapy session. The aim of this approach is to uncover the feelings or thoughts that interfere with a client's relationships, communication, and daily functioning. #15226/0157 100 minutes 2012 \$149.95 \*CC

## SPIRITUALITY AND COUNSELING

Spirituality permeates everything in life; it is part of who we are, and the counseling relationship is no exception. This DVD will teach viewers concepts and skills for integrating spirituality into the counseling process. Concerns about envy, meaning and identity are addressed in these interactions. #13087/1410 48 minutes 2009 \$189.95 \*CC \*SA \*SPECIAL OFFER – 15%

## THE THERAPEUTIC COMMUNITY SERIES

Since the 1950s therapeutic communities (TCs) have effectively treated people with the most severe cases of **substance abuse**. The focus on an all encompassing community and peer support model is still thriving in TCs today. This comprehensive series blends historical and contemporary footage from active TCs with George De Leon's expert lectures on the framework, methods and components of an ideal TC.

### Volume 1: THE THERAPEUTIC COMMUNITY PERSPECTIVE

De Leon lays out the framework and theory underlying a therapeutic community, including the TC approach to substance abuse treatment and recovery. He explains that the TC is different from other treatment models in that it views substance abuse as a disorder of the whole person, and aims to treat that whole person, not just the drug addiction. 54 minutes

### Volume II: COMMUNITY AS METHOD

De Leon explains how a therapeutic community uses its social environment to change individuals' behaviors, lifestyles and identities. The community is the method itself: constant participation, evaluation, feedback and reinforcement of personal responsibility are core components of daily life. 44 minutes

### Volume III: COMPONENTS OF GENERIC THERAPEUTIC COMMUNITY

De Leon goes beyond theory to explain the specific operations of an ideal therapeutic community: what happens on a daily basis, what the physical space looks like, what activities are involved, and what are the functions and roles of the staff and community members. He emphasizes that all TCs can maximize their efficacy by enhancing and adhering to these components. 79 minutes

#12825/1745 Three programs 2009 \$149.95 each or Series \$349.95 \*SPECIAL OFFER – 15%



## BOY INTERRUPTED "Deeply absorbing . . . hard to reckon with, but even harder to shake off" Scott Foundas, LA Weekly

This feature documentary examines the life, **bipolar disorder** and suicide of fifteen year-old Evan Perry. Contemporary interviews with family, friends, doctors and therapists attempt to shed light on this devastating illness. Includes extensive home-movies, photographs and documents to create an intimate portrait of this vibrant, troubled young man and the effect his illness and death had on those who loved him most.

#12975/1753 92 minutes \$209.95 \*Also available in a 53 minute version (less friends' and uncle's story #15165)



## THE THERAPEUTIC RELATIONSHIP, INDIVIDUALIZED TREATMENT AND OTHER KEYS TO SUCCESSFUL PSYCHOTHERAPY

\*Featuring John C. Norcross In this compelling interview with one of the most prominent psychotherapy researchers of our time, Dr. John Norcross presents the results from fourteen meta-analyses that reveal the secrets to successful therapy. From how to cultivate the "person of the therapist", to the importance of prizing the patient's perspective, Norcross answers the timeless question: What makes for a great therapist? #14410/1745 81 minutes 2011 \$159.95 \*CC



## STRUCTURAL FAMILY THERAPY with Harry Aponte

Adrian and Judy are skeptical about therapy. They have been to several therapists to try to understand their daughter Pam's anger, and are frustrated with the lack of improvement in Pam's behavior. Finally, in this session with Aponte, they are on their way to making positive changes in the family dynamic.

#13894/1745 114 minutes 2010 \$179.95 \*SPECIAL OFFER - 15%

## **New!** STEPFAMILY THERAPY IN PRACTICE

Stepfamilies and first families have markedly different dynamics and developmental cycles, and clinicians too often approach stepfamily work with insufficient understanding of these differences. Scott Browning's stepfamily therapy model differs from standard practice in its emphasis on stabilizing each family subsystem before moving on to more integrative work with the whole stepfamily. In this demonstration, Dr. Scott Browning PhD helps a stepfamily to normalize their experience, increase empathy among stepfamily members, identify mistaken beliefs and misperceptions that cause tension, and uncover techniques to avert issues that create impasses.

#15465/0157 100 minutes 2013 \$139.95 \*CC

## STANLEY MILGRAM FILMS ON SOCIAL PSYCHOLOGY

*"The social psychology of this century reveals a major lesson: often it is not so much the kind of person a man is as the kind of situation in which he finds himself that determines how he will act." Stanley Milgram*

These classic, "must-have" psychology films produced by social psychologist Stanley Milgram provide the important visual imagery essential for truly understanding the foundations of Social Psychology. This set includes all six of Milgram's films, featuring his research in the field of social psychology. Three hours and 11 minutes in total. \*Detailed descriptions of each program are available on our website

Stanley Milgram became a controversial and compelling public figure as a result of his shocking 1962 experiment, Obedience to Authority, which revealed the extraordinary actions average people will take to follow orders. When published, the world was reeling as new information about the Holocaust came to light through the Eichmann trials. The film OBEDIENCE, which documented the experiment and provided visual evidence of the results, began Milgram's interest in film as an educational tool. He went on to create five more films over the course of his career on other social psychology topics. Each of these films provides arresting visual imagery to supplement classroom instruction and discussion around a variety of essential themes, figures, and experiments in social psychology, making even complex topics accessible to a wide variety of students.

### OBEDIENCE

This seminal film documents Stanley Milgram's classic research on obedience to authority, based on candid footage shot at Yale University during and after the experiments. 45 minutes \$249.95

### THE CITY AND THE SELF

In this compelling film, Milgram introduces the concepts of urban overload and selective attention and delves into the research of social psychologists John Darley and Bibb Latane, 52 minutes \$219.95

### CONFORMITY AND INDEPENDENCE

Examines classic research asking why people conform, obey, and dissent in various social situation and presents social psychology's main findings and principles in the areas of conformity and independence. Sherif's experiments on norm formation, Asch's work on group pressure to conform and Crutchfield's variation, Kelman's three processes of compliance, and Moscovici's theoretical views are all covered. 23 minutes \$209.95

#15125/1410 Six programs 2012 Individually priced as above or Series \$1,094.95

\*SPECIAL OFFER on DVD Series - 15% \*Also available for 3 year streaming at above prices or Series \$1,094.95

## SEX, LOVE AND INTIMATE RELATIONSHIPS with Robert Firestone, PhD

This compelling film explores three fundamental questions: "What is healthy sexuality?" "What is love?" and "Why do so many men and women find it difficult to sustain closeness, sexuality and love in their intimate relationships?" Introduces clinicians to Voice Therapy, a powerful approach that they can use to help clients challenge the voices that interfere with healthy sexual relating and sustain a relationship that combines true intimacy and sexuality.

#12822/1745 54 minutes 2009 \$139.95 \*SPECIAL OFFER - 15%



### HUMAN AGGRESSION

By depicting spontaneous, and startling, occurrences of aggression in the activities of a youth gang and relating them to scientific principles and laboratory findings, this film succeeds in communicating the major specific scientific principles and findings on human aggression. 24 minutes \$209.95

### INVITATION TO SOCIAL PSYCHOLOGY

By placing an emphasis on three questions - What is the subject matter of social psychology? What are its methods of investigation? What are some of its findings? - this film is able to provide an overview of the field of social psychology. 25 minutes \$209.95

### NONVERBAL COMMUNICATION

Through interviews with experts on interpersonal distance, this video examines the equilibrium theory of eye contact, sex differences in the perception of nonverbal behavior, gestures and expression in photos, and biological programming, and more. 22 minutes \$209.95

### THREE APPROACHES TO PSYCHOTHERAPY WITH A FEMALE CLIENT: The Next Generation

In this program, three leading therapists demonstrate three different therapeutic orientations with a single client. Inspired by the original "Three Approaches to Psychotherapy" video, which featured three pioneering therapists working with client "Gloria," this DVD revisits the original program concept with presentations of cognitive therapy with Judith S. Beck, emotion-focused therapy with Leslie S. Greenberg, and psychodynamic therapy with Nancy McWilliams. #14565/0157 300 minutes 2011 \$349.95 \*CC

### TRAUMA AND DISSOCIATION IN CHILDREN: A Series for Child Protection Professionals

In this three part video series, leaders in the field of trauma and dissociation come together with experts on interviewing children and prosecuting abuse cases to give child protection professionals a grounding in the psychological impacts of abuse, and provide them with better tools for working with traumatized children. The series includes recent research on children's recantation and inconsistent accounts.

**BEHAVIORAL IMPACTS** - This introductory video provides the framework for the other two programs in this series. Explains the internal effects of trauma on children, and the behaviors that abused and neglected children may display. 42 minutes

**ISSUES FOR INTERVIEWERS** - The presenters discuss gathering information before the interview, recognizing barriers to disclosure, using open-ended questions and prompts, and helping children stay grounded. 44 minutes

**GUIDELINES FOR PROSECUTORS** - Delves into the difficult issues prosecutors may face when pursuing child abuse cases. 42 minutes

#11360/0290 Three programs 2007 \$119.95 each or Series \$289.95 \*SA **\*SPECIAL OFFER - 15%**



### TRAUMA INFORMED CHILD CENTERED PLAY THERAPY: Overview and Demonstrations

This video integrates cutting edge children's mental health information with demonstrations and vignettes of trauma-informed child centered play therapy (TICCPT). After viewing this video, viewers will be able to: Synthesize the neurophysiological and psychological impact of trauma on children; Identify trauma-informed principles for working with children; and, Describe and demonstrate TICCPT for establishing safety, facilitating a restorative retelling of the trauma narrative, and promoting healthy connections with family and community.

#15846/1410 75 minutes 2013 \$219.95 \*SA **\*SPECIAL OFFER - 15%**

### HEALING CHILD ABUSE THROUGH PSYCHODRAMA and TRAUMA AND THE BODY: A Psychodramatic Approach

In these extremely powerful live group sessions, master clinician and psychodramatist Tian Dayton works with group participants to confront childhood abuse, and work through trauma that they are carrying in their bodies. Dayton addresses these delicate issues with directness and great care, employing innovative action-oriented techniques that you can use in your work with clients, whether you are trained in psychodrama or not. \*Both titles include Instructor's Manuals

#### HEALING CHILD ABUSE THROUGH PSYCHODRAMA

From watching this video, you'll be able to: Utilize role-play, role reversal and doubling techniques with clients who have suffered trauma from childhood abuse; Create psychodrama warm-up exercises, action scenes, and group sharing discussions; and, Adapt Tian Dayton's unique approach to working with childhood abuse to your own therapy work with clients.

#12903/1745 55 minutes 2009 \$189.95 \*CC

#### TRAUMA AND THE BODY: A Psychodramatic Approach

Dayton highlights the emotion that emerges from these participants' bodies, and helps give voice and meaning to the catharsis that emerges so that an integration between mind and body can occur. From watching this video, you'll be able to adapt Tian Dayton's unique approach to working with trauma and the body to your own therapy work with clients. **\*SPECIAL OFFER - 15%**

#12904/1745 86 minutes 2009 \$189.95 \*CC

### TREATING ALCOHOLISM IN PSYCHOTHERAPY with Stephanie Brown, Ph.D

**Volume I: DEVELOPMENTAL MODEL IN ACTION** - Shows clinicians of all orientations how to provide effective treatment for alcoholics, without having to choose between a 12-step versus psychotherapeutic approach!

**Volume II: DEVELOPMENTAL MODEL IN THEORY** - A Live Workshop will help viewers gain an in-depth understanding of the critical phases they must lead their alcoholic clients through in their recovery.

#10860/1745 Two programs \$329.95 **\*SPECIAL OFFER - 15%**

### TRAUMA, VIOLENCE, AND HUMAN DIGNITY \*Canadian!

All too often dignity is crushed by the terrible things people do to each other. These five therapists have a different story to tell about clients who have experienced violence, trauma, grief and loss. The human spirit is greater than the labels of "victim" or "survivor". These stories illustrate how resilience, growth and wisdom can arise in the face of suffering.

#11115/2040 72 minutes 2007 \$209.95 \*SA **\*SPECIAL OFFER - 15%**



### TREATING THE SEVERE OCD CLIENT

Severe OCD can seem hopelessly intractable, especially when a client has invested significant time in past therapy. Here, anxiety disorder expert Reid Wilson employs a variation of cognitive and strategic methods in two live sessions, demonstrating his paradoxical approach to tackling obsessive thinking. If you're looking for a fresh understanding of OCD and effective ways to treat its most unyielding aspects, you'll find it in Wilson's engaging, lively approach. #15623/1745 182 minutes 2012 \$179.95 \*CC

**New! PARENTS OF CHILDREN WITH AUTISM SPECTRUM DISORDER**

V. Mark Durand demonstrates his positive parenting approach to working with mothers and fathers of children who have been diagnosed with autism spectrum disorder (ASD). In this video, Dr. Durand works with a single-mother of an 8-year old boy with autism spectrum disorder. He helps her see that how she thinks about herself and her son impacts on her relationship with him at home. He then helps her focus on seeing the improvements she has seen in her son's behavior over time, and encourages her to take credit for these positive changes.

#15859/0157 100 minutes 2014 \$149.95 \*CC

**UNLOCKING THE WORLD OF AUTISM: Seven Keys to Becoming Miracle Minded**

This seven-part series is a practical guide to understanding autism and building relationships with autistic children. It progresses through seven integrated and sequential keys to accessing autism and making connections with children on the spectrum. This series offers the unique methodology of Elaine Hall, also known as Coach E in The Miracle Project, a musical theater and film program for children with autism and other special needs.

\*Music, movement and drama as well as traditional therapies and creative protocols are demonstrated throughout the series in vignettes.

\*The seven keys provide integrated mind/body/spirit techniques for health care workers, teachers and families in order to remove the frustration of interacting with children with special needs.

\*The techniques deployed within this series can be applied to any health care setting making this series universally functional for all health care professionals.

\*Viewers will learn how to approach unpredictable situations with a sensitive and accepting method.

#14150/1337 Seven programs on one DVD 2010 \$849.95 \*CC \*SA



**WORST OFFENDERS: Can They Change?**

This program goes inside a pedophile's distorted thought patterns while showing how expert psychological treatment, combined with blunt feedback from fellow offenders, can help bring such criminals out of denial and curb their deviant behavior.

#13655/0635 47 minutes 2010 \$199.95 \*CC

**WRITING SOCIAL STORIES with Carol Gray**

A Social Story is a ground-breaking tool that uses several carefully-written sentences to describe a social situation to someone with an Autism Spectrum Disorder. This DVD and accompanying workbook provide step-by-step training for writing effective Social Stories.

#15134/0603 180 minutes 2011 \$119.95

**THE ALZHEIMER'S PROJECT**

Alzheimer's disease may be affecting as many as five million people and as the Baby Boomer generation moves through retirement, that number could more than double. While there is not yet a cure for this disease - more feared than any other except cancer - this series shows there is now genuine reason to be optimistic about controlling and, eventually, eliminating it. Also takes a humane but honest look at the devastating effects of Alzheimer's on patients and those who love them.

**THE MEMORY LOSS TAPES** - puts a human face on the progression of Alzheimer's disease as it profiles seven people, ages 63 to 87, at different stages of the illness. \$219.95

**GRANDPA, DO YOU KNOW WHO I AM?** with Maria Shriver - tells the stories of five children, ages 6 through 15, who are confronted by the effects of Alzheimer's disease on their grandparents. \$149.95

**MOMENTUM IN SCIENCE, Parts 1 and 2** - goes inside the labs and clinics of 25 leading scientists and physicians who are seeking to discover how to better detect and diagnose the disease, delay the onset of memory loss, affect the brain changes associated with the disease, and ultimately prevent the disease altogether. \$359.95

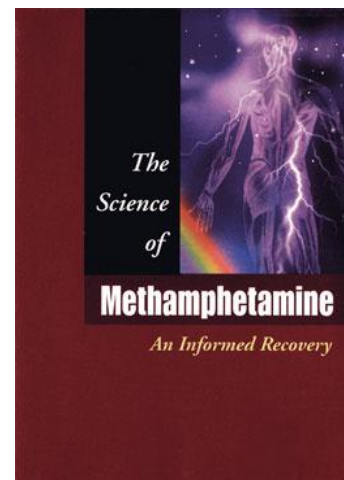
**CAREGIVERS** - through five intimate portraits, this program illustrates the stages of Alzheimer's while documenting the sacrifices and successes, frustrations and triumphs, of caregivers experiencing a loved one's gradual descent into dementia. \$189.95

#12907/0635 Four programs (see above for price each) or Series \$879.95 \*CC \*SPECIAL SERIES OFFER - 15%

**THE SCIENCE OF METHAMPHETAMINE: An Informed Recovery**

This program separates facts from fiction about meth treatment. The unscripted words of men and women who have experienced meth addiction are achingly honest. Clinicians from the Matrix Institute, renowned for its research of stimulants treatment, present clinical concepts in an easy-to-understand and engaging manner. For clients (and clinicians) who have been told that recovery from meth is almost impossible, this program offers insight, experience, and hope. Covers six key clinical areas: individual/conjoint therapy, early recovery, relapse prevention, family education, social support, and urine testing.

#9567/0795 30 minutes 2005 \$259.95 \*Includes Guide \*SPECIAL OFFER - 15%



**WOMEN AND ADDICTION: A Gender Responsive Approach (Clinical Innovators Series)**

Women's treatment involves more than simply providing women-only group settings. Program content, staff selection, and even site selection are all components of an environment in which gender-responsive treatment thrives. In this program, Stephanie S. Covington explains how to create effective recovery services for women and girls; services that reflect an understanding of the realities of their lives and address their unique challenges and strengths. #11304/0795 75 minutes 2007 \$189.95 \*CC \*SPECIAL OFFER - 15%